

Vishnu



Channelling and Manual by
Farhad Najafi
www.healingmagick.com

Keywords: Sun god, peace, power, strength, compassion, love, abundance, success, victory.

Vishnu is the Supreme God in Vaishnavite tradition of Hinduism. Smarta followers of Adi Shankara, among others, venerate Vishnu as one of the five primary forms of God, and his supreme status is declared in the Hindu sacred texts like Yajurveda, the Rig Veda and the Bhagavad Gita.

The Vishnu Sahasranama declares Vishnu as Paramatma (supreme soul) and Parameshwara (supreme God). It describes Vishnu as the All-Pervading essence of all beings, the master of—and beyond—the past, present and future, the creator and destroyer of all existences, one who supports, sustains and governs the Universe and originates and develops all elements within.

In the Puranas, Vishnu is described as having the divine colour of clouds (dark-blue), four-armed, holding a lotus, mace, conch and chakra (wheel). Vishnu is also described in the Bhagavad Gita as having a 'Universal Form' (Vishvarupa) which is beyond the ordinary limits of human sense perception.

The Puranas also describe each of the Dasavatara of Vishnu. Among these ten principal avatars described, nine of them have occurred in the past and one will take place in the future, at the end of Kali Yuga. In the commentary of creator Brahma in Vishnu Sahasranamam, he refers to Vishnu as "Sahasrakoti Yuga Dharine", which means that these incarnations take place in all Yugas in cosmic scales. The Bhagavad Gita mentions their purpose as being to rejuvenate Dharma and vanquish negative forces as also to display His divine pastimes in front of the conditioned/fallen souls. In almost all Hindu denominations, Vishnu is either worshiped directly or in the form of his ten avatars, such as Rama and Krishna.

The Trimurti ('three forms') is a concept in Hinduism in which the cosmic functions of creation, maintenance, and destruction are personified by the forms of Brahma the creator, Vishnu the maintainer or preserver, and Shiva the destroyer or transformer. These three deities have been called the Hindu triad or the Great Trinity. Of the three members of the Trimurti, the Bhagavata Purana explains that the greatest benefit can be had from Vishnu.

The Vishnu of the Rigvedic times, is a minor god. He is one of the Adityas, but with some qualities of the Vishnu of Bhagavatism. Like the Vishnu of later days, he is a lover and protector of devotees in whose loved mansion all god loving creatures live happily. Like the Vishnu in his incarnation as Vamana, who strode the earth and the heaven in two paces and then crushed the demon king Bali with his third pace, the Vedic Vishnu is also a god of three strides, who upholds the threefold existence, the earth, the heaven and all living creatures and in whose three wide-extended paces inhabit all living creatures.

The Rig Veda says that a mortal man can behold two steps of him, who looks upon the light, but his third step no one ventures to approach, not even the feathered birds of air

that fly with wings. Described as the dweller of mountains and a bull with wide strides, who like a rounded wheel, sets in swift motion his ninety racing steeds together with the four, Vishnu is the ancient and the last, the primeval germ, with supreme power. Together with his spouse, he ordains and as a ruler of the three worlds, he helps the Aryan man, giving the worshipper his share of Holy Law.

How to Use the Energies

To give a hands-on healing, have your patient sit on a chair with their eyes closed and their hands on their lap with the palms facing up. Stand behind them and gently place your hands on their shoulder. Activate the god's energies by intent and see yourself and your patient wrapped in a cloud of energies. Let the energy-flow run for about 10 minutes. You can also focus the energies directly on the organ you wish to heal.

To give distant healing, sit on a chair with your eyes closed and your hands on your lap with the palms facing up. Visualise your patient or their name in the palm of your hand and place your palms together. Intend that the god's energies flow to heal and cleanse. Let the energy-flow run for about 10 minutes. Use this same method for self-healing.

The god's energies could also be used to charge water, crystals, jewellery, wands, candles etc. Simply hold in your hands what you wish to charge and activate the energies by intent. Let the energy-flow run for about 10 minutes.

You can also vibrate, chant or recite the Vishnu's name as a mantra when you meditate, give healing or charge an object.

Attunement

I generally use the higher-self attunement method to pass on these energies, but you can use the chi-ball or any other method you wish. You can attune several people at the same time and there is no limit on re-attunements.

Please Note

You can share this manual freely provided it is left *entirely* intact. You may not reprint, republish or reuse the words in this manual for any reason. You can give this manual to students that have paid you for an attunement, but you cannot resell this manual separately. Please ask for permission to translate. I'd appreciate any feedback or comment.

Love and light,
Farhad
www.healingmagick.com
farhadfnb@yahoo.co.uk

© Farhad Najafi, 2009. All rights reserved.