

ŚRĪMAD  
BHAGAVAD-GĪTĀ



# ŚRĪMAD BHAGAVAD-GĪTĀ

*The complete Sanskrit text  
in roman transliteration*

WITH THE PRAYERS OF  
ŚRĪ BRAHMA-SAMHITĀ



THE BHAKTIVEDANTA BOOK TRUST  
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## INTRODUCTION

In this small book, perfect for purse or pocket, you'll find the complete, original Sanskrit text of the *Bhagavad-gītā*, written in our own familiar roman alphabet.

Every verse of the *Bhagavad-gītā* is a *mantra*, full of spiritual potency. The very sound of these *mantras* purifies and liberates the soul.

In India many people attuned to spiritual life recite a chapter of *Bhagavad-gītā* every day. (It takes only five or ten minutes.) Others recite all eighteen chapters, others at least a few verses. However much one recites, the sound of these mantras has a purifying effect.

And now, with this book, you can pronounce these *mantras* easily. You can recite them, refer to them, learn them, and benefit from their sound—the same transcendental sound by which

Lord Kṛṣṇa enlightened His disciple Arjuna millennia ago.

In Sanskrit, unlike English, every letter is always pronounced the same way. So you don't have to guess. You just read the letters and you've got it. And now you *can* read the letters—because they're in the same alphabet we read every day.

In India, the *Bhagavad-gītā* most often appears in the traditional script known as *devanāgarī*, “the writing of the cities of the gods.” Yet it can just as well be written—and often is—in the alphabets of Tamil, Bengali, Gujarati, and other Indian languages. And now here it is in the same alphabet we use for English and other languages of the West.

Special signs, known as diacritical marks, appear above or below some letters to show, for example, whether a vowel is short or long. And in this book a simple key to the signs tells you precisely what they mean.

Also included in this volume are the prayers of the *Brahma-saṁhitā*, spoken in praise of Lord Kṛṣṇa, the speaker of the *Gītā*. These prayers, held to have been composed in cosmic antiquity by the great progenitor Brahmā, make a fitting companion to the *Gītā* itself.

Though this present edition of the *Bhagavad-gītā*—Sanskrit verses only—serves a valuable purpose, obviously it is no substitute for a translation and commentary. For a full study of the *Gītā*, we recommend, of course, *Bhagavad-gītā As It Is* by His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda. That book includes for every verse the original *devanāgarī*, the transliterations published here, Sanskrit-English equivalents for every word, and finally a full translation and commentary. Śrīla Prabhupāda was the Founder-*Ācārya* of the International Society for Krishna Consciousness. He wrote not only as a scholar but as a teacher fully dedicated to living and spreading the divine teachings given by Lord Kṛṣṇa in the *Bhagavad-gītā*. The *Gītā* itself mentions that in ancient days its knowledge was properly understood through a lineage of Kṛṣṇa's devotees; and it was on behalf of such a lineage that Śrīla Prabhupāda wrote. The book is available in English and more than fifty other languages of the world.





ŚRĪMAD  
BHAGAVAD  
GĪTĀ





# 1

---

## ARJUNA-VIŠĀDA YOGA

---

*atha prathamo 'dhyāyaḥ*

1

dhṛtarāṣṭra uvāca  
dharma-kṣetre kuru-kṣetre  
samavetā yuyutsavaḥ  
māmakāḥ pāṇḍavās caiva  
kim akurvata sañjaya

2

sañjaya uvāca  
dṛṣṭvā tu pāṇḍavānīkaṁ  
vyūḍhaṁ duryodhanas tadā  
ācāryam upasaṅgmya  
rājā vacanam abravīt

3

paśyaitāṃ pāṇḍu-putrāṇāṃ  
 ācārya mahatīm camūṃ  
 vyūḍhāṃ drupada-putreṇa  
 tava śiṣyeṇa dhimatā

4

atra śūrā maheṣvāsā  
 bhīmārjuna-samā yudhi  
 yuyudhāno virāṭaś ca  
 drupadaś ca mahā-rathaḥ

5

dhr̥ṣṭaketuś cekitānaḥ  
 kāśi-rājaś ca vīryavān  
 purujit kuntibhojaś ca  
 śaibyaś ca nara-puṅgavaḥ

6

yudhāmanyuś ca vikrānta  
 uttamaujās ca vīryavān  
 saubhadro draupadeyās ca  
 sarva eva mahā-rathāḥ

7

asmākaṃ tu viśiṣṭā ye  
 tān nibodha dvijottama  
 nāyakā mama sainyasya  
 samjñārthaṃ tān bravīmi te

8

bhavān bhīṣmaś ca karṇaś ca  
 kṛpaś ca samitiṃ-jayaḥ  
 aśvatthāmā vikarṇaś ca  
 saumadattis tathaiva ca

9

anye ca bahavaḥ sūrā  
 mad-arthe tyakta-jīvitāḥ  
 nānā-śastra-praharaṇāḥ  
 sarve yuddha-viśāradāḥ

10

aparyāptaṃ tad asmākaṃ  
 balaṃ bhīṣmābhirakṣitam  
 paryāptaṃ tv idam eteṣāṃ  
 balaṃ bhīmābhirakṣitam

11

ayaneṣu ca sarveṣu  
 yathā-bhāgam avasthitāḥ  
 bhīṣmam evābhirakṣantu  
 bhavantaḥ sarva eva hi

12

tasya sañjanayan harṣaṃ  
 kuru-vṛddhaḥ pitāmahaḥ  
 simha-nādaṃ vinadyoccaiḥ  
 śaṅkhaṃ dadhmau pratāpavān

13

tataḥ śaṅkhās ca bheryās ca  
 paṇavānaka-gomukhāḥ  
 sahasaivābhyahanyanta  
 sa śabdāsa tumulo 'bhavat

14

tataḥ śvetair hayair yukte  
 mahati syandane sthitau  
 mādhaveḥ pāṇḍavaś caiva  
 divyau śaṅkhau pradadhmatuḥ

15

pāñcajanyaṃ hr̥ṣīkeśo  
 devadattaṃ dhanañjayaḥ  
 pauṇḍraṃ dadhmau mahā-śaṅkhaṃ  
 bhīma-karmā vṛkodaraḥ

16

anantavijayaṃ rājā  
 kuntī-putro yudhiṣṭhiraḥ  
 nakulaḥ sahadēvaś ca  
 sughoṣa-maṇipuṣpakau

17

kāśyaś ca parameṣvāsaḥ  
 śikhaṇḍī ca mahā-rathaḥ  
 dhṛṣṭadyumno virāṭaś ca  
 sātyakiś cāparājitaḥ

18

drupado draupadeyās ca  
sarvaśaḥ pṛthivī-pate  
saubhadraś ca mahā-bāhuḥ  
śaṅkhān dadhmuḥ pṛthak pṛthak

19

sa ghoṣo dhārtarāṣṭrāṇām  
hṛdayāni vyadārayat  
nabhaś ca pṛthivīm caiva  
tumulo 'bhyanunādayan

20

atha vyavasthitān dṛṣṭvā  
dhārtarāṣṭrān kapi-dhvajaḥ  
pravṛtte śāstra-sampāte  
dhanur udyamya pāṇḍavaḥ  
hṛṣīkeśam tadā vākyam  
idam āha mahī-pate

21

arjuna uvāca  
senayor ubhayor madhye  
ratham sthāpaya me 'cyuta  
yāvad etān nirīkṣe 'ham  
yoddhu-kāmān avasthitān

22

kair mayā saha yoddhavyam  
asmin raṇa-samudyame

23

yotsyamānān avekṣe 'ham  
ya ete 'tra samāgatāḥ  
dhārtarāṣṭrasya durbuddher  
yuddhe priya-cikīrṣavaḥ

24

sañjaya uvāca  
evam ukto hṛṣīkeśo  
guḍākeśena bhārata  
senayor ubhayor madhye  
sthāpayitvā rathottamam

25

bhīṣma-droṇa-pramukhataḥ  
sarveṣāṃ ca mahī-kṣitām  
uvāca pārtha paśyaitān  
samavetān kurūn iti

26

tatrāpaśyat sthitān pārthaḥ  
pitṛn atha pitāmahān  
ācāryān mātulān bhrātṛn  
putrān pautrān sakhīms tathā  
śvaśurān suhrdaś caiva  
senayor ubhayor api

27

tān samīkṣya sa kaunteyaḥ  
 sarvān bandhūn avasthitān  
 kṛpayā parayāviṣṭo  
 viṣīdann idam abravīt

28

arjuna uvāca  
 dṛṣṭvemaṃ sva-janaṃ kṛṣṇa  
 yuyutsum̐ samupasthitam  
 sīdanti mama gātrāṇi  
 mukhaṃ ca pariśuṣyati

29

vepathuś ca śarīre me  
 roma-harṣaś ca jāyate  
 gāṇḍīvaṃ sraṃsate hastāt  
 tvak caiva paridahyate

30

na ca śaknoṃy avasthātum̐  
 bhramatīva ca me manaḥ  
 nimittāni ca paśyāmi  
 viparītāni keśava

31

na ca śreyo 'nupaśyāmi  
 hatvā sva-janam āhave  
 na kāṅkṣe vijayaṃ kṛṣṇa  
 na ca rājyaṃ sukhāni ca

32

kiṁ no rājyena govinda  
 kiṁ bhogair jīvitena vā  
 yeṣāṁ arthe kāṅkṣitaṁ no  
 rājyaṁ bhogaḥ sukhāni ca

33

ta ime 'vasthitā yuddhe  
 prāṇāṁs tyaktvā dhanāni ca  
 ācāryāḥ pitarāḥ putrās  
 tathaiva ca pitāmahāḥ

34

mātulāḥ śvaśurāḥ pautrāḥ  
 śyālāḥ sambandhinas tathā  
 etān na hantum icchāmi  
 ghnato 'pi madhusūdana

35

api trai-lokya-rājyasya  
 hetoḥ kiṁ nu mahī-kṛte  
 nihatyā dhārtarāṣṭrān naḥ  
 kā prītiḥ syāj janārdana

36

pāpam evāśrayed asmān  
 hatvaitān ātatāyinaḥ  
 tasmān nārḥā vyaṁ hantuṁ  
 dhārtarāṣṭrān sa-bāndhavān  
 sva-janaṁ hi kathaṁ hatvā  
 sukhinaḥ syāma mādhava

37

yady apy ete na paśyanti  
 lobhopahata-cetasah  
 kula-kṣaya-kṛtaṁ doṣaṁ  
 mitra-drohe ca pātakam

38

kathaṁ na jñeyam asmābhiḥ  
 pāpād asmān nivartitum  
 kula-kṣaya-kṛtaṁ doṣaṁ  
 prapaśyadbhir janārdana

39

kula-kṣaye praṇaśyanti  
 kula-dharmāḥ sanātanāḥ  
 dharme naṣṭe kulaṁ kṛtsnam  
 adharmo 'bhibhavaty uta

40

adharmābhibhavāt kṛṣṇa  
 praduṣyanti kula-striyaḥ  
 strīṣu duṣṭāsu vārṣṇeya  
 jāyate varṇa-saṅkaraḥ

41

saṅkaro narakāyaiva  
 kula-ghnānām kulasya ca  
 patanti pitaro hy eṣām  
 lupta-piṇḍodaka-kriyāḥ

42

doṣair etaiḥ kula-ghnānām  
 varṇa-saṅkara-kāraikaiḥ  
 utsādyante jāti-dharmāḥ  
 kula-dharmās ca śāśvatāḥ

43

utsanna-kula-dharmāṅām  
 manuṣyāṅām janārdana  
 narake niyatam vāso  
 bhavatīty anuśuśruma

44

aho bata mahat pāpaṁ  
 kartum vyavasitā vayam  
 yad rājya-sukha-lobhena  
 hantum sva-janam udyatāḥ

45

yadi mām apratikāram  
 aśastram śastra-pāṇayaḥ  
 dhārtarāṣṭrā raṇe hanyus  
 tan me kṣema-taram bhavet

46

sañjaya uvāca  
 evam uktvārjunaḥ saṅkhye  
 rathopastha upāviśat  
 viśrjya sa-śaram cāpaṁ  
 śoka-saṁvigna-mānasaḥ

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 arjuna-viśāda-yogo nāma  
 prathamo 'dhyāyaḥ*



# 2

---

## SĀṆKHYA-YOGA

---

*atha dvitīyo 'dhyāyaḥ*

1

sañjaya uvāca  
taṁ tathā kṛpayāviṣṭam  
āśru-pūrṇākulekṣaṇam  
viṣīdantam idaṁ vākyam  
uvāca madhusūdanaḥ

2

śrī-bhagavān uvāca  
kutas tvā kaśmalam idaṁ  
viṣame samupasthitam  
anārya-juṣṭam asvargyam  
akīrti-karam arjuna

3

klaibyaṁ mā sma gamaḥ pārtha  
 naitat tvayy upapadyate  
 kṣudraṁ hṛdaya-daurbalyaṁ  
 tyaktvottiṣṭha paran-tapa

4

arjuna uvāca  
 kathaṁ bhīṣmam ahaṁ saṅkhye  
 droṇaṁ ca madhusūdana  
 iṣubhiḥ pratiyotsyāmi  
 pūjārḥav ari-sūdana

5

gurūn ahatvā hi mahānubhāvān  
 śreyo bhoktuṁ bhaikṣyam apīha loke  
 hatvārtha-kāmāms tu gurūn ihaiva  
 bhuñjīya bhogān rudhira-pradigdhān

6

na caitad vidmaḥ kataran no garīyo  
 yad vā jayema yadi vā no jayeyuḥ  
 yān eva hatvā na jijīviṣāmas  
 te 'vasthitāḥ pramukhe dhārtarāṣṭrāḥ

7

kārpaṇya-doṣopahata-svabhāvaḥ  
 pṛcchāmi tvāṁ dharma-sammūḍha-cetāḥ  
 yac chreyaḥ syān niścitaṁ brūhi tan me  
 śiṣyas te 'haṁ śādhi mām tvāṁ prapannam

8

na hi prapaśyāmi mamāpanudyād  
 yac chokam ucchoṣaṇam indriyāṅṅam  
 avāpya bhūmāv asapatnam ṛddham  
 rājyam surāṅṅam api cādhipatyam

9

sañjaya uvāca  
 evam uktvā hṛṣīkeśam  
 guḍākeśaḥ paran-tapaḥ  
 na yotsya iti govindam  
 uktvā tūṣṇīm babhūva ha

10

tam uvāca hṛṣīkeśaḥ  
 prahasann iva bhārata  
 senayor ubhayor madhye  
 viṣīdantam idaṁ vacaḥ

11

śrī-bhagavān uvāca  
 aśocyān anvaśocas tvam  
 prajñā-vādānś ca bhāṣase  
 gatāsūn agatāsūmś ca  
 nānuśocanti paṇḍitāḥ

12

na tv evāham jātu nāsam  
 na tvaṁ neme janādhipāḥ  
 na caiva na bhaviṣyāmaḥ  
 sarve vayam ataḥ param

13

dehino 'smin yathā dehe  
 kaumāraṁ yauvanam jarā  
 tathā dehāntara-prāptir  
 dhīras tatra na muhyati

14

mātrā-sparśās tu kaunteya  
 śītoṣṇa-sukha-duḥkha-dāḥ  
 āgamāpāyino 'nityās  
 tāms titikṣasva bhārata

15

yaṁ hi na vyathayanty ete  
 puruṣaṁ puruṣarābha  
 sama-duḥkha-sukhaṁ dhīraṁ  
 so 'mṛtatvāya kalpate

16

nāsato vidyate bhāvo  
 nābhāvo vidyate sataḥ  
 ubhayor api drṣṭo 'ntas  
 tv anayos tattva-darśibhiḥ

17

avināśi tu tad viddhi  
 yena sarvam idaṁ tatam  
 vināśam avyayasyāsyā  
 na kaścit kartum arhati

18

antavanta ime dehā  
 nityasyoktāḥ śarīriṇaḥ  
 anāśino 'prameyasya  
 tasmād yudhyasva bhārata

19

ya enam vetti hantāraṁ  
 yaś cainaṁ manyate hatam  
 ubhau tau na vijānīto  
 nāyaṁ hanti na hanyate

20

na jāyate mriyate vā kadācin  
 nāyaṁ bhūtvā bhavitā vā na bhūyaḥ  
 ajo nityaḥ śāśvato 'yaṁ purāṇo  
 na hanyate hanyamāne śarīre

21

vedāvināśinaṁ nityaṁ  
 ya enam ajam avyayam  
 katham sa puruṣaḥ pārtha  
 kaṁ ghātayati hanti kam

22

vāsāmsi jīrṇāni yathā vihāya  
 navāni gr̥hṇāti naro 'parāṇi  
 tathā śarīrāṇi vihāya jīrṇāny  
 anyāni samyāti navāni dehī

23

nainam chindanti śastrāṇi  
 nainam dahati pāvakaḥ  
 na cainam kledayanty āpo  
 na śoṣayati mārutaḥ

24

acchedyo 'yam adāhyo 'yam  
 akledyo 'śoṣya eva ca  
 nityaḥ sarva-gataḥ sthāṇur  
 acalo 'yaṁ sanātanaḥ

25

avyakto 'yam acintyo 'yam  
 avikāryo 'yam ucyate  
 tasmād evaṁ viditvainam  
 nānuśocitum arhasi

26

atha cainam nitya-jātam  
 nityam vā manyase mṛtam  
 tathāpi tvaṁ mahā-bāho  
 nainam śocitum arhasi

27

jātasya hi dhruvo mṛtyur  
 dhruvaṁ janma mṛtasya ca  
 tasmād aparihārye 'rthe  
 na tvaṁ śocitum arhasi

28

avyaktādīni bhūtāni  
 vyakta-madhyāni bhārata  
 avyakta-nidhanāny eva  
 tatra kā paridevanā

29

āścarya-vat paśyati kaścīd enam  
 āścarya-vad vadati tathaiva cānyaḥ  
 āścarya-vac cainam anyaḥ śṛṇoti  
 śrutvāpy enam veda na caiva kaścit

30

dehī nityam avadhyo 'yaṁ  
 dehe sarvasya bhārata  
 tasmāt sarvāṇi bhūtāni  
 na tvaṁ śocitum arhasi

31

sva-dharmam api cāvekṣya  
 na vikampitum arhasi  
 dharmyād dhi yuddhāc chreyo 'nyat  
 kṣatriyasya na vidyate

32

yadṛcchayā copapannaṃ  
 svarga-dvāram apāvṛtam  
 sukhinaḥ kṣatriyāḥ pārtha  
 labhante yuddham īdṛśam

33

atha cet tvam imaṃ dharmyaṃ  
 saṅgrāmaṃ na kariṣyasi  
 tataḥ sva-dharmaṃ kīrtiṃ ca  
 hitvā pāpam avāpsyasi

34

akīrtiṃ cāpi bhūtāni  
 kathayiṣyanti te 'vyayāṃ  
 sambhāvitasya cākīrtir  
 maraṇād atiricyate

35

bhayād raṇād uparataṃ  
 maṃsyante tvāṃ mahā-rathāḥ  
 yeṣāṃ ca tvāṃ bahu-mato  
 bhūtvā yāsyasi lāghavam

36

avācya-vādāṃś ca bahūn  
 vadiṣyanti tavāhitāḥ  
 nindantas tava sāmartyaṃ  
 tato duḥkha-taraṃ nu kim

37

hato vā prāpsyasi svargaṁ  
 jitvā vā bhokṣyase mahīm  
 tasmād uttiṣṭha kaunteya  
 yuddhāya kṛta-niścayaḥ

38

sukha-duḥkhe same kṛtvā  
 lābhālābhau jayājayau  
 tato yuddhāya yujyasva  
 naivam pāpam avāpsyasi

39

eṣā te 'bhihitā sāṅkhye  
 buddhir yoge tv imāṁ śṛṇu  
 buddhyā yukto yayā pārtha  
 karma-bandhaṁ prahāsyasi

40

nehābhikrama-nāśo 'sti  
 pratyavāyo na vidyate  
 sv-alpam apy asya dharmasya  
 trāyate mahato bhayāt

41

vyavasāyātmikā buddhir  
 ekeha kuru-nandana  
 bahu-śākhā hy anantās ca  
 buddhayo 'vyavasāyinām

42

yām imām puṣpītām vācam  
 pravadanty avipaścitaḥ  
 veda-vāda-ratāḥ pārtha  
 nānyad astīti vādinaḥ

43

kāmātmānaḥ svarga-parā  
 janma-karma-phala-pradām  
 kriyā-viśeṣa-bahulām  
 bhogaiśvarya-gatiṁ prati

44

bhogaiśvarya-prasaktānām  
 tayāpahṛta-cetasām  
 vyavasāyātmikā buddhiḥ  
 samādhau na vidhīyate

45

traī-guṇya-viśayā vedā  
 nīstrai-guṇyo bhavārjuna  
 nirdvandvo nitya-sattva-stho  
 niryoga-kṣema ātmavān

46

yāvān artha uda-pāne  
 sarvataḥ samplutodake  
 tāvān sarveṣu vedeṣu  
 brāhmaṇasya vijānataḥ

47

karmaṇy evādhikāras te  
 mā phaleṣu kadācana  
 mā karma-phala-hetur bhūr  
 mā te saṅgo 'stv akarmaṇi

48

yoga-sthaḥ kuru karmāṇi  
 saṅgam tyaktvā dhanañjaya  
 siddhy-asiddhyoḥ samo bhūtvā  
 samatvaṁ yoga ucyate

49

dūreṇa hy avaraṁ karma  
 buddhi-yogād dhanañjaya  
 buddhau śaraṇam anviccha  
 kṛpaṇāḥ phala-hetavaḥ

50

buddhi-yukto jahātiha  
 ubhe sukṛta-duṣkṛte  
 tasmād yogāya yujyasva  
 yogaḥ karmasu kauśalam

51

karma-jaṁ buddhi-yuktā hi  
 phalaṁ tyaktvā manīṣiṇaḥ  
 janma-bandha-vinirmuktāḥ  
 padaṁ gacchanty anāmayaṁ

52

yadā te moha-kalilaṁ  
 buddhir vyatitariṣyati  
 tadā gantāsi nirvedaṁ  
 śrotavyasya śrutasya ca

53

śruti-vipratipannā te  
 yadā sthāsyati niścālā  
 samādhāv acalā buddhis  
 tadā yogam avāpsyasi

54

arjuna uvāca  
 sthita-prajñasya kā bhāṣā  
 samādhi-sthasya keśava  
 sthita-dhīḥ kiṁ prabhāṣeta  
 kim āsīta vrajeta kim

55

śrī-bhagavān uvāca  
 prajahāti yadā kāmān  
 sarvān pārtha mano-gatān  
 ātmany evātmanā tuṣṭaḥ  
 sthita-prajñas tadocyate

56

duḥkheṣv anudvigna-manāḥ  
 sukheṣu vigata-spr̥haḥ  
 vīta-rāga-bhaya-krodhaḥ  
 sthita-dhīr munir ucyate

57

yaḥ sarvatrānabhisnehas  
 tat tat prāpya śubhāśubham  
 nābhinandati na dveṣṭi  
 tasya prajñā pratiṣṭhitā

58

yadā saṁharate cāyaṁ  
 kūrmo 'ṅgānīva sarvaśaḥ  
 indriyāṇīndriyārthebhyas  
 tasya prajñā pratiṣṭhitā

59

viṣayā vinivartante  
 nirāhārasya dehinaḥ  
 rasa-varjaṁ raso 'py asya  
 paraṁ dṛṣṭvā nivartate

60

yatato hy api kaunteya  
 puruṣasya vipaścitaḥ  
 indriyāṇi pramāthīni  
 haranti prasabhaṁ manaḥ

61

tāni sarvāṇi samyamya  
 yukta āsīta mat-parah  
 vaśe hi yasyendriyāṇi  
 tasya prajñā pratiṣṭhitā

62

dhyāyato viṣayān puṁsaḥ  
 saṅgas teṣūpajāyate  
 saṅgāt sañjāyate kāmaḥ  
 kāmāt krodho 'bhijāyate

63

krodhād bhavati sammohaḥ  
 sammohāt smṛti-vibhramaḥ  
 smṛti-bhramśād buddhi-nāśo  
 buddhi-nāśāt praṇāsyati

64

rāga-dveṣa-vimuktais tu  
 viṣayān indriyaiś caran  
 ātma-vaśyair vidheyātmā  
 prasādam adhigacchati

65

prasāde sarva-duḥkhānām  
 hānir asyopajāyate  
 prasanna-cetaso hy āśu  
 buddhiḥ paryavatiṣṭhate

66

nāsti buddhir ayuktasya  
 na cāyuktasya bhāvanā  
 na cābhāvayataḥ śāntir  
 aśāntasya kutaḥ sukham

67

indriyāṇām hi caratām  
 yan mano 'nuvidhīyate  
 tad asya harati prajñām  
 vāyur nāvam ivāmbhasi

68

tasmād yasya mahā-bāho  
 niḡṛhītāni sarvaśaḥ  
 indriyāṇīndriyārthebhyas  
 tasya prajñā pratiṣṭhitā

69

yā niśā sarva-bhūtānām  
 tasyām jāgarti saṁyamī  
 yasyām jāgrati bhūtāni  
 sā niśā paśyato muneḥ

70

āpūryamāṇam acala-pratiṣṭham  
 samudram āpaḥ praviśanti yadvat  
 tadvat kāmā yaṁ praviśanti sarve  
 sa śāntim āpnoti na kāma-kāmī

71

vihāya kāmān yaḥ sarvān  
 pumānś carati nisprhaḥ  
 nirmamo nirahaṅkāraḥ  
 sa śāntim adhigacchati

72

eṣā brāhmī sthitiḥ pārtha  
 nainām prāpya vimuhyati  
 sthitvāsyām anta-kāle 'pi  
 brahma-nirvāṇam ṛcchati

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 sāṅkhya-yogo nāma dvitīyo 'dhyāyaḥ*



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# 3

## KARMA-YOGA

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*atha tṛtīyo 'dhyāyaḥ*

1

arjuna uvāca  
jyāyasī cet karmaṇas te  
matā buddhir janārdana  
tat kiṁ karmaṇi ghore mām  
niyojayasi keśava

2

vyāmiśreṇeva vākyena  
buddhiṁ mohayasīva me  
tad ekaṁ vada niścitya  
yena śreya 'ham āpnuyām

3

śrī-bhagavān uvāca  
 loke 'smin dvi-vidhā niṣṭhā  
 purā proktā mayānagha  
 jñāna-yogena sāṅkhyānām  
 karma-yogena yoginām

4

na karmaṇām anārambhān  
 naiṣkarmaṃ puruṣo 'śnute  
 na ca sannyasanād eva  
 siddhiṃ samadhigacchati

5

na hi kaścit kṣaṇam api  
 jātu tiṣṭhaty akarma-kṛt  
 kāryate hy avaśaḥ karma  
 sarvaḥ prakṛti-jair guṇaiḥ

6

karmendriyāṇi samyamyā  
 ya āste manasā smaran  
 indriyārthān vimūḍhātmā  
 mithyācāraḥ sa ucyate

7

yas tv indriyāṇi manasā  
 niyamyārabhate 'rjuna  
 karmendriyaiḥ karma-yogam  
 asaktaḥ sa viśiṣyate

8

niyataṁ kuru karma tvaṁ  
 karma jyāyo hy akarmaṇaḥ  
 śarīra-yātrāpi ca te  
 na prasiddhyed akarmaṇaḥ

9

yajñārthāt karmaṇo 'nyatra  
 loko 'yaṁ karma-bandhanaḥ  
 tad-arthaṁ karma kaunteya  
 mukta-saṅgaḥ samācara

10

saha-yajñāḥ prajāḥ sṛṣṭvā  
 purovāca prajā-patiḥ  
 anena prasaviṣyadhvam  
 eṣa vo 'stv iṣṭa-kāma-dhuk

11

devān bhāvayatānena  
 te devā bhāvayantu vaḥ  
 parasparaṁ bhāvayantaḥ  
 śreyaḥ param avāpsyatha

12

iṣṭān bhogān hi vo devā  
 dāsyante yajña-bhāvitāḥ  
 tair dattān apradāyaibhyo  
 yo bhunkte stena eva saḥ

13

yajña-śiṣṭāśinaḥ santo  
 mucyante sarva-kilbiṣaiḥ  
 bhuñjate te tv aghaṁ pāpā  
 ye pacanty ātma-kāraṇāt

14

annād bhavanti bhūtāni  
 parjanyaḍ anna-sambhavaḥ  
 yajñād bhavati parjanyo  
 yajñaḥ karma-samudbhavaḥ

15

karma brahmodbhavaṁ viddhi  
 brahmākṣara-samudbhavam  
 tasmāt sarva-gataṁ brahma  
 nityaṁ yajñe pratiṣṭhitam

16

evaṁ pravartitaṁ cakraṁ  
 nānuvartayatiḥa yaḥ  
 aghāyur indriyārāmo  
 moghaṁ pārtha sa jīvati

17

yas tv ātma-ratir eva syād  
 ātma-tr̥ptaś ca mānavaḥ  
 ātmany eva ca santuṣṭas  
 tasya kāryaṁ na vidyate

18

naiva tasya kṛtenārtho  
 nākṛteneha kaścana  
 na cāsya sarva-bhūteṣu  
 kaścīd artha-vyapāśrayaḥ

19

tasmād asaktaḥ satataṁ  
 kāryaṁ karma samācara  
 asakto hy ācaran karma  
 param āpnoti pūruṣaḥ

20

karmaṇaiva hi saṁsiddhim  
 āsthitā janakādayaḥ  
 loka-saṅgraham evāpi  
 sampaśyan kartum arhasi

21

yad yad ācarati śreṣṭhas  
 tat tad evetaro janaḥ  
 sa yat pramāṇaṁ kurute  
 lokas tad anuvartate

22

na me pārthāsti kartavyaṁ  
 triṣu lokeṣu kiñcana  
 nānavāptam avāptavyaṁ  
 varta eva ca karmaṇi

23

yadi hy ahaṁ na varteyaṁ  
 jātu karmaṇy atandritaḥ  
 mama vartmānuvartante  
 manuṣyāḥ pārtha sarvaśaḥ

24

utsīdeyur ime lokā  
 na kuryām karma ced aham  
 saṅkarasya ca kartā syām  
 upahanyām imāḥ prajāḥ

25

saktāḥ karmaṇy avidvāṁso  
 yathā kurvanti bhārata  
 kuryād vidvāṁs tathāsaktaś  
 cikīrṣur loka-saṅgraham

26

na buddhi-bhedaṁ janayed  
 ajñānām karma-saṅginām  
 joṣayet sarva-karmāṇi  
 vidvān yuktaḥ samācaran

27

prakṛteḥ kriyamāṇāni  
 guṇaiḥ karmāṇi sarvaśaḥ  
 ahaṅkāra-vimūḍhātmā  
 kartāham iti manyate

28

tattva-vit tu mahā-bāho  
 guṇa-karma-vibhāgayoḥ  
 guṇā guṇeṣu vartanta  
 iti matvā na sajjate

29

prakṛter guṇa-sammūḍhāḥ  
 sajjante guṇa-karmasu  
 tān akṛtsna-vido mandān  
 kṛtsna-vin na vicālayet

30

mayi sarvāṇi karmāṇi  
 sannyasyādhyātma-cetasā  
 nirāśīr nirmamo bhūtvā  
 yudhyasva vigata-jvaraḥ

31

ye me matam idaṁ nityam  
 anuṣṭhanti mānavāḥ  
 śraddhāvanto 'nasūyanto  
 mucyante te 'pi karmabhiḥ

32

ye tv etad abhyasūyanto  
 nānuṣṭhanti me matam  
 sarva-jñāna-vimūḍhāṁs tān  
 vidhī naṣṭān acetasaḥ

33

sadrśam ceṣṭate svasyāḥ  
 prakṛter jñānavān api  
 prakṛtim yānti bhūtāni  
 nigrahaḥ kim kariṣyati

34

indriyasyendriyasyārthe  
 rāga-dveṣau vyavasthitau  
 tayor na vaśam āgacchet  
 tau hy asya paripanthinau

35

śreyān sva-dharmo viguṇaḥ  
 para-dharmāt sv-anuṣṭhitāt  
 sva-dharme nidhanam śreyaḥ  
 para-dharmo bhayāvahaḥ

36

arjuna uvāca  
 atha kena prayukto 'yam  
 pāpam carati pūruṣaḥ  
 anicchann api vārṣṇeya  
 balād iva niyojitaḥ

37

śrī-bhagavān uvāca  
 kāma eṣa krodha eṣa  
 rajo-guṇa-samudbhavaḥ  
 mahāśano mahā-pāpmā  
 viddhy enam iha vairiṇam

38

dhūmenāvriyate vahnir  
 yathādarśo malena ca  
 yatholbenāvṛto garbhas  
 tathā tenedam āvṛtam

39

āvṛtaṁ jñānam etena  
 jñānino nitya-vairiṇā  
 kāma-rūpeṇa kaunteya  
 duṣpūreṇānalena ca

40

indriyāṇi mano buddhir  
 asyādhiṣṭhānam ucyate  
 etair vimohayaty eṣa  
 jñānam āvṛtya dehinam

41

tasmāt tvam indriyāṅy ādau  
 niyamyā bharatarṣabha  
 pāpmānaṁ prajahi hy enam  
 jñāna-vijñāna-nāśanam

42

indriyāṇi parāṇy āhur  
 indriyebhyaḥ param manah  
 manasas tu parā buddhir  
 yo buddheḥ paratas tu saḥ

43

evam buddheḥ param buddhvā  
 samstabhyātmānam ātmanā  
 jahi śatruṁ mahā-bāho  
 kāma-rūpaṁ durāsadam

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 karma-yogo nāma tṛtīyo 'dhyāyaḥ*



# 4

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## JÑĀNA-YOGA

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*atha caturtho 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
imaṁ vivasvate yogam  
proktavān aham avyayam  
vivasvān manave prāha  
manur ikṣvākave 'bravīt

2

evaṁ paramparā-prāptam  
imaṁ rājarṣayo viduḥ  
sa kāleneha mahatā  
yogo naṣṭaḥ paran-tapa

3

sa evāyaṁ mayā te 'dya  
 yogaḥ proktaḥ purātaṇaḥ  
 bhakto 'si me sakhā ceti  
 rahasyaṁ hy etad uttamam

4

arjuna uvāca  
 aparaṁ bhavato janma  
 paraṁ janma vivasvataḥ  
 katham etad vijānīyāṁ  
 tvam ādau proktavān iti

5

śrī-bhagavān uvāca  
 bahūni me vyatītāni  
 janmāni tava cārjuna  
 tāny ahaṁ veda sarvāṇi  
 na tvaṁ vettha paran-tapa

6

ajo 'pi sann avyayātmā  
 bhūtānām īśvaro 'pi san  
 prakṛtiṁ svām adhiṣṭhāya  
 sambhavāmy ātma-māyayā

7

yadā yadā hi dharmasya  
glānir bhavati bhārata  
abhyutthānam adharmasya  
tadātmānam sṛjāmy aham

8

paritrāṇāya sādḥūnām  
vināśāya ca duṣkṛtām  
dharma-saṁsthāpanārthāya  
sambhavāmi yuge yuge

9

janma karma ca me divyam  
evaṁ yo vetti tattvataḥ  
tyaktvā dehaṁ punar janma  
naiti mām eti so 'rjuna

10

vīta-rāga-bhaya-krodhā  
man-mayā mām upāśritāḥ  
bahavo jñāna-tapasā  
pūtā mad-bhāvam āgatāḥ

11

ye yathā mām prapadyante  
tāms tathaiva bhajāmy aham  
mama vartmānuvartante  
manuṣyāḥ pārtha sarvaśaḥ

12

kāṅkṣantaḥ karmaṇām siddhim  
 yajanta iha devatāḥ  
 kṣipraṁ hi mānuṣe loke  
 siddhir bhavati karma-jā

13

cātur-varṇyaṁ mayā sṛṣṭaṁ  
 guṇa-karma-vibhāgaśaḥ  
 tasya kartāram api mām  
 viddhy akartāram avyayam

14

na mām karmāṇi limpanti  
 na me karma-phale sprhā  
 iti mām yo 'bhijānāti  
 karmabhir na sa badhyate

15

evaṁ jñātvā kṛtaṁ karma  
 pūrvair api mumukṣubhiḥ  
 kuru karmaiva tasmāt tvam  
 pūrvaiḥ pūrva-taraṁ kṛtam

16

kiṁ karma kiṁ akarmeti  
 kavayo 'py atra mohitāḥ  
 tat te karma pravakṣyāmi  
 yaj jñātvā mokṣyase 'śubhāt

17

karmaṇo hy api boddhavyam  
 boddhavyam ca vikarmaṇaḥ  
 akarmaṇas ca boddhavyam  
 gahanā karmaṇo gatiḥ

18

karmaṇy akarma yaḥ paśyed  
 akarmaṇi ca karma yaḥ  
 sa buddhimān manuṣyeṣu  
 sa yuktaḥ kṛtsna-karma-kṛt

19

yasya sarve samārambhāḥ  
 kāma-saṅkalpa-varjitāḥ  
 jñānāgni-dagdha-karmāṇam  
 tam āhuḥ paṇḍitaṁ budhāḥ

20

tyaktvā karma-phalāsaṅgam  
 nitya-tr̥pto nirāśrayaḥ  
 karmaṇy abhipravṛtto 'pi  
 naiva kiñcit karoti saḥ

21

nirāśir yata-cittātmā  
 tyakta-sarva-parigrahaḥ  
 śārīram kevalam karma  
 kurvan nāpnoti kilbiṣam

22

yadṛcchā-lābha-santuṣṭo  
 dvandvātīto vimatsarah  
 samaḥ siddhāv asiddhau ca  
 kṛtvāpi na nibadhyate

23

gata-saṅgasya muktasya  
 jñānāvasthita-cetasah  
 yajñāyācarataḥ karma  
 samagram̃ pravilīyate

24

brahmārpaṇam̃ brahma havir  
 brahmāgnau brahmaṇā hutam  
 brahmaiva tena gantavyam̃  
 brahma-karma-samādhinā

25

daivam evāpare yajñam̃  
 yoginaḥ paryupāsate  
 brahmāgnāv apare yajñam̃  
 yajñenaivopajuhvati

26

śrotrādīnīndriyāṅy anye  
 samyamāgniṣu juhvati  
 śabdādīn viṣayān anya  
 indriyāgniṣu juhvati

27

sarvāṅdriya-karmāṇi  
 prāṇa-karmāṇi cāpare  
 ātma-sam̐yama-yogāgnau  
 juhvati jñāna-dīpite

28

dravya-yajñās tapo-yajñā  
 yoga-yajñās tathāpare  
 svādhyāya-jñāna-yajñās ca  
 yatayaḥ sam̐śita-vratāḥ

29

apāne juhvati prāṇam  
 prāṇe 'pānam tathāpare  
 prāṇāpāna-gatī ruddhvā  
 prāṇāyāma-parāyaṇāḥ  
 apare niyatāhārāḥ  
 prāṇān prāṇeṣu juhvati

30

sarve 'py ete yajñā-vido  
 yajñā-kṣapita-kalmaṣāḥ  
 yajñā-śiṣṭāmṛta-bhujo  
 yānti brahma sanātanam

31

nāyam loko 'sty ayajñasya  
 kuto 'nyaḥ kuru-sattama

32

evam̐ bahu-vidhā yajñā  
 vitatā brahmaṇo mukhe  
 karma-jān viddhi tān sarvān  
 evam̐ jñātvā vimokṣyase

33

śreyān dravya-mayād yajñāj  
 jñāna-yajñaḥ paran-tapa  
 sarvam̐ karmākhilam̐ pārtha  
 jñāne parisamāpyate

34

tad viddhi praṇipātena  
 paripraśnena sevayā  
 upadekṣyanti te jñānam̐  
 jñāninas tattva-darśinaḥ

35

yaj jñātvā na punar moham  
 evam̐ yāsyasi pāṇḍava  
 yena bhūtāny aśeṣāṇi  
 drakṣyasy ātmany atho mayi

36

api ced asi pāpebhyaḥ  
 sarvebhyaḥ pāpa-kṛttamaḥ  
 sarvam̐ jñāna-plavenaiva  
 vṛjinam̐ santariṣyasi

37

yathaidhāmsi samiddho 'gnir  
 bhasma-sāt kurute 'rjuna  
 jñānāgniḥ sarva-karmāṇi  
 bhasma-sāt kurute tathā

38

na hi jñānena sadṛśam  
 pavitram iha vidyate  
 tat svayaṁ yoga-samsiddhaḥ  
 kālenātmani vindati

39

śraddhāvāl labhate jñānam  
 tat-paraḥ samyatendriyaḥ  
 jñānam labdhvā parām śāntim  
 acireṇādhigacchati

40

ajñāś cāśraddadhānaś ca  
 samśayātmā vinaśyati  
 nāyaṁ loko 'sti na paro  
 na sukham samśayātmanaḥ

41

yoga-sannyasta-karmāṇam  
 jñāna-sañchinna-samśayam  
 ātmavantam na karmāṇi  
 nibadhnanti dhanañjaya

42

tasmād ajñāna-sambhūtaṃ  
 hṛt-sthaṃ jñānāsinātmanaḥ  
 chittvainaṃ saṁśayaṃ yogam  
 āttiṣṭhottiṣṭha bhārata

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyāṁ yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 jñāna-yogo nāma caturtho 'dhyāyaḥ*



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## SANNYĀSA-YOGA

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*atha pañcama 'dhyāyaḥ*

1

arjuna uvāca  
sannyāsaṁ karmaṇām kṛṣṇa  
punar yogaṁ ca śaṁsasi  
yac chreya etayor ekaṁ  
tan me brūhi su-niścitam

2

śrī-bhagavān uvāca  
sannyāsaḥ karma-yogaś ca  
niḥśreyasa-karāv ubhau  
tayos tu karma-sannyāsāt  
karma-yogo viśiṣyate

3

jñeyaḥ sa nitya-sannyāsī  
 yo na dveṣṭi na kāṅkṣati  
 nirdvandvo hi mahā-bāho  
 sukhaṁ bandhāt pramucyate

4

sāṅkhya-yogau pṛthag bālāḥ  
 pravadanti na paṇḍitāḥ  
 ekam apy āsthitaḥ samyag  
 ubhayor vindate phalam

5

yat sāṅkhyaiḥ prāpyate sthānaṁ  
 tad yogair api gamyate  
 ekaṁ sāṅkhyam ca yogam ca  
 yaḥ paśyati sa paśyati

6

sannyāsas tu mahā-bāho  
 duḥkham āptum ayogataḥ  
 yoga-yukto munir brahma  
 na cireṇādhigacchati

7

yoga-yukto viśuddhātmā  
 vijitātmā jitendriyaḥ  
 sarva-bhūtātma-bhūtātmā  
 kurvann api na lipyate

8

naiva kiñcit karomīti  
 yukto manyeta tattva-vit  
 paśyañ śṛṇvan spr̥ṣaṅ jighrann  
 aśnan gacchan svapaṅ śvasan

9

pralapan viśṛjan gṛhṇann  
 unmiṣan nimiṣann api  
 indriyāṅindriyārtheṣu  
 vartanta iti dhārayan

10

brahmaṇy ādhāya karmāṇi  
 saṅgam tyaktvā karoti yaḥ  
 lipyate na sa pāpena  
 padma-patram ivāmbhasā

11

kāyena manasā buddhyā  
 kevalair indriyair api  
 yoginaḥ karma kurvanti  
 saṅgam tyaktvātma-śuddhaye

12

yuktaḥ karma-phalaṁ tyaktvā  
 śāntim āpnoti naiṣṭhikīm  
 ayuktaḥ kāma-kāreṇa  
 phale saktō nibadhyate

13

sarva-karmāṇi manasā  
 sannyasyāste sukhaṁ vaśī  
 nava-dvāre pure dehī  
 naiva kurvan na kārayan

14

na kartṛtvaṁ na karmāṇi  
 lokasya sṛjati prabhuḥ  
 na karma-phala-saṁyogaṁ  
 svabhāvas tu pravartate

15

nādatte kasyacit pāpaṁ  
 na caiva sukṛtaṁ vibhuḥ  
 ajñānenāvṛtaṁ jñānaṁ  
 tena muhyanti jantavaḥ

16

jñānena tu tad ajñānaṁ  
 yeṣāṁ nāśitam ātmanaḥ  
 teṣāṁ āditya-vaj jñānaṁ  
 prakāśayati tat param

17

tad-buddhayas tad-ātmānas  
 tan-niṣṭhās tat-parāyaṇāḥ  
 gacchanty apunar-āvṛttim  
 jñāna-nirdhūta-kalmaṣāḥ

18

vidyā-vinaya-sampanne  
brāhmaṇe gavi hastini  
śuni caiva śva-pāke ca  
paṇḍitāḥ sama-darśinaḥ

19

ihaiva tair jitaḥ sargo  
yeṣāṃ sāmye sthitaṃ manaḥ  
nirdoṣaṃ hi samaṃ brahma  
tasmād brahmaṇi te sthitāḥ

20

na prahṛṣyet priyaṃ prāpya  
nodvijet prāpya cāpriyam  
sthira-buddhir asammūḍho  
brahma-vid brahmaṇi sthitaḥ

21

bāhya-sparśeṣv asaktātmā  
vindaty ātmani yat sukham  
sa brahma-yoga-yuktātmā  
sukham akṣayam aśnute

22

ye hi saṃsparśa-jā bhogā  
duḥkha-yonaya eva te  
ādy-antavantaḥ kaunteya  
na teṣu ramate budhaḥ

23

śaknotihaiva yaḥ soḍhum  
 prāk śarīra-vimokṣaṇāt  
 kāma-krodhodbhavaṁ vegam  
 sa yuktaḥ sa sukhī naraḥ

24

yo 'ntaḥ-sukho 'ntar-ārāmas  
 tathāntar-jyotir eva yaḥ  
 sa yogī brahma-nirvāṇam  
 brahma-bhūto 'dhigacchati

25

labhante brahma-nirvāṇam  
 ṛṣayaḥ kṣīṇa-kalmaṣāḥ  
 chinna-dvaidhā yatātmānaḥ  
 sarva-bhūta-hite ratāḥ

26

kāma-krodha-vimuktānām  
 yatīnām yata-cetasām  
 abhito brahma-nirvāṇam  
 vartate veditātmanām

27

sparśān kṛtvā bahir bāhyāmś  
 cakṣuś caivāntare bhruvoḥ  
 prāṇāpānau samau kṛtvā  
 nāsābhyantara-cāriṇau

28

yatendriya-mano-buddhir  
munir mokṣa-parāyaṇaḥ  
vigatecchā-bhaya-krodho  
yaḥ sadā mukta eva saḥ

29

bhoktāraṁ yajña-tapasām  
sarva-loka-maheśvaram  
suhṛdaṁ sarva-bhūtānām  
jñātvā mām śāntim ṛcchati

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-saṁvāde  
sannyāsa-yogo nāma pañcama 'dhyāyaḥ*



# 6

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## DHYĀNA-YOGA

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*atha ṣaṣṭho 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
anāśritaḥ karma-phalaṁ  
kāryaṁ karma karoti yaḥ  
sa sannyāsī ca yogī ca  
na niragnir na cākriyaḥ

2

yaṁ sannyāsam iti prāhur  
yogaṁ taṁ viddhi pāṇḍava  
na hy asannyasta-saṅkalpo  
yogī bhavati kaścana

3

āruruḡsor muner yogaṁ  
 karma kāraṇaṁ ucyate  
 yogārūḡhasya tasyaiva  
 śamaḡ kāraṇaṁ ucyate

4

yadā hi nendriyārtheṡu  
 na karmasv anuṡajjate  
 sarva-saṅkalpa-sannyāśī  
 yogārūḡhas tadocyate

5

uddhared ātmanātmānaṁ  
 nātmānaṁ avasādayet  
 ātmaiva hy ātmano bandhur  
 ātmaiva ripur ātmanaḡ

6

bandhur ātmātmanas tasya  
 yenātmaivātmanā jitaḡ  
 anātmanas tu śatrutve  
 vartetātmaiva śatru-vat

7

jitātmanaḡ praśāntasya  
 paramātmā samāhitaḡ  
 śītoṡṇa-sukha-duḡkheṡu  
 tathā mānāpamānayoḡ

8

jñāna-vijñāna-tr̥ptātmā  
 kūṭa-stho vijitendriyaḥ  
 yukta ity ucyate yogī  
 sama-loṣṭrāśma-kāñcanaḥ

9

suhṛn-mitrāry-udāsīna-  
 madhyastha-dveṣya-bandhuṣu  
 sādhuṣv api ca pāpeṣu  
 sama-buddhir viśiṣyate

10

yogī yuñjīta satatam  
 ātmānaṁ rahasi sthitaḥ  
 ekākī yata-cittātmā  
 nirāśir aparigrahaḥ

11

śucau deśe pratiṣṭhāpya  
 sthiram āsanam ātmanaḥ  
 nāty-ucchritaṁ nāti-nīcam  
 cailājina-kuśottaram

12

tatraikāgram manaḥ kṛtvā  
 yata-cittendriya-kriyaḥ  
 upaviśyāsane yuñjyād  
 yogam ātma-viśuddhaye

13

samaṁ kāya-śiro-grīvaṁ  
 dhārayann acalaṁ sthiraḥ  
 samprekṣya nāsikāgram svam  
 diśaś cānavalokayan

14

praśāntātmā vigata-bhīr  
 brahmacāri-vrate sthitaḥ  
 manaḥ saṁyama ya mac-citto  
 yukta āsīta mat-paraḥ

15

yuñjann evaṁ sadātmānaṁ  
 yogī niyata-mānasaḥ  
 śāntiṁ nirvāṇa-paramāṁ  
 mat-saṁsthāṁ adhigacchati

16

nāty-aśnatas tu yogo 'sti  
 na caikāntam anaśnataḥ  
 na cāti-svapna-śīlasya  
 jāgrato naiva cārjuna

17

yuktāhāra-vihārasya  
 yukta-ceṣṭasya karmasu  
 yukta-svapnāvabodhasya  
 yogo bhavati duḥkha-hā

18

yadā viniyatam cittam  
 ātmany evāvatiṣṭhate  
 nispr̥haḥ sarva-kāmebhyo  
 yukta ity ucyate tadā

19

yathā dīpo nivāta-stho  
 neṅgate sopamā smṛtā  
 yogino yata-cittasya  
 yuñjato yogam ātmanaḥ

20

yatroparamate cittam  
 niruddham yoga-sevayā  
 yatra caivātmanātmānam  
 paśyann ātmani tuśyati

21

sukham ātyantikam yat tad  
 buddhi-grāhyam atīndriyam  
 vetti yatra na caivāyam  
 sthitaś calati tattvataḥ

22

yam labdhvā cāparam lābham  
 manyate nādhikam tataḥ  
 yasmin sthito na duḥkhena  
 guruṇāpi vicālyate

23

taṁ vidyād duḥkha-samyoga-  
viyogaṁ yoga-samjñitam

24

sa niścayena yoktavyo  
yogo 'nirviṇṇa-cetasā  
saṅkalpa-prabhavān kāmāṁs  
tyaktvā sarvān aśeṣataḥ  
manasaivendriya-grāmaṁ  
viniyamyā samantataḥ

25

śanaīḥ śanair uparameḍ  
buddhyā dhṛti-grhītayā  
ātma-saṁsthaṁ manaḥ kṛtvā  
na kiñcid api cintayet

26

yato yato niścālati  
manaś cañcalam asthiram  
tatas tato niyamyaitad  
ātmany eva vaśaṁ nayet

27

praśānta-manasaṁ hy enaṁ  
yoginaṁ sukham uttamam  
upaiti śānta-rajasaṁ  
brahma-bhūtam akalmaṣam

28

yuñjann evaṃ sadātmānaṃ  
yogī vigata-kalmaṣaḥ  
sukhena brahma-saṃsparśam  
atyantaṃ sukham aśnute

29

sarva-bhūta-stham ātmānaṃ  
sarva-bhūtāni cātmani  
ikṣate yoga-yuktātmā  
sarvatra sama-darśanaḥ

30

yo mām paśyati sarvatra  
sarvaṃ ca mayi paśyati  
tasyāhaṃ na praṇaśyāmi  
sa ca me na praṇaśyati

31

sarva-bhūta-sthitaṃ yo mām  
bhajaty ekatvam āsthitaḥ  
sarvathā vartamāno 'pi  
sa yogī mayi vartate

32

ātmaupamyena sarvatra  
samaṃ paśyati yo 'rjuna  
sukhaṃ vā yadi vā duḥkhaṃ  
sa yogī paramo mataḥ

33

arjuna uvāca  
 yo 'yaṁ yogas tvayā proktaḥ  
 sāmyena madhusūdana  
 etasyāhaṁ na paśyāmi  
 cañcalatvāt sthitim sthirām

34

cañcalaṁ hi manaḥ kṛṣṇa  
 pramāthi balavad dṛḍham  
 tasyāhaṁ nigrahaṁ manye  
 vāyor iva su-duṣkaram

35

śrī-bhagavān uvāca  
 asaṁśayaṁ mahā-bāho  
 mano durnigrahaṁ calam  
 abhyāsenā tu kaunteya  
 vairāgyeṇa ca gṛhyate

36

asaṁyatātmanā yogo  
 duṣprāpa iti me matiḥ  
 vaśyātmanā tu yatatā  
 śakyo 'vāptum upāyataḥ

37

arjuna uvāca  
 ayatiḥ śraddhayopeto  
 yogāc calita-mānasaḥ  
 aprāpya yoga-saṁsiddhiṁ  
 kām gatiṁ kṛṣṇa gacchati

38

kaccin nobhaya-vibhraṣṭaś  
 chinnābhram iva naśyati  
 apratiṣṭho mahā-bāho  
 vimūḍho brahmaṇaḥ pathi

39

etan me saṁśayaṁ kṛṣṇa  
 chettum arhasy aśeṣataḥ  
 tvad anyāḥ saṁśayasyāsyā  
 chettā na hy upapadyate

40

śrī-bhagavān uvāca  
 pārtha naiveha nāmutra  
 vināśas tasya vidyate  
 na hi kalyāṇa-kṛt kaścid  
 durgatiṁ tāta gacchati

41

prāpya puṇya-kṛtām lokān  
 uṣitvā śāśvatīḥ samāḥ  
 śucīnām śrīmatām gehe  
 yoga-bhraṣṭo 'bhijāyate

42

atha vā yoginām eva  
 kule bhavati dhīmatām  
 etad dhi durlabha-taram  
 loke janma yad īdṛśam

43

tatra taṁ buddhi-samyogaṁ  
 labhate paurva-dehikam  
 yatate ca tato bhūyaḥ  
 saṁsiddhau kuru-nandana

44

pūrvābhyāsenā tenaiva  
 hriyate hy avaśo 'pi saḥ  
 jījñāsur api yogasya  
 śabda-brahmātivartate

45

prayatnād yatamānas tu  
 yogī saṁśuddha-kilbiṣaḥ  
 aneka-janma-saṁsiddhas  
 tato yāti parām gatim

46

tapasvibhyo 'dhiko yogī  
 jñānibhyo 'pi mato 'dhikaḥ  
 karmibhyaś cādhiko yogī  
 tasmād yogī bhavārjuna

47

yoginām api sarveṣāṃ  
 mad-gatenāntar-ātmanā  
 śraddhāvān bhajate yo mām  
 sa me yukta-tamo mataḥ

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 dhyāna-yogo nāma ṣaṣṭo 'dhyāyaḥ*



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## VIJÑĀNA-YOGA

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*atha saptamo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
mayy āsakta-manāḥ pārtha  
yogaṁ yuñjan mad-āśrayaḥ  
asaṁśayaṁ samagraṁ mām  
yathā jñāsyasi tac chṛṇu

2

jñānaṁ te 'haṁ sa-vijñānam  
idaṁ vakṣyāmy aśeṣataḥ  
yaj jñātvā neha bhūyo 'nyaj  
jñātavyam avaśiṣyate

3

manuṣyāṇām sahasreṣu  
 kaścīd yatati siddhaye  
 yatatām api siddhānām  
 kaścīn mām vetti tattvataḥ

4

bhūmir āpo 'nalo vāyuḥ  
 kham mano buddhir eva ca  
 ahaṅkāra itīyaṁ me  
 bhinnā prakṛtir aṣṭadhā

5

apareyam itas tv anyām  
 prakṛtiṁ viddhi me parām  
 jīva-bhūtām mahā-bāho  
 yayedaṁ dhāryate jagat

6

etad-yonīni bhūtāni  
 sarvāṅīty upadhāraya  
 ahaṁ kṛtsnasya jagataḥ  
 prabhavaḥ pralayas tathā

7

mattaḥ parataram nānyat  
 kiñcid asti dhanañjaya  
 mayi sarvam idaṁ protaṁ  
 sūtre maṇi-gaṇā iva

8

raso 'ham apsu kaunteya  
 prabhāsmi śāṣi-sūryayoḥ  
 praṇavaḥ sarva-vedeṣu  
 śabdaḥ khe pauruṣaṁ nṛṣu

9

punyo gandhaḥ pṛthivyām ca  
 tejaś cāsmi vibhāvasau  
 jīvanaṁ sarva-bhūteṣu  
 tapaś cāsmi tapasviṣu

10

bījaṁ mām sarva-bhūtānām  
 viddhi pārtha sanātanam  
 buddhir buddhimatām asmi  
 tejas tejasvinām aham

11

balam balavatām cāham  
 kāma-rāga-vivarjitam  
 dharmāviruddho bhūteṣu  
 kāmo 'smi bharatarṣabha

12

ye caiva sāttvikā bhāvā  
 rājasās tāmasās ca ye  
 matta eveti tān viddhi  
 na tv aham teṣu te mayi

13

tribhir guṇa-mayair bhāvair  
 ebhiḥ sarvam idaṃ jagat  
 mohitaṃ nābhijānāti  
 mām ebhyaḥ param avyayam

14

daivī hy eṣā guṇa-mayī  
 mama māyā duratyayā  
 mām eva ye prapadyante  
 māyām etāṃ taranti te

15

na mām duṣkṛtino mūḍhāḥ  
 prapadyante narādhamāḥ  
 māyayāpahṛta-jñānā  
 āsuram bhāvam āśritāḥ

16

catur-vidhā bhajante mām  
 janāḥ sukṛtino 'rjuna  
 ārto jijñāsur arthārthī  
 jñānī ca bharatarṣabha

17

teṣāṃ jñānī nitya-yukta  
 eka-bhaktir viśiṣyate  
 priyo hi jñānino 'tyartham  
 ahaṃ sa ca mama priyaḥ

18

udārāḥ sarva evaite  
 jñānī tv ātmaiva me matam  
 āsthitaḥ sa hi yuktātmā  
 mām evānuttamām gatim

19

bahūnām janmanām ante  
 jñānavān mām prapadyate  
 vāsudevaḥ sarvam iti  
 sa mahātmā su-durlabhaḥ

20

kāmais tais tair hr̥ta-jñānāḥ  
 prapadyante 'nya-devatāḥ  
 taṁ taṁ niyamam āsthāya  
 prakṛtyā niyatāḥ svayā

21

yo yo yām yām tanuṁ bhaktaḥ  
 śraddhayārcitum icchati  
 tasya tasyācalām śraddhām  
 tām eva vidadhāmy aham

22

sa tayā śraddhayā yuktas  
 tasyārādhnam ihate  
 labhate ca tataḥ kāmān  
 mayaiva vihitān hi tān

23

antavat tu phalaṃ teṣāṃ  
 tad bhavaty alpa-medhasāṃ  
 devān deva-yajo yānti  
 mad-bhaktā yānti mām api

24

avyaktaṃ vyaktim āpannam  
 manyante mām abuddhayaḥ  
 paraṃ bhāvam ajānanto  
 mamāvyayam anuttamam

25

nāhaṃ prakāśaḥ sarvasya  
 yogamāyā-samāvṛtaḥ  
 mūḍho 'yaṃ nābhijānāti  
 loko mām ajam avyayam

26

vedāhaṃ samatītāni  
 vartamānāni cārjuna  
 bhaviṣyāṇi ca bhūtāni  
 mām tu veda na kaścana

27

icchā-dveṣa-samutthena  
 dvandva-mohena bhārata  
 sarva-bhūtāni sammohaṃ  
 sarge yānti paran-tapa

28

yeṣāṃ tv anta-gataṃ pāpaṃ  
 janānāṃ puṇya-karmaṇāṃ  
 te dvandva-moha-nirmuktā  
 bhajante mām dṛḍha-vratāḥ

29

jarā-maraṇa-mokṣāya  
 mām āśritya yatanti ye  
 te brahma tad viduḥ kṛtsnam  
 adhyātmaṃ karma cākhilam

30

sādhibhūtādhidaivaṃ mām  
 sādhiyajñam ca ye viduḥ  
 prayāṇa-kāle 'pi ca mām  
 te vidur yukta-cetasah

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṃvāde  
 vijñāna-yogo nāma saptamo 'dhyāyaḥ*



# 8

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## TĀRAKA-BRAHMA-YOGA

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*athāṣṭamo 'dhyāyaḥ*

1

arjuna uvāca  
kiṁ tad brahma kim adhyātmaṁ  
kiṁ karma puruṣottama  
adhibhūtaṁ ca kiṁ proktaṁ  
adhidaivaṁ kim ucyate

2

adhiyajñaḥ kathaṁ ko 'tra  
dehe 'smin madhusūdana  
prayāṇa-kāle ca kathaṁ  
jñeyo 'si niyatātmabhiḥ

3

śrī-bhagavān uvāca  
 akṣaram brahma paramam  
 svabhāvo 'dhyātmam ucyate  
 bhūta-bhāvodbhava-karo  
 visargaḥ karma-samjñitaḥ

4

adhibhūtam kṣaro bhāvaḥ  
 puruṣaś cādhidaivatam  
 adhiyajño 'ham evātra  
 dehe deha-bhṛtām vara

5

anta-kāle ca mām eva  
 smaran muktvā kalevaram  
 yaḥ prayāti sa mad-bhāvam  
 yāti nāsty atra samśayaḥ

6

yaṁ yaṁ vāpi smaran bhāvam  
 tyajaty ante kalevaram  
 taṁ tam evaiti kaunteya  
 sadā tad-bhāva-bhāvitaḥ

7

tasmāt sarveṣu kāleṣu  
 mām anusmara yudhya ca  
 mayy arpita-mano-buddhir  
 mām evaiṣyasy asaṁśayaḥ

8

abhyāsa-yoga-yuktena  
 cetasā nānya-gāminā  
 paramaṁ puruṣaṁ divyaṁ  
 yāti pārthānucintayan

9

kaviṁ purāṇam anuśāsītāram  
 aṇor aṇīyāmsam anusmared yaḥ  
 sarvasya dhātāram acintya-rūpam  
 āditya-varṇaṁ tamaśaḥ parastāt

10

prayāṇa-kāle manasācalena  
 bhaktyā yukto yoga-balena caiva  
 bhruvor madhye prāṇam āveśya samyak  
 sa taṁ paraṁ puruṣam upaiti divyam

11

yad akṣaraṁ veda-vido vadanti  
 viśanti yad yatayo vīta-rāgāḥ  
 yad icchanto brahma-caryaṁ caranti  
 tat te padaṁ saṅgrahaṇa pravakṣye

12

sarva-dvārāṇi saṁyamya  
 mano hṛdi nirudhya ca  
 mūrdhny ādhāyātmanaḥ prāṇam  
 āsthito yoga-dhāraṇām

13

om̐ ity ekākṣaram̐ brahma  
 vyāharan mām anusmaran  
 yaḥ prayāti tyajan deham̐  
 sa yāti paramām̐ gatim̐

14

ananya-cetāḥ satatam̐  
 yo mām smarati nityaśaḥ  
 tasyāham̐ su-labhaḥ pārtha  
 nitya-yuktasya yoginaḥ

15

mām upetya punar janma  
 duḥkhālayam aśāśvatam  
 nāpnuvanti mahātmānaḥ  
 saṁsiddhim̐ paramām̐ gatāḥ

16

ā-brahma-bhuvanāl lokāḥ  
 punar-āvartino 'rjuna  
 mām upetya tu kaunteya  
 punar janma na vidyate

17

sahasra-yuga-paryantam  
 ahar yad brahmaṇo viduḥ  
 rātrim̐ yuga-sahasrāntām̐  
 te 'ho-rātra-vido janāḥ

18

avyaktād vyaktayaḥ sarvāḥ  
 prabhavanty ahar-āgame  
 rātry-āgame praliyante  
 tatraivāvyakta-samjñake

19

bhūta-grāmaḥ sa evāyam  
 bhūtvā bhūtvā praliyate  
 rātry-āgame 'vaśaḥ pārtha  
 prabhavaty ahar-āgame

20

paras tasmāt tu bhāvo 'nyo  
 'vyakto 'vyaktāt sanātanaḥ  
 yaḥ sa sarveṣu bhūteṣu  
 naśyatsu na vinaśyati

21

avyakto 'kṣara ity uktas  
 tam āhuḥ paramām gatim  
 yaṁ prāpya na nivartante  
 tad dhāma paramaṁ mama

22

puruṣaḥ sa paraḥ pārtha  
 bhaktyā labhyas tv ananyayā  
 yasyāntaḥ-sthāni bhūtāni  
 yena sarvam idaṁ tatam

23

yatra kāle tv anāvṛttim  
 āvṛttim caiva yoginaḥ  
 prayātā yānti taṁ kālāṁ  
 vakṣyāmi bharatarṣabha

24

agnir jyotir ahaḥ śuklaḥ  
 ṣaṇ-māsā uttarāyaṇam  
 tatra prayātā gacchanti  
 brahma brahma-vido janāḥ

25

dhūmo rātris tathā kṛṣṇaḥ  
 ṣaṇ-māsā dakṣiṇāyanam  
 tatra cāndramasaṁ jyotir  
 yogī prāpya nivartate

26

śukla-kṛṣṇe gatī hy ete  
 jagataḥ śāśvate mate  
 ekayā yāty anāvṛttim  
 anyayāvartate punaḥ

27

naite sṛtī pārtha jānan  
 yogī muhyati kaścana  
 tasmāt sarveṣu kāleṣu  
 yoga-yukto bhavārjuna

28

vedeṣu yajñeṣu tapaḥsu caiva  
 dāneṣu yat puṇya-phalaṁ pradiṣṭam  
 atyeti tat sarvam idaṁ viditvā  
 yogī paraṁ sthānam upaiti cādyam

*om tat sad  
 iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyāṁ yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 tāraka-brahma-yogo nāma  
 aṣṭamo 'dhyāyaḥ*



# 9

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## RĀJA-GUHYA-YOGA

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*atha navamo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
idaṁ tu te guhya-tamaṁ  
pravakṣyāmy anasūyave  
jñānaṁ vijñāna-sahitaṁ  
yaj jñātvā mokṣyase 'śubhāt

2

rāja-vidyā rāja-guhyam  
pavitram idam uttamam  
pratyakṣāvagamaṁ dharmyam  
su-sukhaṁ kartum avyayam

3

aśraddadhānāḥ puruṣā  
 dharmasyāśya paran-tapa  
 aprāpya mām nivartante  
 mṛtyu-saṁsāra-vartmani

4

mayā tatam idaṁ sarvaṁ  
 jagad avyakta-mūrtinā  
 mat-sthāni sarva-bhūtāni  
 na cāhaṁ teṣv avasthitaḥ

5

na ca mat-sthāni bhūtāni  
 paśya me yogam aiśvaram  
 bhūta-bhṛn na ca bhūta-stho  
 mamātmā bhūta-bhāvanaḥ

6

yathākāśa-sthito nityaṁ  
 vāyuḥ sarvatra-go mahān  
 tathā sarvaṇi bhūtāni  
 mat-sthānīty upadhāraya

7

sarva-bhūtāni kaunteya  
 prakṛtiṁ yānti māmikām  
 kalpa-kṣaye punas tāni  
 kalpādau viśṛjāmy aham

8

prakṛtiṁ svām avaṣṭabhya  
visṛjāmi punaḥ punaḥ  
bhūta-grāmam imam kṛtsnam  
avaśam prakṛter vaśāt

9

na ca mām tāni karmāṇi  
nibadhnanti dhanañjaya  
udāsīna-vad āsīnam  
asaktam teṣu karmasu

10

mayādhyakṣeṇa prakṛtiḥ  
sūyate sa-carācaram  
hetunānena kaunteya  
jagad viparivartate

11

avajānanti mām mūḍhā  
mānuṣīm tanum āśritam  
param bhāvam ajānanto  
mama bhūta-maheśvaram

12

moghāśā mogha-karmāṇo  
mogha-jñānā vicetasah  
rākṣasīm āsurīm caiva  
prakṛtiṁ mohinīm śritāḥ

13

mahātmānas tu mām pārtha  
 daivīm prakṛtim āsritāḥ  
 bhajanty ananya-manaso  
 jñātvā bhūtādim avyayam

14

satataṁ kīrtayanto mām  
 yatantaś ca dṛḍha-vratāḥ  
 namasyantaś ca mām bhaktyā  
 nitya-yuktā upāsate

15

jñāna-yajñena cāpy anye  
 yajanto mām upāsate  
 ekatvena pṛthaktvena  
 bahudhā viśvato-mukham

16

aham̐ kratuṛ aham̐ yajñāḥ  
 svadhāham aham̐ auṣadham  
 mantrō 'ham aham̐ evājyam  
 aham̐ agnir aham̐ hutam

17

pitāham̐ asya jagato  
 mātā dhātā pitāmahaḥ  
 vedyaṁ pavitraṁ om̐-kāra  
 ṛk sāmā yajur eva ca

18

gatih bhartā prabhuḥ sāksī  
 nivāsaḥ śaraṇam suhṛt  
 prabhavaḥ pralayaḥ sthānam  
 nidhānam bījam avyayam

19

tapāmy aham aham varṣam  
 niḡrḥṇāmy utsrjāmi ca  
 amṛtam caiva mṛtyuś ca  
 sad asac cāham arjuna

20

trai-vidyā mām soma-pāḥ pūta-pāpā  
 yajñair iṣṭvā svar-gatiṁ prārthayante  
 te puṇyam āsādyā surendra-lokam  
 aśnanti divyān divi deva-bhogān

21

te taṁ bhuktvā svarga-lokaṁ viśālam  
 kṣīṇe puṇye martya-lokaṁ viśanti  
 evaṁ trayī-dharmam anuprapannā  
 gatāgatam kāma-kāmā labhante

22

ananyāś cintayanto mām  
 ye janāḥ paryupāsate  
 teṣāṁ nityābhilyuktānām  
 yoga-kṣemaṁ vahāmy aham

23

ye 'py anya-devatā-bhaktā  
 yajante śraddhayānvitāḥ  
 te 'pi mām eva kaunteya  
 yajanty avidhi-pūrvakam

24

aham hi sarva-yajñānām  
 bhoktā ca prabhur eva ca  
 na tu mām abhijānanti  
 tattvenātaś cyavanti te

25

yānti deva-vratā devān  
 pitṛn yānti pitṛ-vratāḥ  
 bhūtāni yānti bhūtejyā  
 yānti mad-yājino 'pi mām

26

patraṁ puṣpaṁ phalaṁ toyam  
 yo me bhaktyā prayacchati  
 tad aham bhakty-upahṛtam  
 aśnāmi prayatātmanah

27

yat karoṣi yad aśnāsi  
 yaj juhoṣi dadāsi yat  
 yat tapasyasi kaunteya  
 tat kuruṣva mad-arpaṇam

28

śubhāśubha-phalair evaṁ  
 mokṣyase karma-bandhanaiḥ  
 sannyāsa-yoga-yuktātmā  
 vimukto mām upaiśyasi

29

samo 'haṁ sarva-bhūteṣu  
 na me dveṣyo 'sti na priyaḥ  
 ye bhajanti tu mām bhaktyā  
 mayi te teṣu cāpy aham

30

apī cet su-durācāro  
 bhajate mām ananya-bhāk  
 sādthur eva sa mantavyaḥ  
 samyag vyavasito hi saḥ

31

kṣipraṁ bhavati dharmātmā  
 śāśvac-chāntiṁ nigacchati  
 kaunteya pratijānīhi  
 na me bhaktaḥ praṇaśyati

32

mām hi pārtha vyapāśritya  
 ye 'pi syuḥ pāpa-yonayaḥ  
 striyo vaiśyās tathā śūdrās  
 te 'pi yānti parām gatim

33

kiṁ punar brāhmaṇāḥ puṇyā  
 bhaktā rājarṣayas tathā  
 anityam asukhaṁ lokam  
 imaṁ prāpya bhajasva mām

34

man-manā bhava mad-bhakto  
 mad-yājī mām namaskuru  
 mām evaiṣyasi yuktvaivam  
 ātmānaṁ mat-parāyaṇaḥ

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 rāja-guhya-yogo nāma navamo 'dhyāyaḥ*



# 10

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## VIBHŪTI-YOGA

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*atha daśamo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
bhūya eva mahā-bāho  
śṛṇu me paramaṁ vacaḥ  
yat te 'haṁ prīyamāṇāya  
vakṣyāmi hita-kāmyayā

2

na me viduḥ sura-gaṇāḥ  
prabhavaṁ na maharṣayaḥ  
aham ādir hi devānāṁ  
maharṣīnāṁ ca sarvaśaḥ

3

yo mām ajam anādim ca  
vetti loka-maheśvaram  
asammūḍhaḥ sa martyeṣu  
sarva-pāpaiḥ pramucyate

4

buddhir jñānam asammohaḥ  
kṣamā satyam damaḥ śamaḥ  
sukhaṁ duḥkhaṁ bhavo 'bhāvo  
bhayaṁ cābhayaṁ eva ca

5

ahimsā samatā tuṣṭis  
tapo dānam yaśo 'yaśaḥ  
bhavanti bhāvā bhūtānām  
matta eva pṛthag-vidhāḥ

6

maharṣayaḥ sapta pūrve  
catvāro manavas tathā  
mad-bhāvā mānasā jātā  
yeṣāṁ loka imāḥ prajāḥ

7

etām vibhūtiṁ yogam ca  
mama yo vetti tattvataḥ  
so 'vikalpena yogena  
yujyate nātra saṁśayaḥ

8

aham sarvasya prabhavo  
 mattaḥ sarvaṁ pravartate  
 iti matvā bhajante mām  
 budhā bhāva-samanvitāḥ

9

mac-cittā mad-gata-prāṇā  
 bodhayantaḥ parasparam  
 kathayantaś ca mām nityaṁ  
 tuṣyanti ca ramanti ca

10

teṣāṁ satata-yuktānām  
 bhajatām prīti-pūrvakam  
 dadāmi buddhi-yogaṁ taṁ  
 yena mām upayānti te

11

teṣāṁ evānukampārtham  
 aham ajñāna-jaṁ tamaḥ  
 nāśayāmy ātma-bhāva-stho  
 jñāna-dīpena bhāsvatā

12

arjuna uvāca  
 param brahma param dhāma  
 pavitraṁ paramaṁ bhavān  
 puruṣaṁ śāśvataṁ divyam  
 ādi-devam ajaṁ vibhum

13

āhus tvām ṛṣayaḥ sarve  
 devarṣir nāradas tathā  
 asito devalo vyāsaḥ  
 svayaṁ caiva bravīṣi me

14

sarvam etad ṛtaṁ manye  
 yan mām vadasi keśava  
 na hi te bhagavan vyaktiṁ  
 vidur devā na dānavāḥ

15

svayam evātmanātmānaṁ  
 vettha tvam puruṣottama  
 bhūta-bhāvana bhūteśa  
 deva-deva jagat-pate

16

vaktum arhasy aśeṣeṇa  
 divyā hy ātma-vibhūtayaḥ  
 yābhir vibhūtibhir lokān  
 imāṁs tvam vyāpya tiṣṭhasi

17

kathaṁ vidyām ahaṁ yogiṁs  
 tvām sadā paricintayan  
 keṣu keṣu ca bhāveṣu  
 cintyo 'si bhagavan mayā

18

vistareṇātmano yogam  
 vibhūtim ca janārdana  
 bhūyaḥ kathaya tṛptir hi  
 śṛṅvato nāsti me 'mṛtam

19

śrī-bhagavān uvāca  
 hanta te kathayiṣyāmi  
 divyā hy ātma-vibhūtayaḥ  
 prādhānyataḥ kuru-śreṣṭha  
 nāsty anto vistarasya me

20

aham ātmā guḍākeśa  
 sarva-bhūtāśaya-sthitaḥ  
 aham ādiś ca madhyam ca  
 bhūtānām anta eva ca

21

ādityānām aham viṣṇur  
 jyotiṣām ravir amśumān  
 marīcir marutām asmi  
 nakṣatrāṇām aham śaśī

22

vedānām sāma-vedo 'smi  
 devānām asmi vāsavaḥ  
 indriyāṇām manaś cāsmi  
 bhūtānām asmi cetanā

23

rudrāṇām śaṅkaraś cāsmi  
 vitteśo yakṣa-rakṣasām  
 vasūnām pāvakaś cāsmi  
 meruḥ śikhariṇām aham

24

purodhasām ca mukhyaṁ mām  
 viddhi pārtha bṛhaspatim  
 senānīnām ahaṁ skandaḥ  
 sarasām asmi sāgaraḥ

25

maharṣīṇām bhṛgur ahaṁ  
 girām asmy ekam akṣaram  
 yajñānām japa-yajño 'smi  
 sthāvarāṇām himālayaḥ

26

aśvatthaḥ sarva-vṛkṣāṇām  
 devarṣīṇām ca nāradaḥ  
 gandharvāṇām citrarathaḥ  
 siddhānām kapilo muniḥ

27

uccaiḥśravasam aśvānām  
 viddhi mām amṛtodbhavam  
 airāvataṁ gajendrāṇām  
 narāṇām ca narādhipam

28

āyudhānām ahaṁ vajraṁ  
 dhenūnām asmi kāmadhuk  
 prajānaś cāsmi kandarpaḥ  
 sarpāṇām asmi vāsukiḥ

29

anantaś cāsmi nāgānām  
 varuṇo yādasām aham  
 pitṛṇām aryamā cāsmi  
 yamaḥ saṁyamātām aham

30

prahlādaś cāsmi daityānām  
 kālaḥ kalayatām aham  
 mṛgāṇām ca mṛgendro 'haṁ  
 vainateyaś ca pakṣiṇām

31

pavanaḥ pavatām asmi  
 rāmaḥ śastra-bhṛtām aham  
 jhaṣāṇām makaraś cāsmi  
 srotasām asmi jāhnavī

32

sargāṇām ādir antaś ca  
 madhyaṁ caivāham arjuna  
 adhyātma-vidyā vidyānām  
 vādaḥ pravadatām aham

33

akṣarāṇām a-kāro 'smi  
 dvandvaḥ sāmāsikasya ca  
 aham evākṣayaḥ kālo  
 dhātāham viśvato-mukhaḥ

34

mṛtyuḥ sarva-haraś cāham  
 udbhavaś ca bhaviṣyatām  
 kīrtiḥ śrīr vāk ca nārīṇām  
 smṛtir medhā dhṛtiḥ kṣamā

35

bṛhat-sāma tathā sāmnam  
 gāyatrī chandasām aham  
 māsānām mārگاśīrṣo 'ham  
 ṛtūnām kusumākaraḥ

36

dyūtaṁ chalayatām asmi  
 tejas tejasvinām aham  
 jayo 'smi vyavasāyo 'smi  
 sattvaṁ sattvavatām aham

37

vṛṣṇīnām vāsudevo 'smi  
 pāṇḍavānām dhanañjayaḥ  
 munīnām apy aham vyāsaḥ  
 kavīnām uśanā kaviḥ

38

daṇḍo damayatām asmi  
 nītir asmi jigīṣatām  
 maunaṁ caivāsmi guhyānām  
 jñānaṁ jñānavatām aham

39

yac cāpi sarva-bhūtānām  
 bījaṁ tad aham arjuna  
 na tad asti vinā yat syān  
 mayā bhūtaṁ carācaram

40

nānto 'sti mama divyānām  
 vibhūtīnām paran-tapa  
 eṣa tūddeśataḥ prokto  
 vibhūter vistaro mayā

41

yad yad vibhūtimat sattvaṁ  
 śrīmad ūrjitam eva vā  
 tat tad evāvagaccha tvaṁ  
 mama tejo-'mśa-sambhavam

42

atha vā bahunaitena  
 kiṁ jñātena tavārjuna  
 viṣṭabhyāham idaṁ kṛtsnam  
 ekāmśena sthito jagat

*om tat sad*  
*iti śrīmad-bhagavad-gītāsūpaniṣatsu*  
*brahma-vidyāyāṁ yoga-śāstre*  
*śrī-kṛṣṇārjuna-saṁvāde*  
*vibhūti-yogo nāma daśamo 'dhyāyaḥ*



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VIŚVA-RŪPA-DARŚANA-YOGA

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*athaikādaśo 'dhyāyaḥ*

1

arjuna uvāca  
mad-anugrahāya paramaṁ  
guhyam adhyātma-saṁjñitam  
yat tvayoktaṁ vacas tena  
moho 'yaṁ vigato mama

2

bhavāpyayau hi bhūtānām  
śrutau vistaraśo mayā  
tvattaḥ kamala-patrākṣa  
māhātmyam api cāvyayam

3

evam etad yathāttha tvam  
 ātmānaṃ parameśvara  
 draṣṭum icchāmi te rūpam  
 aiśvaraṃ puruṣottama

4

manyase yadi tac chakyaṃ  
 mayā draṣṭum iti prabho  
 yogeśvara tato me tvam  
 darśayātmānam avyayam

5

śrī-bhagavān uvāca  
 paśya me pārtha rūpāṇi  
 śataśo 'tha sahasraśaḥ  
 nānā-vidhāni divyāni  
 nānā-varṇākṛtīni ca

6

paśyādityān vasūn rudrān  
 aśvinau marutas tathā  
 bahūny adṛṣṭa-pūrvāṇi  
 paśyāścaryāṇi bhārata

7

ihaika-sthaṃ jagat kṛtsnam  
 paśyādya sa-carācaram  
 mama dehe guḍākeśa  
 yac cānyad draṣṭum icchasi

8

na tu mām śakyase draṣṭum  
 anenaiva sva-cakṣuṣā  
 divyaṁ dadāmi te cakṣuḥ  
 paśya me yogam aiśvaram

9

sañjaya uvāca  
 evam uktvā tato rājan  
 mahā-yogeśvaro hariḥ  
 darśayām āsa pārthāya  
 paramaṁ rūpam aiśvaram

10

aneka-vaktra-nayanam  
 anakādbhuta-darśanam  
 aneka-divyābharaṇaṁ  
 divyānekodyatāyudham

11

divya-mālyāmbara-dharaṁ  
 divya-gandhānulepanam  
 sarvāścarya-mayaṁ devam  
 anantaṁ viśvato-mukham

12

divi sūrya-sahasrasya  
 bhaved yugapad utthitā  
 yadi bhāḥ sadṛśī sā syād  
 bhāsas tasya mahātmanaḥ

13

tatraika-stham jagat kṛtsnam  
 pravibhaktam anekadhā  
 apaśyad deva-devasya  
 śarīre pāṇḍavas tadā

14

tataḥ sa vismayāviṣṭo  
 hr̥ṣṭa-romā dhanañjayaḥ  
 praṇamya śirasā devaṃ  
 kṛtāñjalir abhāṣata

15

arjuna uvāca  
 paśyāmi devāms tava deva dehe  
 sarvāms tathā bhūta-viśeṣa-saṅghān  
 brahmāṇam īsaṃ kamalāsana-stham  
 ṛṣimś ca sarvān uragāmś ca divyān

16

aneka-bāhūdara-vaktra-netraṃ  
 paśyāmi tvāṃ sarvato 'nanta-rūpam  
 nāntaṃ na madhyaṃ na punas tavādim  
 paśyāmi viśveśvara viśva-rūpa

17

kirīṭinaṃ gadināṃ cakriṇāṃ ca  
 tejo-rāśim sarvato dīptimantam  
 paśyāmi tvāṃ durnirikṣyaṃ samantād  
 dīptānalārka-dyutim aprameyam

18

tvam akṣaram paramaṁ veditavyam  
 tvam asya viśvasya param nidhānam  
 tvam avyayaḥ śāśvata-dharma-goṭā  
 sanātanas tvam puruṣo mato me

19

anādi-madhyāntam ananta-vīryam  
 ananta-bāhum śāsi-sūrya-netram  
 paśyāmi tvām dīpta-hutāśa-vaktram  
 sva-tejasā viśvam idam tapantam

20

dyāv ā-prṥthivyor idam antaram hi  
 vyāptam tvayaikena diśas ca sarvāḥ  
 drṣṭvādbhutam rūpam ugram tavedam  
 loka-trayam pravyathitam mahātman

21

amī hi tvām sura-saṅghā viśanti  
 kecid bhītāḥ prāñjalayo gṛṇanti  
 svastīty uktvā maharṣi-siddha-saṅghāḥ  
 stuvanti tvām stutibhiḥ puṣkalābhiḥ

22

rudrādityā vasavo ye ca sādhyā  
 viśve 'śvinau marutaś coṣmapās ca  
 gandharva-yakṣāsura-siddha-saṅghā  
 vīkṣante tvām vismitās caiva sarve

23

rūpaṃ mahat te bahu-vakra-netraṃ  
 mahā-bāho bahu-bāhūru-pādam  
 bahūdaraṃ bahu-daṃṣṭrā-karālaṃ  
 dṛṣṭvā lokāḥ pravvyathitās tathāham

24

nabhaḥ-sprśaṃ dīptam aneka-varṇaṃ  
 vyāttānaṃ dīpta-viśāla-netraṃ  
 dṛṣṭvā hi tvāṃ pravvyathitāntar-ātmā  
 dhṛtiṃ na vindāmi śamaṃ ca viṣṇo

25

daṃṣṭrā-karālāni ca te mukhāni  
 dṛṣṭvaiva kālānala-sannibhāni  
 diśo na jāne na labhe ca śarma  
 prasīda deveśa jagan-nivāsa

26

amī ca tvāṃ dhṛtarāṣṭrasya putrāḥ  
 sarve sahaivāvani-pāla-saṅghaiḥ  
 bhīṣmo droṇaḥ sūta-putras tathāsau  
 sahāsmadīyair api yodha-mukhyaiḥ

27

vaktrāṇi te tvaramāṇā viśanti  
 daṃṣṭrā-karālāni bhayānakāni  
 kecid vilagnā daśanāntareṣu  
 sandṛśyante cūrṇitair uttamāṅgaiḥ

28

yathā nadīnām bahavo 'mbu-vegāḥ  
 samudram evābhimukhā dravanti  
 tathā tavāmī nara-loka-vīrā  
 viśanti vaktrāṅy abhivijvalanti

29

yathā pradīptaṁ jvalanaṁ pataṅgā  
 viśanti nāśāya samṛddha-vegāḥ  
 tathaiva nāśāya viśanti lokās  
 tavāpi vaktrāṇi samṛddha-vegāḥ

30

lelihyase grasamānaḥ samantāl  
 lokān samagrān vadanair jvaladbhiḥ  
 tejobhir āpūrya jagat samagram  
 bhāsas tavogrāḥ pratapanti viṣṇo

31

ākhyāhi me ko bhavān ugra-rūpo  
 namo 'stu te deva-vara prasīda  
 vijñātum icchāmi bhavantam ādyaṁ  
 na hi prajānāmi tava pravṛttim

32

śrī-bhagavān uvāca  
 kālo 'smi loka-kṣaya-kṛt pravṛddho  
 lokān samāhartum iha pravṛttaḥ  
 ṛte 'pi tvām na bhaviṣyanti sarve  
 ye 'vasthitāḥ praty-anīkeṣu yodhāḥ

33

tasmāt tvam uttiṣṭha yaśo labhasva  
 jītvā śatrūn bhuñkṣva rājyaṁ samṛddham  
 mayaivaite nihataḥ pūrvam eva  
 nimitta-mātraṁ bhava savya-sācin

34

dronaṁ ca bhīṣmaṁ ca jayadrathaṁ ca  
 karṇaṁ tathānyān api yodha-vīrān  
 mayā hatāns tvam jahi mā vyatiṣṭhā  
 yudhyasva jetāsi raṇe sapatnān

35

sañjaya uvāca  
 etac chrutvā vacanaṁ keśavasya  
 kṛtāñjalir vepamānaḥ kirītī  
 namaskṛtvā bhūya evāha kṛṣṇaṁ  
 sa-gadgadaṁ bhīta-bhītaḥ praṇamya

36

arjuna uvāca  
 sthāne hr̥ṣīkeśa tava prakīrtyā  
 jagat prahr̥ṣyaty anurajyate ca  
 rakṣāmsi bhītāni diśo dravanti  
 sarve namasyanti ca siddha-saṅghāḥ

37

kasmāc ca te na nameran mahātman  
 garīyase brahmaṇo 'py ādi-kartre  
 ananta deveśa jagan-nivāsa  
 tvam akṣaram sad asat tat param yat

38

tvam ādi-devaḥ puruṣaḥ purāṇas  
 tvam asya viśvasya param nidhānam  
 vettāsi vedyam ca param ca dhāma  
 tvayā tataṁ viśvam ananta-rūpa

39

vāyur yamo 'gnir varuṇaḥ śaśāṅkaḥ  
 prajā-patis tvam prapitāmahaś ca  
 namo namas te 'stu sahasra-kṛtvaḥ  
 punaś ca bhūyo 'pi namo namas te

40

namaḥ purastād atha pṛṣṭhataḥ te  
 namo 'stu te sarvata eva sarva  
 ananta-vīryāmita-vikramas tvam  
 sarvaṁ samāpnoṣi tato 'si sarvaḥ

41

sakheti matvā prasabham yad uktaṁ  
 he kṛṣṇa he yādava he sakheti  
 ajānatā mahimānam tavedaṁ  
 mayā pramādāt praṇayena vāpi

42

yac cāvahāsārtham asat-kr̥to 'si  
 vihāra-śayyāsana-bhojaneṣu  
 eko 'tha vāpy acyuta tat-samakṣam  
 tat kṣāmaye tvām aham aprameyam

43

pitāsi lokasya carācarasya  
 tvam asya pūjyaś ca gurur garīyān  
 na tvat-samo 'sty abhyadhikaḥ kuto 'nyo  
 loka-traye 'py apratima-prabhāva

44

tasmāt praṇamya praṇidhāya kāyam  
 prasādaye tvām aham īsam īdyaṃ  
 piteva putrasya sakheva sakhyuḥ  
 priyaḥ priyāyārhasi deva soḍhum

45

adr̥ṣṭa-pūrvam hr̥ṣito 'smi dr̥ṣṭvā  
 bhayena ca pravayathitam mano me  
 tad eva me darśaya deva rūpaṃ  
 prasīda deveśa jagan-nivāsa

46

kirīṭinaṃ gadinam cakra-hastam  
 icchāmi tvām draṣṭum aham tathaiva  
 tenaiva rūpeṇa catur-bhujena  
 sahasra-bāho bhava viśva-mūrte

47

śrī-bhagavān uvāca  
 mayā prasannena tavārjunedaṁ  
 rūpaṁ paraṁ darśitam ātma-yogāt  
 tejo-mayaṁ viśvam anantam ādyaṁ  
 yan me tvad anyena na dṛṣṭa-pūrvam

48

na veda-yajñādhyayanair na dānair  
 na ca kriyābhir na tapobhir ugraiḥ  
 evaṁ-rūpaḥ śakya ahaṁ nṛ-loke  
 draṣṭuṁ tvad anyena kuru-pravīra

49

mā te vyathā mā ca vimūḍha-bhāvo  
 dṛṣṭvā rūpaṁ ghoram īdṛṅ mamedam  
 vyapeta-bhīḥ prīta-manāḥ punas tvaṁ  
 tad eva me rūpam idaṁ prapaśya

50

sañjaya uvāca  
 ity arjunaṁ vāsudevas tathoktvā  
 svakaṁ rūpaṁ darśayām āsa bhūyaḥ  
 āśvāsayām āsa ca bhītam enaṁ  
 bhūtvā punaḥ saumya-vapur mahātmā

51

arjuna uvāca  
 dr̥ṣṭvedaṁ mānuṣaṁ rūpaṁ  
 tava saumyaṁ janārdana  
 idānīm asmi saṁvṛttaḥ  
 sa-cetāḥ prakṛtiṁ gataḥ

52

śrī-bhagavān uvāca  
 su-durdarśam idaṁ rūpaṁ  
 dr̥ṣṭavān asi yan mama  
 devā apy asya rūpasya  
 nityaṁ darśana-kāṅkṣiṇaḥ

53

nāhaṁ vedair na tapasā  
 na dānena na cejyayā  
 śakya evaṁ-vidho draṣṭuṁ  
 dr̥ṣṭavān asi mām yathā

54

bhaktyā tv ananyayā śakya  
 aham evaṁ-vidho 'rjuna  
 jñātuṁ draṣṭuṁ ca tattvena  
 praveṣṭuṁ ca paran-tapa

55

mat-karma-kṛṇ mat-paramo  
mad-bhaktaḥ saṅga-varjitaḥ  
nirvairaḥ sarva-bhūteṣu  
yaḥ sa mām eti pāṇḍava

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-saṁvāde  
viśva-rūpa-darśana-yogo nāma  
ekādaśo 'dhyāyaḥ*



# 12

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## BHAKTI-YOGA

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*atha dvādaśo 'dhyāyaḥ*

1

arjuna uvāca  
evam̐ satata-yuktā ye  
bhaktās tvām̐ paryupāsate  
ye cāpy akṣaram̐ avyaktam̐  
teṣām̐ ke yoga-vittamāḥ

2

śrī-bhagavān uvāca  
mayy āveśya mano ye mām̐  
nitya-yuktā upāsate  
śraddhayā parayopetās  
te me yukta-tamā matāḥ

3

ye tv akṣaram anirdeśyam  
 avyaktaṁ paryupāsate  
 sarvatra-gam acintyaṁ ca  
 kūṭa-stham acalaṁ dhruvam

4

sanniyamyendriya-grāmam  
 sarvatra sama-buddhayaḥ  
 te prāpnuvanti mām eva  
 sarva-bhūta-hite ratāḥ

5

kleśo 'dhika-taras teṣām  
 avyaktāsakta-cetasām  
 avyaktā hi gatir duḥkham  
 dehavadbhir avāpyate

6

ye tu sarvāṇi karmāṇi  
 mayi sannyasya mat-parāḥ  
 ananyenaiva yogena  
 mām dhyāyanta upāsate

7

teṣām ahaṁ samuddhartā  
 mṛtyu-saṁsāra-sāgarāt  
 bhavāmi na cirāt pārtha  
 mayy āveśita-cetasām

8

mayy eva mana ādhatsva  
 mayi buddhim niveśaya  
 nivasiṣyasi mayy eva  
 ata ūrdhvaṁ na saṁśayaḥ

9

atha cittam samādhātum  
 na śaknoṣi mayi sthiram  
 abhyāsa-yogena tato  
 mām icchāptum dhanañjaya

10

abhyāse 'py asamartho 'si  
 mat-karma-paramo bhava  
 mad-artham api karmāṇi  
 kurvan siddhim avāpsyasi

11

athaitad apy aśakto 'si  
 kartum mad-yogam āśritaḥ  
 sarva-karma-phala-tyāgam  
 tataḥ kuru yatātmavān

12

śreyo hi jñānam abhyāsāj  
 jñānād dhyānam viśiṣyate  
 dhyānāt karma-phala-tyāgas  
 tyāgāc chāntir anantaram

13

adveṣṭā sarva-bhūtānām  
 maitraḥ karuṇa eva ca  
 nirmamo nirahaṅkāraḥ  
 sama-duḥkha-sukhaḥ kṣamī

14

santuṣṭaḥ satataṁ yogī  
 yatātmā dṛḍha-niścayaḥ  
 mayy arpita-mano-buddhir  
 yo mad-bhaktaḥ sa me priyaḥ

15

yasmān nodvijate loko  
 lokān nodvijate ca yaḥ  
 harṣāmarṣa-bhayodvegair  
 mukto yaḥ sa ca me priyaḥ

16

anapekṣaḥ śucir dakṣa  
 udāsīno gata-vyathaḥ  
 sarvārambha-parityāgī  
 yo mad-bhaktaḥ sa me priyaḥ

17

yo na hr̥ṣyati na dveṣṭi  
 na śocati na kāṅkṣati  
 śubhāśubha-parityāgī  
 bhaktimān yaḥ sa me priyaḥ

18

samaḥ śatrau ca mitre ca  
 tathā mānāpamānayoh  
 śītoṣṇa-sukha-duḥkheṣu  
 samaḥ saṅga-vivarjitaḥ

19

tulya-nindā-stutir maunī  
 santuṣṭo yena kenacit  
 aniketaḥ sthira-matir  
 bhaktimān me priyo naraḥ

20

ye tu dharmāmṛtam idaṁ  
 yathoktaṁ paryupāsate  
 śraddadhānā mat-paramā  
 bhaktās te 'tīva me priyāḥ

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 bhakti-yogo nāma dvādaśo 'dhyāyaḥ*



# 13

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## PRAKṚTI-PURUṢA-VIVEKA-YOGA

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*atha trayodaśo 'dhyāyaḥ*

1

arjuna uvāca  
prakṛtiṁ puruṣaṁ caiva  
kṣetraṁ kṣetra-jñam eva ca  
etaḍ veditum icchāmi  
jñānaṁ jñeyaṁ ca keśava

2

śrī-bhagavān uvāca  
idaṁ śarīraṁ kaunteya  
kṣetraṁ ity abhidhīyate  
etaḍ yo vetti taṁ prāhuḥ  
kṣetra-jña ity tad-vidaḥ

3  
 kṣetra-jñāṁ cāpi mām viddhi  
 sarva-kṣetreṣu bhārata  
 kṣetra-kṣetrajñāyor jñānaṁ  
 yat taj jñānaṁ mataṁ mama

4  
 tat kṣetraṁ yac ca yādṛk ca  
 yad-vikāri yataś ca yat  
 sa ca yo yat-prabhāvaś ca  
 tat samāsenā me śṛṇu

5  
 ṛṣibhir bahudhā gītaṁ  
 chandobhir vividhaiḥ pṛthak  
 brahma-sūtra-padaś caiva  
 hetumadbhir viniścitaiḥ

6  
 mahā-bhūtāny ahaṅkāro  
 buddhir avyaktam eva ca  
 indriyāṇi daśaikam ca  
 pañca cendriya-gocarāḥ

7  
 icchā dveṣaḥ sukhaṁ duḥkhaṁ  
 saṅghātaś cetanā dhṛtiḥ  
 etat kṣetraṁ samāsenā  
 sa-vikāram udāhṛtam

8

amānitvam adambhitvam  
 ahimsā kṣāntir ārjavam  
 ācāryopāsanam śaucam  
 sthairyam ātma-vinigrahaḥ

9

indriyārtheṣu vairāgyam  
 anahaṅkāra eva ca  
 janma-mṛtyu-jarā-vyādhi-  
 duḥkha-doṣānudarśanam

10

asaktir anabhiṣvaṅgaḥ  
 putra-dāra-grhādiṣu  
 nityam ca sama-cittatvam  
 iṣṭāniṣṭopapattiṣu

11

mayi cānanya-yogena  
 bhaktir avyabhicāriṇī  
 vivikta-deśa-sevitvam  
 aratir jana-saṁsadi

12

adhyātma-jñāna-nityatvam  
 tattva-jñānārtha-darśanam  
 etaj jñānam iti proktam  
 ajñānam yad ato 'nyathā

13

jñeyam yat tat pravakṣyāmi  
 yaj jñātvāmṛtam aśnute  
 anādi mat-param brahma  
 na sat tan nāsad ucyate

14

sarvataḥ pāṇi-pādam tat  
 sarvato 'kṣi-śiro-mukham  
 sarvataḥ śrutimal loka  
 sarvam āvṛtya tiṣṭhati

15

sarvendriya-guṇābhāsam  
 sarvendriya-vivarjitam  
 asaktam sarva-bhṛc caiva  
 nirguṇam guṇa-bhokṭṛ ca

16

bahir antaś ca bhūtānām  
 acaram caram eva ca  
 sūkṣmatvāt tad avijñeyam  
 dūra-stham cāntike ca tat

17

avibhaktam ca bhūteṣu  
 vibhaktam iva ca sthitam  
 bhūta-bhartṛ ca taj jñeyam  
 grasiṣṇu prabhaviṣṇu ca

18

jyotiṣām api taj jyotis  
 tamasaḥ param ucyate  
 jñānaṁ jñeyaṁ jñāna-gamyam  
 hr̥di sarvasya viṣṭhitam

19

iti kṣetraṁ tathā jñānaṁ  
 jñeyaṁ coktaṁ samāsataḥ  
 mad-bhakta etad vijñāya  
 mad-bhāvāyopapadyate

20

prakṛtiṁ puruṣam caiva  
 viddhy anādī ubhāv api  
 vikārāmś ca guṇāmś caiva  
 viddhi prakṛti-sambhavān

21

kārya-kāraṇa-kartṛtve  
 hetuḥ prakṛtir ucyate  
 puruṣaḥ sukha-duḥkhānām  
 bhoktṛtve hetur ucyate

22

puruṣaḥ prakṛti-stho hi  
 bhunkte prakṛti-jān guṇān  
 kāraṇam guṇa-saṅgo 'sya  
 sad-asad-yoni-janmasu

23

upadraṣṭānumantā ca  
 bhartā bhoktā maheśvaraḥ  
 paramātmēti cāpy ukto  
 dehe 'smin puruṣaḥ paraḥ

24

ya evaṁ vetti puruṣam  
 prakṛtiṁ ca guṇaiḥ saha  
 sarvathā vartamāno 'pi  
 na sa bhūyo 'bhijāyate

25

dhyānenātmani paśyanti  
 kecid ātmānam ātmanā  
 anye sāṅkhyena yogena  
 karma-yogena cāpare

26

anye tv evam ajānantaḥ  
 śrutvānyebhya upāsate  
 te 'pi cātitaranty eva  
 mṛtyum śruti-parāyaṇāḥ

27

yāvat sañjāyate kiñcit  
 sattvaṁ sthāvara-jaṅgamam  
 kṣetra-kṣetrajña-samyogāt  
 tad viddhi bhatararṣabha

28

samaṁ sarveṣu bhūteṣu  
 tiṣṭhantaṁ parameśvaram  
 vinaśyatsv avinaśyantaṁ  
 yaḥ paśyati sa paśyati

29

samaṁ paśyan hi sarvatra  
 samavasthitam īśvaram  
 na hinasty ātmanātmānaṁ  
 tato yāti parāṁ gatim

30

prakṛtyaiva ca karmāṇi  
 kriyamāṇāni sarvaśaḥ  
 yaḥ paśyati tathātmānam  
 akartāraṁ sa paśyati

31

yadā bhūta-prṥthag-bhāvam  
 eka-stham anupaśyati  
 tata eva ca vistāraṁ  
 brahma sampadyate tadā

32

anāditvān nirguṇatvāt  
 paramātmāyam avyayaḥ  
 śarīra-stho 'pi kaunteya  
 na karoti na lipyate

33

yathā sarva-gataṁ saukṣmyād  
ākāśaṁ nopalipyate  
sarvatrāvasthito dehe  
tathātmā nopalipyate

34

yathā prakāśayaty ekaḥ  
kṛtsnaṁ lokam imaṁ raviḥ  
kṣetraṁ kṣetrī tathā kṛtsnaṁ  
prakāśayati bhārata

35

kṣetra-kṣetrajñayor evam  
antaram jñāna-cakṣuṣā  
bhūta-prakṛti-mokṣaṁ ca  
ye vidur yānti te param

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-saṁvāde  
prakṛti-puruṣa-viveka-yogo nāma  
trayodaśo 'dhyāyaḥ*



# 14

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## GUṆA-TRAYA-VIBHĀGA-YOGA

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*atha caturdaśo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
param bhūyaḥ pravakṣyāmi  
jñānānām jñānam uttamam  
yaj jñātvā munayaḥ sarve  
parām siddhim ito gatāḥ

2

idaṁ jñānam upāśritya  
mama sādharṁyam āgatāḥ  
sarge 'pi nopajāyante  
pralaye na vyathanti ca

3

mama yonir mahad brahma  
 tasmin garbham dadhāmy aham  
 sambhavaḥ sarva-bhūtānām  
 tato bhavati bhārata

4

sarva-yoniṣu kaunteya  
 mūrtayaḥ sambhavanti yāḥ  
 tāsām brahma mahad yonir  
 aham bija-pradaḥ pitā

5

sattvaṁ rajas tama iti  
 guṇāḥ prakṛti-sambhavāḥ  
 nibadhnanti mahā-bāho  
 dehe dehinam avyayam

6

tatra sattvaṁ nirmalatvāt  
 prakāśakam anāmayam  
 sukha-saṅgena badhnāti  
 jñāna-saṅgena cānagha

7

rajo rāgātmakam viddhi  
 tṛṣṇā-saṅga-samudbhavam  
 tan nibadhnāti kaunteya  
 karma-saṅgena dehinam

8

tamas tv ajñāna-jaṁ viddhi  
 mohanam sarva-dehinām  
 pramādālasya-nidrābhis  
 tan nibadhnāti bhārata

9

sattvaṁ sukhe sañjayati  
 rajaḥ karmaṇi bhārata  
 jñānam āvṛtya tu tamaḥ  
 pramāde sañjayaty uta

10

rajas tamaś cābhibhūya  
 sattvaṁ bhavati bhārata  
 rajaḥ sattvaṁ tamaś caiva  
 tamaḥ sattvaṁ rajas tathā

11

sarva-dvāreṣu dehe 'smin  
 prakāśa upajāyate  
 jñānam yadā tadā vidyād  
 vivṛddham sattvam ity uta

12

lobhaḥ pravṛttir ārambhaḥ  
 karmaṇām aśamaḥ sprhā  
 rajasy etāni jāyante  
 vivṛddhe bharatarṣabha

13

aparakāśo 'pravṛttiś ca  
 pramādo moha eva ca  
 tamasy etāni jāyante  
 vivṛddhe kuru-nandana

14

yadā sattve pravṛddhe tu  
 pralayaṃ yāti deha-bhṛt  
 tadottama-vidāṃ lokān  
 amalān pratipadyate

15

rajasi pralayaṃ gatvā  
 karma-saṅgiṣu jāyate  
 tathā pralīnas tamasi  
 mūḍha-yoniṣu jāyate

16

karmaṇaḥ sukṛtasyāhuḥ  
 sāttvikam nirmalam phalam  
 rajaso tu phalam duḥkham  
 ajñānam tamasah phalam

17

sattvāt sañjāyate jñānam  
 rajaso lobha eva ca  
 pramāda-mohau tamaso  
 bhavato 'jñānam eva ca

18

ūrdhvaṃ gacchanti sattva-sthā  
 madhye tiṣṭhanti rājasāḥ  
 jaghanya-guṇa-vṛtti-sthā  
 adho gacchanti tāmasāḥ

19

nānyaṃ guṇebhyaḥ kartāraṃ  
 yadā draṣṭānupaśyati  
 guṇebhyaś ca paraṃ vetti  
 mad-bhāvaṃ so 'dhigacchati

20

guṇān etān atītya trīn  
 dehī deha-samudbhavān  
 janma-mṛtyu-jarā-duḥkhair  
 vimukto 'mṛtam aśnute

21

arjuna uvāca  
 kair liṅgais trīn guṇān etān  
 atīto bhavati prabho  
 kim ācāraḥ katham caitāms  
 trīn guṇān ativartate

22

śrī-bhagavān uvāca  
prakāśaṁ ca pravṛttiṁ ca  
moham eva ca pāṇḍava  
na dveṣṭi sampravṛttāni  
na nivṛttāni kāṅkṣati

23

udāsīna-vad āsīno  
guṇair yo na vicālyate  
guṇā vartanta ity evaṁ  
yo 'vatiṣṭhati neṅgate

24

sama-duḥkha-sukhaḥ sva-sthaḥ  
sama-loṣṭrāśma-kāñcanaḥ  
tulya-priyāpriyo dhīras  
tulya-nindātma-saṁstutiḥ

25

mānāpamānayos tulyas  
tulyo mitrāri-pakṣayoḥ  
sarvārambha-parityāgī  
guṇātītaḥ sa ucyate

26

mām ca yo 'vyabhicāreṇa  
bhakti-yogena sevate  
sa guṇān samatītyaitān  
brahma-bhūyāya kalpate

27

brahmaṇo hi pratiṣṭhāham  
amṛtasyāvyayasya ca  
śāśvatasya ca dharmasya  
sukhasyaikāntikasya ca

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-saṁvāde  
guṇa-traya-vibhāga-yoga nāma  
caturdaśo 'dhyāyaḥ*



# 15

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## PURUṢOTTAMA-YOGA

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*atha pañcadaśo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
ūrdhva-mūlam adhaḥ-śākhā  
aśvattham prāhur avyayam  
chandāmsi yasya parṇāni  
yas taṁ veda sa veda-vit

2

adhaś cordhvaṁ prasṛtās tasya śākhā  
guṇa-pravṛddhā viṣaya-pravālāḥ  
adhaś ca mūlāny anusantatāni  
karmānubandhīni manuṣya-loke

3

na rūpam asyeha tathopalabhyate  
 nānto na cādir na ca sampratiṣṭhā  
 aśvattham enam suvirūḍha-mūlam  
 asaṅga-śastreṇa dṛḍhena chittvā

4

tataḥ padam tat parimārgitavyam  
 yasmin gatā na nivartanti bhūyaḥ  
 tam eva cādyaṁ puruṣam prapadye  
 yataḥ pravṛtṭiḥ prasṛtā purānī

5

nirmāna-mohā jita-saṅga-doṣā  
 adhyātma-nityā vinivṛtta-kāmāḥ  
 dvandvair vimuktāḥ sukha-duḥkha-samjñair  
 gacchanty amūḍhāḥ padam avyayaṁ tat

6

na tad bhāsayate sūryo  
 na śāsāṅko na pāvakaḥ  
 yad gatvā na nivartante  
 tad dhāma paramaṁ mama

7

mamaivāṁśo jīva-loke  
 jīva-bhūtaḥ sanātanah  
 manaḥ-ṣaṣṭhānīndriyāṇi  
 prakṛti-sthāni karṣati

8

śarīram yad avāpnoti  
 yac cāpy utkrāmatīśvaraḥ  
 gṛhītvaitāni saṁyāti  
 vāyur gandhān ivāśayāt

9

śrotram cakṣuḥ sparśanam ca  
 rasanam ghrāṇam eva ca  
 adhiṣṭhāya manaś cāyam  
 viṣayān upasevate

10

utkrāmantaṁ sthitaṁ vāpi  
 bhuñjanaṁ vā guṇānvitam  
 vimūḍhā nānupaśyanti  
 paśyanti jñāna-cakṣuṣaḥ

11

yatanto yoginaś cainaṁ  
 paśyanty ātmany avasthitam  
 yatanto 'py akṛtātmāno  
 nainaṁ paśyanty acetasaḥ

12

yad āditya-gataṁ tejo  
 jagad bhāsayate 'khilam  
 yac candramasi yac cāgnau  
 tat tejo viddhi māmakam

13

gām āviśya ca bhūtāni  
 dhārayāmy aham ojasā  
 puṣṇāmi cauṣadhīḥ sarvāḥ  
 somo bhūtvā rasātmakaḥ

14

aham vaiśvānaro bhūtvā  
 prāṇinām deham āśritaḥ  
 prāṇāpāna-samāyuktaḥ  
 pacāmy annam catur-vidham

15

sarvasya cāham ḥṛdi sanniviṣṭo  
 mattaḥ smṛtir jñānam apohanam ca  
 vedaiś ca sarvair aham eva vedyo  
 vedānta-kṛd veda-vid eva cāham

16

dvāv imau puruṣau loke  
 kṣaraś cākṣara eva ca  
 kṣaraḥ sarvāṇi bhūtāni  
 kūṭa-stho 'kṣara ucyate

17

uttamaḥ puruṣas tv anyaḥ  
 paramātmety udāhṛtaḥ  
 yo loka-trayam āviśya  
 bibharty avyaya īśvaraḥ

18

yasmāt kṣaram atīto 'ham  
akṣarād api cottamaḥ  
ato 'smi loke vede ca  
prathitaḥ puruṣottamaḥ

19

yo mām evam asammūḍho  
jānāti puruṣottamam  
sa sarva-vid bhajati mām  
sarva-bhāvena bhārata

20

iti guhya-tamaṁ śāstram  
idam uktaṁ mayānagha  
etad buddhvā buddhimān syāt  
kṛta-kṛtyaś ca bhārata

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-s amvāde  
puruṣottama-yogo nāma  
pañcadaśo 'dhyāyaḥ*

# 16

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## DAIVĀSURA-SAMPAD- VIBHĀGA-YOGA

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*atha ṣoḍaśo 'dhyāyaḥ*

1

śrī-bhagavān uvāca  
abhayaṁ sattva-saṁśuddhir  
jñāna-yoga-vyavasthitih  
dānaṁ damaś ca yajñaś ca  
svādhyāyas tapa ārjavam

2

ahiṁsā satyam akrodhas  
tyāgaḥ śāntir apaiśunam  
dayā bhūteṣv aloluptvaṁ  
mārdavaṁ hrīr acāpalam

3

tejaḥ kṣamā dhṛtiḥ śaucam  
 adroho nāti-mānitā  
 bhavanti sampadaṁ daivīm  
 abhijātasya bhārata

4

dambho darpo 'bhimānaś ca  
 krodhaḥ pārūṣyam eva ca  
 ajñānaṁ cābhijātasya  
 pārtha sampadam āsurīm

5

daivī sampad vimokṣāya  
 nibandhāyāsuri matā  
 mā śucaḥ sampadaṁ daivīm  
 abhijāto 'si pāṇḍava

6

dvau bhūta-sargau loke 'smin  
 daiva āsura eva ca  
 daivo vistaraśaḥ prokta  
 āsuram pārtha me śṛṇu

7

pravṛttiṁ ca nivṛttiṁ ca  
 janā na vidur āsurāḥ  
 na śaucam nāpi cācāro  
 na satyam teṣu vidyate

8

asatyam apratiṣṭham te  
 jagad āhur anīśvaram  
 aparaspara-sambhūtam  
 kim anyat kāma-haitukam

9

etām dṛṣṭim avaṣṭabhya  
 naṣṭātmāno 'lpa-buddhayaḥ  
 prabhavanty ugra-karmāṇaḥ  
 kṣayāya jagato 'hitāḥ

10

kāmam āśritya duṣpūram  
 dambha-māna-madānvitāḥ  
 mohād gṛhītvāsad-grāhān  
 pravartante 'śuci-vratāḥ

11

cintām aparimeyām ca  
 pralayāntām upāśritāḥ  
 kāmopabhoga-paramā  
 etāvad iti niścitāḥ

12

āśā-pāśa-śatair baddhāḥ  
 kāma-krodha-parāyaṇāḥ  
 ihante kāma-bhogārtham  
 anyāyenārtha-sañcayān

13

idam adya mayā labdham  
 imam prāpsyē mano-ratham  
 idam astīdam api me  
 bhaviṣyati punar dhanam

14

asau mayā hataḥ śatrur  
 haniṣyē cāparān api  
 īśvaro 'ham aham bhogī  
 siddho 'ham balavān sukhī

15

āḍhyo 'bhijanavān asmi  
 ko 'nyo 'sti sadṛśo mayā  
 yakṣyē dāsyāmi modiṣya  
 ity ajñāna-vimohitāḥ

16

aneka-citta-vibhrāntā  
 moha-jāla-samāvṛtāḥ  
 prasaktāḥ kāma-bhogeṣu  
 patanti narake 'śucau

17

ātma-sambhāvitāḥ stabdhā  
 dhana-māna-madānvitāḥ  
 yajante nāma-yajñais te  
 dambhenāvidhi-pūrvakam

18

ahaṅkāraṁ balaṁ darpaṁ  
 kāmaṁ krodhaṁ ca saṁśritāḥ  
 mām ātma-para-deheṣu  
 pradviṣanto 'bhyasūyakāḥ

19

tān ahaṁ dviṣataḥ krūrān  
 saṁsāreṣu narādhamān  
 kṣipāmy ajasram aśubhān  
 āsurīṣv eva yoniṣu

20

āsurīm yonim āpannā  
 mūḍhā janmani janmani  
 mām aprāpyaiva kaunteya  
 tato yānty adhamām gatim

21

tri-vidhaṁ narakasyedaṁ  
 dvāraṁ nāśanam ātmanaḥ  
 kāmaḥ krodhas tathā lobhas  
 tasmād etat trayam tyajet

22

etair vimuktaḥ kaunteya  
 tamo-dvārais tribhir naraḥ  
 ācaraty ātmanaḥ śreyas  
 tato yāti parām gatim

23

yaḥ śāstra-vidhim utsṛjya  
 vartate kāma-kārataḥ  
 na sa siddhim avāpnoti  
 na sukhaṁ na parāṁ gatim

24

tasmāc chāstraṁ pramāṇaṁ te  
 kāryākārya-vyavasthitau  
 jñātvā śāstra-vidhānoktaṁ  
 karma kartum ihārhasi

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 daivāsura-sampad-vibhāga-yogo nāma  
 ṣoḍaśo 'dhyāyaḥ*



17

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ŚRADDHĀ-TRAYA-VIBHĀGA-YOGA

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*atha saptadaśo 'dhyāyaḥ*

1

arjuna uvāca  
ye śāstra-vidhim utsṛjya  
yajante śraddhayānvitāḥ  
teṣāṃ niṣṭhā tu kā kṛṣṇa  
sattvam āho rajas tamaḥ

2

śrī-bhagavān uvāca  
tri-vidhā bhavati śraddhā  
dehinām sā svabhāva-jā  
sāttvikī rājasī caiva  
tāmasī ceti tām śṛṇu

3

sattvānurūpā sarvasya  
 śraddhā bhavati bhārata  
 śraddhā-mayo 'yam puruṣo  
 yo yac-chraddhaḥ sa eva saḥ

4

yajante sātṭvikā devān  
 yakṣa-rakṣāmsi rājasāḥ  
 pretān bhūta-gaṇāms' cānye  
 yajante tāmasā janāḥ

5

aśāstra-vihitam ghoram  
 tapyante ye tapo janāḥ  
 dambhāhaṅkāra-samyuktāḥ  
 kāma-rāga-balānvitāḥ

6

karṣayantaḥ śarīra-stham  
 bhūta-grāmam acetasaḥ  
 mām caivāntaḥ-śarīra-stham  
 tām viddhy āsura-niścayān

7

āhāras tv apī sarvasya  
 tri-vidho bhavati priyaḥ  
 yajñas tapas tathā dānam  
 teṣām bhedam imam śṛṇu

8

āyuh-sattva-balārogya-  
 sukha-prīti-vivardhanāḥ  
 rasyāḥ snigdḥāḥ sthirā hṛdyā  
 āhārāḥ sāttvika-priyāḥ

9

kaṭv-amlā-lavaṇāty-uṣṇa-  
 tikṣṇa-rūkṣa-vidāhinaḥ  
 āhārā rājasasyeṣṭhā  
 duḥkha-śokāmaya-pradāḥ

10

yāta-yāmaṁ gata-rasaṁ  
 pūti paryuṣitaṁ ca yat  
 ucchiṣṭam api cāmedhyaṁ  
 bhojanaṁ tāmāsa-priyam

11

aphalākāṅkṣibhir yajño  
 vidhi-diṣṭo ya ijjate  
 yaṣṭavyam eveti manaḥ  
 samādhāya sa sāttvikaḥ

12

abhisandhāya tu phalaṁ  
 dambhārtham api caiva yat  
 ijjate bhārata-śreṣṭha  
 taṁ yajñaṁ viddhi rājasam

13

vidhi-hīnam asrṣṭānnam  
 mantra-hīnam adakṣiṇam  
 śraddhā-virahitam yajñam  
 tāmasam paricakṣate

14

deva-dvija-guru-prājña-  
 pūjanam śaucam ārjavam  
 brahma-caryam ahimsā ca  
 śārīram tapa ucyate

15

anudvega-karam vākyam  
 satyam priya-hitam ca yat  
 svādhyāyābhyasanam caiva  
 vān-mayam tapa ucyate

16

manaḥ-prasādaḥ saumyatvam  
 maunam ātma-vinigrahaḥ  
 bhāva-samśuddhir ity etat  
 tapo mānasam ucyate

17

śraddhayā parayā taptam  
 tapas tat tri-vidham naraiḥ  
 aphalākāṅkṣibhir yuktaiḥ  
 sāttvikam paricakṣate

18

satkāra-māna-pūjārtham  
 tapo dambhena caiva yat  
 kriyate tad iha proktam  
 rājasam calam adhruvam

19

mūḍha-grāheṇātmano yat  
 pīḍayā kriyate tapaḥ  
 parasyotsādanārtham vā  
 tat tāmasam udāhṛtam

20

dātavyam iti yad dānam  
 dīyate 'nupakāriṇe  
 deśe kāle ca pātre ca  
 tad dānam sātṭvikam smṛtam

21

yat tu pratyupakārārtham  
 phalam uddīśya vā punaḥ  
 dīyate ca parikliṣṭam  
 tad dānam rājasam smṛtam

22

adeśa-kāle yad dānam  
 apātrebhyaś ca dīyate  
 asat-kṛtam avajñātam  
 tat tāmasam udāhṛtam

23

om̐ tat sad iti nirdeśo  
 brahmaṇas tri-vidhaḥ smṛtaḥ  
 brāhmaṇās tena vedās ca  
 yajñās ca vihitāḥ purā

24

tasmād om̐ ity udāhṛtya  
 yajña-dāna-tapaḥ-kriyāḥ  
 pravartante vidhānoktāḥ  
 satataṁ brahma-vādinām

25

tad ity anabhisandhāya  
 phalaṁ yajña-tapaḥ-kriyāḥ  
 dāna-kriyās ca vividhāḥ  
 kriyante mokṣa-kāṅkṣibhiḥ

26

sad-bhāve sādhu-bhāve ca  
 sad ity etat prayujyate  
 praśaste karmaṇi tathā  
 sac-chabdaḥ pārtha yujyate

27

yajñe tapasi dāne ca  
 sthitiḥ sad iti cocyate  
 karma caiva tad-arthīyaṁ  
 sad ity evābhidhīyate

28

aśraddhayā hutam dattam  
tapas taptam kṛtam ca yat  
asad ity ucyate pārtha  
na ca tat pretya no iha

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
brahma-vidyāyām yoga-śāstre  
śrī-kṛṣṇārjuna-saṁvāde  
śraddhā-traya-vibhāga-yogo nāma  
saptadaśo 'dhyāyaḥ*



# 18

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## MOKṢA-YOGA

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*athāṣṭādaśo 'dhyāyaḥ*

1

arjuna uvāca  
sannyāsasya mahā-bāho  
tattvam icchāmi veditum  
tyāgasya ca hr̥ṣīkeśa  
pṛthak keśi-niṣūdana

2

śrī-bhagavān uvāca  
kāmyānām karmaṇām nyāsam  
sannyāsam kavayo viduḥ  
sarva-karma-phala-tyāgam  
prāhus tyāgam vicakṣaṇāḥ

3

tyājyaṃ doṣa-vad ity eke  
 karma prāhur manīṣiṇaḥ  
 yajña-dāna-tapaḥ-karma  
 na tyājyam iti cāpare

4

nīścayaṃ śṛṇu me tatra  
 tyāge bharata-sattama  
 tyāgo hi puruṣa-vyāghra  
 tri-vidhaḥ samprakīrtitaḥ

5

yajña-dāna-tapaḥ-karma  
 na tyājyaṃ kāryam eva tat  
 yajño dānaṃ tapaś caiva  
 pāvanāni manīṣiṇām

6

etāny api tu karmāṇi  
 saṅgaṃ tyaktvā phalāni ca  
 kartavyānīti me pārtha  
 nīścitaṃ matam uttamam

7

niyatasya tu sannyāsaḥ  
 karmaṇo nopapadyate  
 mohāt tasya parityāgas  
 tāmasaḥ parikīrtitaḥ

8

duḥkham ity eva yat karma  
 kāya-kleśa-bhayāt tyajet  
 sa kṛtvā rājasam tyāgam  
 naiva tyāga-phalam labhet

9

kāryam ity eva yat karma  
 niyatham kriyate 'rjuna  
 saṅgam tyaktvā phalam caiva  
 sa tyāgaḥ sāttviko mataḥ

10

na dveṣṭy akuśalam karma  
 kuśale nānuṣajjate  
 tyāgī sattva-samāviṣṭo  
 medhāvī chinna-saṁśayaḥ

11

na hi deha-bhṛtā śakyam  
 tyaktum karmāṇy aśeṣataḥ  
 yas tu karma-phala-tyāgī  
 sa tyāgīty abhidhīyate

12

aniṣṭam iṣṭam miśram ca  
 tri-vidham karmanāḥ phalam  
 bhavaty atyāginām pretya  
 na tu sannyāsinām kvacit

13

pañcaitāni mahā-bāho  
 kāraṇāni nibodha me  
 sāṅkhye kṛtānte proktāni  
 siddhaye sarva-karmaṇām

14

adhiṣṭhānaṁ tathā kartā  
 karaṇaṁ ca pṛthag-vidham  
 vividhās ca pṛthak ceṣṭā  
 daivaṁ caivātra pañcamam

15

śarīra-vān-manobhir yat  
 karma prārabhate naraḥ  
 nyāyyaṁ vā viparītaṁ vā  
 pañcaite tasya hetavaḥ

16

tatraivaṁ sati kartāram  
 ātmānaṁ kevalaṁ tu yaḥ  
 paśyaty akṛta-buddhitvān  
 na sa paśyati durmatih

17

yasya nāhaṅkṛto bhāvo  
 buddhir yasya na lipyate  
 hatvāpi sa imāl lokān  
 na hanti na nibadhyate

18

jñānaṁ jñeyaṁ parijñātā  
 tri-vidhā karma-codanā  
 karaṇaṁ karma karteti  
 tri-vidhaḥ karma-saṅgrahaḥ

19

jñānaṁ karma ca kartā ca  
 tridhaiva guṇa-bhedataḥ  
 procyate guṇa-saṅkhyāne  
 yathāvac chr̥ṇu tāny api

20

sarva-bhūteṣu yenaikaṁ  
 bhāvam avyayam ikṣate  
 avibhaktaṁ vibhakteṣu  
 taj jñānaṁ viddhi sāttvikam

21

ṛthaktvena tu yaj jñānaṁ  
 nānā-bhāvān ṛthag-vidhān  
 vetti sarveṣu bhūteṣu  
 taj jñānaṁ viddhi rājasam

22

yat tu kṛtsna-vad ekasmin  
 kārye saktam ahaitukam  
 atattvārtha-vad alpaṁ ca  
 tat tāmasam udāhṛtam

23

niyatam saṅga-rahitam  
 arāga-dveṣataḥ kṛtam  
 aphala-prepsunā karma  
 yat tat sāttvikam ucyate

24

yat tu kāmepsunā karma  
 sāhaṅkāreṇa vā punaḥ  
 kriyate bahulāyāsam  
 tad rājasam udāhṛtam

25

anubandham kṣayam himsām  
 anapekṣya ca pauruṣam  
 mohād ārabhyate karma  
 yat tat tāmasam ucyate

26

mukta-saṅgo 'naḥam-vādī  
 dhṛty-utsāha-samanvitaḥ  
 siddhy-asiddhyor nirvikāraḥ  
 kartā sāttvika ucyate

27

rāgī karma-phala-prepsur  
 lubdho himsātmako 'śuciḥ  
 harṣa-śokānvitaḥ kartā  
 rājasah parikīrtitaḥ

28

ayuktaḥ prākṛtaḥ stabdhaḥ  
 śaṭho naiṣkṛtiko 'lasaḥ  
 viśādī dīrgha-sūtrī ca  
 kartā tāmāsa ucyaṭe

29

buddher bhedaṁ dhr̥teś caiva  
 guṇatas tri-vidhaṁ śṛṇu  
 procyamānam aśeṣeṇa  
 pṛthaktvena dhanañjaya

30

pravṛttiṁ ca nivṛttiṁ ca  
 kāryākārye bhayaḅbhaye  
 bandhaṁ mokṣaṁ ca yā veti  
 buddhiḥ sā pārtha sāttvikī

31

yayā dharmam adharmaṁ ca  
 kāryaṁ cākāryam eva ca  
 ayathāvat prajānāti  
 buddhiḥ sā pārtha rājasī

32

adharmaṁ dharmam iti yā  
 manyate tamasāvṛtā  
 sarvārthān viparītāṁś ca  
 buddhiḥ sā pārtha tāmasī

33

dhṛtyā yayā dhārayate  
 manah-prāṇendriya-kriyāḥ  
 yogenāvyabhicāriṇyā  
 dhṛtiḥ sā pārtha sāttvikī

34

yayā tu dharma-kāmārthān  
 dhṛtyā dhārayate 'rjuna  
 prasaṅgena phalākāṅkṣī  
 dhṛtiḥ sā pārtha rājasī

35

yayā svapnaṁ bhayaṁ śokaṁ  
 viṣādaṁ madam eva ca  
 na vimuñcati durmedhā  
 dhṛtiḥ sā pārtha tāmasī

36

sukhaṁ tv idānīm tri-vidhaṁ  
 śṛṇu me bharatarṣabha  
 abhyāsād ramate yatra  
 duḥkhāntaṁ ca nigacchati

37

yat tad agre viṣam iva  
 pariṇāme 'mr̥topamam  
 tat sukhaṁ sāttvikam proktam  
 ātma-buddhi-prasāda-jam

38

viṣayendriya-samyogād  
yat tad agre 'mṛtopamam  
pariṇāme viṣam iva  
tat sukham rājasam smṛtam

39

yad agre cānubandhe ca  
sukham mohanam ātmanah  
nidrālasya-pramādottham  
tat tāmasam udāhṛtam

40

na tad asti pṛthivyām vā  
divi deveṣu vā punah  
sattvam prakṛti-jair muktaṁ  
yad ebhiḥ syāt tribhir guṇaiḥ

41

brāhmaṇa-kṣatriya-viśām  
śūdrāṇām ca paran-tapa  
karmāṇi pravibhaktāni  
svabhāva-prabhavair guṇaiḥ

42

śamo damas tapaḥ śaucam  
kṣāntir ārjavam eva ca  
jñānam vijñānam āstikyam  
brahma-karma svabhāva-jam

43

śauryam tejo dhṛtir dākṣyam  
 yuddhe cāpy apalāyanam  
 dānam īśvara-bhāvaś ca  
 kṣātram karma svabhāva-jam

44

kṛṣi-go-rakṣya-vāṇijyam  
 vaiśya-karma svabhāva-jam  
 paricaryātmakam karma  
 śūdrasyāpi svabhāva-jam

45

sve sve karmaṇy abhirataḥ  
 samsiddhim labhate naraḥ  
 sva-karma-nirataḥ siddhim  
 yathā vindati tac chrṇu

46

yataḥ pravṛttir bhūtānām  
 yena sarvam idaṁ tatam  
 sva-karmaṇā tam abhyarcya  
 siddhim vindati mānavaḥ

47

śreyān sva-dharmo viguṇaḥ  
 para-dharmāt sv-anuṣṭhitāt  
 svabhāva-niyataṁ karma  
 kurvan nāpnoti kilbiṣam

48

saha-jaṁ karma kaunteya  
 sa-doṣam api na tyajet  
 sarvārambhā hi doṣeṇa  
 dhūmenāgnir ivāvṛtāḥ

49

asakta-buddhiḥ sarvatra  
 jītātmā vigata-sprḥaḥ  
 naiṣkarmya-siddhiṁ paramām  
 sannyāsenādhighacchati

50

siddhiṁ prāpto yathā brahma  
 tathāpnoti nibodha me  
 samāsenaiiva kaunteya  
 niṣṭhā jñānasya yā parā

51

buddhyā viśuddhayā yukto  
 dhṛtyātmānam niyama ca  
 śabdādīn viṣayāms tyaktvā  
 rāga-dveṣau vyudasya ca

52

vivikta-sevī laghv-āśī  
 yata-vāk-kāya-mānasaḥ  
 dhyāna-yoga-paro nityam  
 vairāgyam samupāśritaḥ

53

ahaṅkāraṁ balaṁ darpaṁ  
 kāmaṁ krodhaṁ parigrahaṁ  
 vimucya nirmamaḥ śānto  
 brahma-bhūyāya kalpate

54

brahma-bhūtaḥ prasannātmā  
 na śocati na kāṅkṣati  
 samaḥ sarveṣu bhūteṣu  
 mad-bhaktiṁ labhate parām

55

bhaktiyā mām abhijānāti  
 yāvān yaś cāsmi tattvataḥ  
 tato mām tattvato jñātvā  
 viśate tad-anantaram

56

sarva-karmāṇy api sadā  
 kurvāṇo mad-vyapāśrayaḥ  
 mat-prasādād avāpnoti  
 śāśvataṁ padam avyayam

57

cetasā sarva-karmāṇi  
 mayi sannyasya mat-paraḥ  
 buddhi-yogam upāśritya  
 mac-cittaḥ satataṁ bhava

58

mac-cittaḥ sarva-durgāṇi  
 mat-prasādāt tariṣyasi  
 atha cet tvam ahaṅkārān  
 na śroṣyasi vinaṅkṣyasi

59

yad ahaṅkāram āśritya  
 na yotsya iti manyase  
 mithyaiṣa vyavasāyas te  
 prakṛtis tvām niyokṣyati

60

svabhāva-jena kaunteya  
 nibaddhaḥ svena karmaṇā  
 kartuṃ necchasi yan mohāt  
 kariṣyasi avaśo 'pi tat

61

īśvaraḥ sarva-bhūtānām  
 hṛd-deśe 'rjuna tiṣṭhati  
 bhrāmayan sarva-bhūtāni  
 yantrārūḍhāni māyayā

62

tam eva śaraṇam gaccha  
 sarva-bhāvena bhārata  
 tat-prasādāt parām śāntim  
 sthānam prāpsyasi śāśvatam

63

iti te jñānam ākhyātam  
 guhyād guhya-taram mayā  
 vimṛśyaitad aśeṣeṇa  
 yathecchasi tathā kuru

64

sarva-guhyatamam bhūyaḥ  
 śṛṇu me paramam vacaḥ  
 iṣṭo 'si me dṛḍham iti  
 tato vakṣyāmi te hitam

65

man-manā bhava mad-bhakto  
 mad-yājī mām namaskuru  
 mām evaiśyasi satyam te  
 pratijāne priyo 'si me

66

sarva-dharmān parityajya  
 mām ekam śaraṇam vraja  
 aham tvām sarva-pāpebhyo  
 mokṣayiṣyāmi mā śucaḥ

67

idaṁ te nātapaskāya  
 nābhaktāya kadācana  
 na cāśuśrūṣave vācyam  
 na ca mām yo 'bhyasūyati

68

ya idaṁ paramaṁ guhyaṁ  
 mad-bhakteṣv abhidhāsyati  
 bhaktiṁ mayi parāṁ kṛtvā  
 mām evaiṣyaty asaṁśayaḥ

69

na ca tasmān manuṣyeṣu  
 kaścin me priya-kṛttamaḥ  
 bhavitā na ca me tasmād  
 anyaḥ priya-taro bhuvi

70

adhyeṣyate ca ya imaṁ  
 dharmyaṁ saṁvādam āvayoḥ  
 jñāna-yajñena tenāham  
 iṣṭaḥ syām iti me matiḥ

71

śraddhāvān anasūyaś ca  
 śṛṇuyād api yo naraḥ  
 so 'pi muktaḥ śubhāl lokān  
 prāpnuyāt puṇya-karmaṇām

72

kaccid etac chrutaṁ pārtha  
 tvayaikāgreṇa cetasā  
 kaccid ajñāna-sammohaḥ  
 praṇaṣṭas te dhanañjaya

73

arjuna uvāca  
 naṣṭo mohah smṛtir labdhā  
 tvat-prasādān mayācyuta  
 sthito 'smi gata-sandehah  
 kariṣye vacanaṁ tava

74

sañjaya uvāca  
 ity ahaṁ vāsudevasya  
 pārthasya ca mahātmanaḥ  
 saṁvādam imam aśrauṣam  
 adbhutaṁ roma-harṣaṇam

75

vyāsa-prasādāc chrutavān  
 etad guhyam ahaṁ param  
 yogaṁ yogeśvarāt kṛṣṇāt  
 sāksāt kathayataḥ svayam

76

rājan saṁsmṛtya saṁsmṛtya  
 saṁvādam imam adbhutam  
 keśavārjunayoḥ puṇyaṁ  
 hṛṣyāmi ca muhur muhuḥ

77

tac ca saṁsmṛtya saṁsmṛtya  
 rūpam aty-adbhutaṁ hareḥ  
 vismayo me mahān rājan  
 hr̥ṣyāmi ca punaḥ punaḥ

78

yatra yogeśvaraḥ kṛṣṇo  
 yatra pāṛtho dhanur-dharaḥ  
 tatra śrīr vijayo bhūtir  
 dhruvā nītir matir mama

*om tat sad*

*iti śrīmad-bhagavad-gītāsūpaniṣatsu  
 brahma-vidyāyām yoga-śāstre  
 śrī-kṛṣṇārjuna-saṁvāde  
 mokṣa-yogo nāma aṣṭādaśo 'dhyāyaḥ*





ŚRĪ  
BRAHMA  
SAMHITĀ



1

īśvaraḥ paramaḥ kṛṣṇaḥ  
 sac-cid-ānanda-vigrahaḥ  
 anādir ādir govindaḥ  
 sarva-kāraṇa-kāraṇam

29

cintāmaṇi-prakara-sadmasu kalpa-vṛkṣa-  
 lakṣāvṛteṣu surabhīr abhipālayantam  
 lakṣmī-sahasra-śata-sambhrama-sevyamānam  
 govindam ādi-puruṣam tam aham bhajāmi

30

veṇuṁ kvaṇantam aravinda-dalāyatākṣam  
 barhāvataṁsam asitāmbuda-sundarāṅgam  
 kandarpa-koṭi-kamanīya-viśeṣa-śobham  
 govindam ādi-puruṣam tam aham bhajāmi

31

ālola-candraka-lasad-vana-mālya-vamśi-  
 ratnāṅgadam praṇaya-keli-kalā-vilāsam  
 śyāmam tri-bhaṅga-lalitam niyata-prakāśam  
 govindam ādi-puruṣam tam aham bhajāmi

32

aṅgāni yasya sakalendriya-vṛttimanti  
 paśyanti pānti kalayanti ciram jaganti  
 ānanda-cinmaya-sad-ujjala-vigrahasya  
 govindam ādi-puruṣam tam aham bhajāmi

33

advaitam acyutam anādim ananta-rūpam  
 ādyaṃ purāṇa-puruṣaṃ nava-yauvanaṃ ca  
 vedeṣu durlabham adurlabham ātma-bhaktau  
 govindam ādi-puruṣaṃ tam ahaṃ bhajāmi

34

panthās tu koṭi-śata-vatsara-sampragamyo  
 vāyor athāpi manaso muni-puṅgavānām  
 so 'py asti yat-prapada-sīmny avicintya-tattve  
 govindam ādi-puruṣaṃ tam ahaṃ bhajāmi

35

eko 'py asau racayituṃ jagad-aṇḍa-koṭim  
 yac-chaktir asti jagad-aṇḍa-cayā yad-antah  
 aṇḍāntara-stha-paramāṇu-cayāntara-sthaṃ  
 govindam ādi-puruṣaṃ tam ahaṃ bhajāmi

36

yad-bhāva-bhāvita-dhiyo manujās tathaiva  
 samprāpya rūpa-mahimāsana-yāna-bhūṣāḥ  
 sūktair yam eva nigama-prathitaiḥ stuvanti  
 govindam ādi-puruṣaṃ tam ahaṃ bhajāmi

37

ānanda-cinmaya-rasa-pratibhāvitābhis  
 tābhir ya eva nija-rūpatayā kalābhiḥ  
 goloka eva nivasaty akhilātma-bhūto  
 govindam ādi-puruṣaṃ tam ahaṃ bhajāmi

38

premāñjana-cchurita-bhakti-vilocanena  
 santaḥ sadaiva hṛdayeṣu vilokayanti  
 yaṁ śyāmasundaram acintya-guṇa-svarūpaṁ  
 govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

39

rāmādi-mūrtiṣu kalā-niyamena tiṣṭhan  
 nānāvātāram akarod bhuvaneṣu kintu  
 kṛṣṇaḥ svayaṁ samabhavat paramaḥ pumān yo  
 govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

40

yasya prabhā prabhavato jagad-aṇḍa-koṭi-  
 koṭiṣv aśeṣa-vasudhādi vibhūti-bhinnaṁ  
 tad brahma niṣkalam anantam aśeṣa-bhūtaṁ  
 govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

41

māyā hi yasya jagad-aṇḍa-śatāni sūte  
 traiguṇya-tad-viṣaya-veda-vitāyamānā  
 sattvāvalambi-para-sattvaṁ viśuddha-sattvaṁ  
 govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

42

ānanda-cinmaya-rasātmatayā manaḥsu  
 yaḥ prāñināṁ pratiphalan smarātām upetya  
 līlāyitena bhuvanāni jayaty ajasraṁ  
 govindam ādi-puruṣaṁ tam ahaṁ bhajāmi

43

goloka-nāmni nija-dhāmni tale ca tasya  
 devī-maheśa-hari-dhāmasu teṣu teṣu  
 te te prabhāva-nicayā vihitās ca yena  
 govindam ādi-puruṣam tam aham bhajāmi

44

sṛṣṭi-sthiti-pralaya-sādhana-śaktir ekā  
 chāyeva yasya bhuvanāni bibharti durgā  
 icchānurūpam api yasya ca ceṣṭate sā  
 govindam ādi-puruṣam tam aham bhajāmi

45

kṣīram yathā dadhi vikāra-viśeṣa-yogāt  
 sañjāyate na hi tataḥ pṛthag asti hetoḥ  
 yaḥ śambhutām api tathā samupaiti kāryād  
 govindam ādi-puruṣam tam aham bhajāmi

46

dīpārcir eva hi daśāntaram abhyupetya  
 dīpāyate vivṛta-hetu-samāna-dharmā  
 yas tādr̥g eva hi ca viṣṇutayā vibhāti  
 govindam ādi-puruṣam tam aham bhajāmi

47

yaḥ kāraṇārṇava-jale bhajati sma yoga-  
 nidrām ananta-jagad-aṇḍa-sa-roma-kūpaḥ  
 ādhāra-śaktim avalambya parām sva-mūrtim  
 govindam ādi-puruṣam tam aham bhajāmi

48

yasyaika-niśvasita-kālam athāvalambya  
 jīvanti loma-vilajā jagad-aṇḍa-nāthāḥ  
 viṣṇur mahān sa iha yasya kalā-viśeṣo  
 govindam ādi-puruṣam tam aham bhajāmi

49

bhāsvān yathāśma-śakaleṣu nijeṣu tejaḥ  
 svīyam kiyat prakāṭayaty api tadvad atra  
 brahmā ya eṣa jagad-aṇḍa-vidhāna-kartā  
 govindam ādi-puruṣam tam aham bhajāmi

50

yat-pāda-pallava-yugam vinidhāya kumbha-  
 dvandve praṇāma-samaye sa gaṇādhirājaḥ  
 vighnān vihantum alam asya jagat-trayasya  
 govindam ādi-puruṣam tam aham bhajāmi

51

agnir mahī gaganam ambu marud diśaś ca  
 kālas tathātma-manasīti jagat-trayāṇi  
 yasmād bhavanti vibhavanti viśanti yaṁ ca  
 govindam ādi-puruṣam tam aham bhajāmi

52

yac-cakṣur eṣa savitā sakala-grahāṇām  
 rājā samasta-sura-mūrtir aśeṣa-tejāḥ  
 yasyājñayā bhramati sambhṛta-kāla-cakro  
 govindam ādi-puruṣam tam aham bhajāmi

53

dharmo 'tha pāpa-nicayaḥ śrutayas tapāmsi  
brahmādi-kīṭa-patagāvadhayaś ca jīvāḥ  
yad-datta-mātra-vibhava-prakaṭa-prabhāvā  
govindam ādi-puruṣam tam aham bhajāmi

54

yas tv indragopam athavendram aho sva-karma-  
bandhānurūpa-phala-bhājanam ātanoti  
karmāṇi nirdahati kintu ca bhakti-bhājām  
govindam ādi-puruṣam tam aham bhajāmi

55

yam krodha-kāma-sahaja-praṇayādi-bhīti-  
vātsalya-moha-guru-gaurava-sevya-bhāvaiḥ  
sañcintya tasya sadṛśīm tanum āpur ete  
govindam ādi-puruṣam tam aham bhajāmi

56

śriyaḥ kāntāḥ kāntaḥ parama-puruṣaḥ kalpa-taravo  
drumā bhūmiś cintāmaṇi-gaṇa-mayī toyam amṛtam  
kathā gānam nāṭyam gamanam api vaṁśī priya-sakhī  
cid-ānandam jyotiḥ param api tad āsvādyam api ca  
sa yatra kṣīrābdhiḥ snavati surabhībhyaś ca su-mahān  
nimeṣārdhākhyo vā vrajati na hi yatrāpi samayaḥ  
bhaje śvetadvīpaṁ tam aham iha golokam iti yam  
vidantas te santaḥ kṣiti-virala-cārāḥ katipaye

57

athovāca mahā-viṣṇur  
 bhagavantam prajāpatim  
 brahman mahattva-vijñāne  
 prajā-sarge ca cen matiḥ  
 pañca-ślokīm imām vidyām  
 vatsa dattām nibodha me

58

prabuddhe jñāna-bhaktibhyām  
 ātmany ānanda-cin-mayī  
 udety anuttamā bhaktir  
 bhagavat-prema-lakṣaṇā

59

pramāṇais tat-sad-ācārais  
 tad-abhyāsair nirantaram  
 bodhayan ātmanātmānam  
 bhaktim apy uttamām labhet

60

yasyāḥ śreyas-karam nāsti  
 yayā nirvṛtim āpnuyāt  
 yā sādhayati mām eva  
 bhaktim tām eva sādhayet

61

dharmān anyān parityajya  
mām ekam bhaja viśvasan  
yādṛṣī yādṛṣī śraddhā  
siddhir bhavati tādṛṣī

kurvan nirantaram karma  
loko 'yam anuvartate  
tenaiva karmaṇā dhyāyan  
mām parām bhaktim icchati

62

aham hi viśvasya carācarasya  
bījam pradhānam prakṛtiḥ pumāmś ca  
mayāhitam teja idam bibharṣi  
vidhe vidhehi tvam atho jaganti



## SANSKRIT PRONUNCIATION GUIDE

The system of transliteration used in this book conforms to a system which scholars have accepted to indicate the pronunciation of each sound in the Sanskrit language.

The short vowel **a** is pronounced like the **u** in **but**, long **ā** like the **a** in **far**. Short **i** is pronounced as **i** in **pin**, long **ī** as in **pique**, short **u** as in **pull**, and long **ū** as in **rule**. The vowel **ṛ** is pronounced like **ri** in **rim**, **e** like the **ey** in **they**, **o** like the **o** in **go**, **ai** like the **ai** in **aisle**, and **au** like the **ow** in **how**. The *anusvāra* (**m̐**) is pronounced like the **n** in the French word *bon*, and *visarga* (**ḥ**) is pronounced as a final **h** sound. At the end of a couplet, **aḥ** is pronounced **aha** and **iḥ** is pronounced **ihi**.

The guttural consonants—**k**, **kh**, **g**, **gh**, and **ṅ**—are pronounced from the throat in much the same manner as in English. **K** is pronounced as

in kite, **kh** as in Eckhart, **g** as in give, **gh** as in dig-hard, and **ñ** as in sing.

The palatal consonants—**c**, **ch**, **j**, **jh**, and **ñ**—are pronounced with the tongue touching the firm ridge behind the teeth. **C** is pronounced as in chair, **ch** as in staunch-heart, **j** as in joy, **jh** as in hedgehog, and **ñ** as in canyon.

The cerebral consonants—**ṭ**, **ṭh**, **ḍ**, **ḍh**, and **ṇ**—are pronounced with the tip of the tongue turned up and drawn back against the dome of the palate. **Ṭ** is pronounced as in tub, **ṭh** as in light-heart, **ḍ** as in dove, **ḍh** as in red-hot, and **ṇ** as in nut.

The dental consonants—**t**, **th**, **d**, **dh**, and **n**—are pronounced in the same manner as the cerebrals, but with the forepart of the tongue against the teeth.

The labial consonants—**p**, **ph**, **b**, **bh**, and **m**—are pronounced with the lips. **P** is pronounced as in pine, **ph** as in uphill, **b** as in bird, **bh** as in rub-hard, and **m** as in mother.

The semivowels—**y**, **r**, **l**, and **v**—are pronounced as in yes, run, light, and vine respectively. The sibilants—**ś**, **ṣ**, and **s**—are pronounced, respectively, as in the German word *sprechen* and the English words shine and sun. The letter **h** is pronounced as in home.

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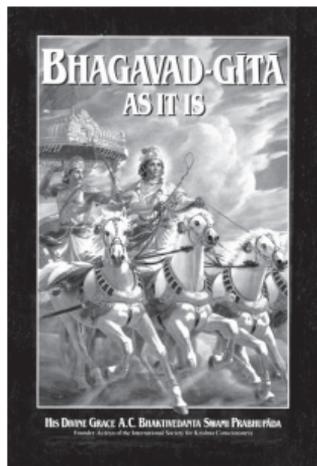
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