

We have worked with hologram imagery in our own group in Maine. For us holo perception can be said to be a metaphor for the truth, the fullness, the wholeness in every perspective. It is a way to perceive which is not distorted by what is cultural and learned. In this way we can have a diversity of opinion in any given situation without blame or praise. Each individual is as full as the fullness: the fullness from which she comes and is.

This simple hologram, this little window of light created by light, reveals and illuminates a way, which is enfolded in universal truths.

'Om Peace, peace, peace'  
'Om Shanti, shanti, shanti'

ॐ शान्तिः शान्तिः शान्तिः ॥

Acknowledgments:

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The Brihadaranyaka Upanishad by Swami Sivananda

Additional copies

[http://www.midcoast.com/~holo/Hologram and Vedic Prayer.pdf](http://www.midcoast.com/~holo/Hologram%20and%20Vedic%20Prayer.pdf)

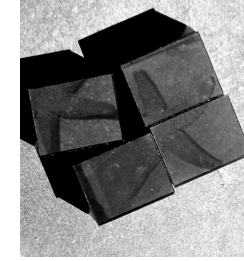
Leonardo Article

Holography Opening New Dimensions for Learning  
<http://www.midcoast.com/~holo/Leonardo.pdf>

## Hologram and Vedic Prayer

Arlene Jurewicz Leighton

'What is Whole - This is Whole -What has come out of the Whole is also Whole;  
When the Whole is taken out of the Whole, the Whole still remains Whole'



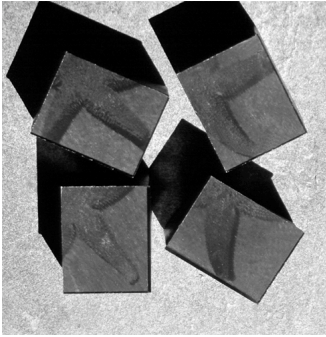
When I read these words my first thoughts are to say that this is describing a hologram. In my holographic work I have created hologram puzzles and worked with the concept of holo perception. Holo perception is to perceive the dimensional light qualities of the hologram and to discern the perspective wholes of a broken hologram. These words are actually one translation of an ancient Upanishad ved or Vedic prayer written in the most ancient of languages, Sanskrit. It is the invocation prayer from the Brhadaranyaka Upanishad

'Om Poornamadah Poornamidam Poornaad Poornamudachyate;  
Poornasya Poornamaadaaya Poornamevaavashisyate'

ॐ पूर्णामदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

The word Upanishad means to reveal what is hidden behind the visible forms of our existence in time and space. It is an unfolding of the mystery behind all our perceived phenomena. One description is a 'light that is to mingle with another light'. It is understanding that is conveyed between souls. It is hard for us to 'know' what is hidden as we are conditioned by our existence to not have the capacity to perceive this mystery. These truths cannot be known by our systems of knowledge. Forms of art and poetry may touch upon them.

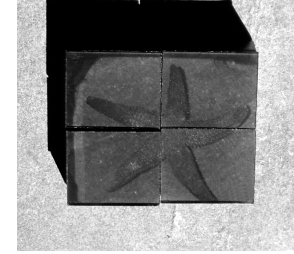
'Om That is Full; this is Full. From the Full does the Full proceed.  
After the coming of the Full from the Full, the Full alone remains.  
Om. Peace! Peace! Peace! '



'Om purnam adah, purnam idam, purnat purnam udacyate;  
purnasya purnam adaya puram evavasisyate.  
Om Santih! Santih! Santih! '

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

Over the last three years I have been meeting with a group of women called Women's Way. We are from many towns in Maine, USA. We have a counterpart in Southern India, the Avani Women. Our work involves finding a way to speak our truths about our world through benevolence and compassion and to find ways to evolve our competencies. All of this comes from a place of creating peace in our world.



Last fall, this precious little holographic window made by 'light that is to mingle with another light ' found its way to India to the Avani Women. Twenty women begin their time together by chanting the invocation prayer from the Brhadaranyaka Upanishad. In a correspondence to me they said they had no words upon 'dharsham' or first sight of the hologram cut into four pieces. Each piece is a perspective of the whole and a whole. There was a gasp upon seeing a visual metaphor of the Vedic chant on wholeness which they follow and believe in their lives.

'Om Everything, beings are Whole: when you take a part from the Whole,  
the Whole remains. Every part has the Whole. All is Whole'

'Om Poormanda Poornamidham Poornath Poornamuchdachyath  
Poornasya Poornamedhaya Poornameva Vasishyathe'

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥