



I would like to dedicate this book to my father Mr. Aditya Rao Bansaali, from whose efforts and guidance I am able to write this book in a complete and comprehensive manner.

*Sanjay.....*

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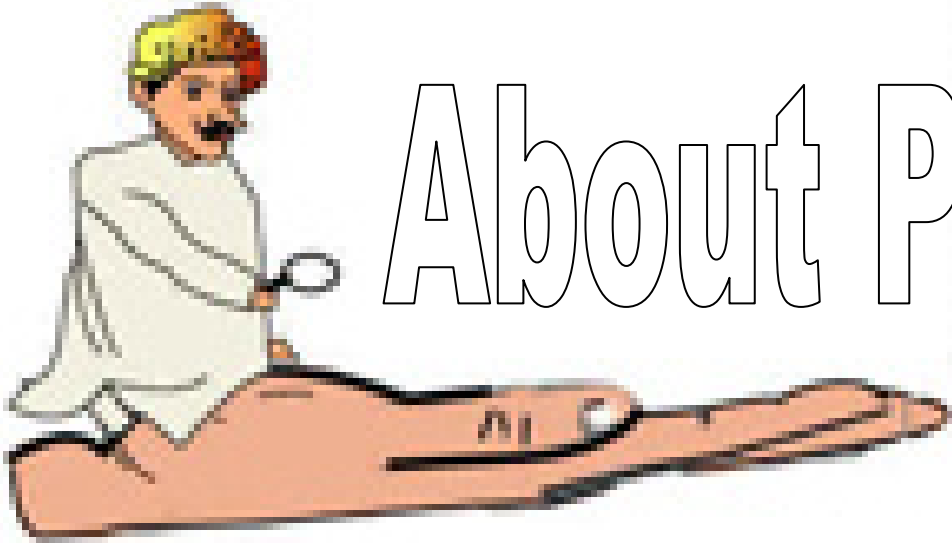
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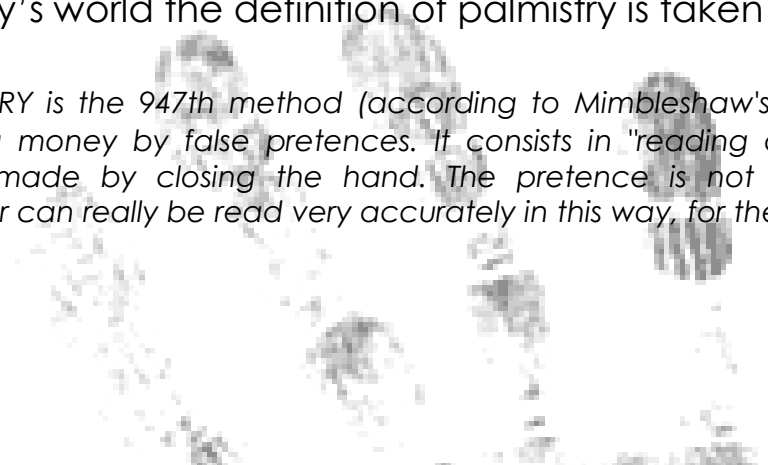


# About Palmistry

## What is PALMISTRY?

In today's world the definition of palmistry is taken as:

*"PALMISTRY is the 947th method (according to Mimbleshaw's classification) of obtaining money by false pretences. It consists in "reading character" in the wrinkles made by closing the hand. The pretence is not altogether false; character can really be read very accurately in this way, for the wrinkles in every*



*hand submitted plainly spell the word "dupe." The imposture consists in not reading it aloud."*

The standard definition of palmistry is taken as the practice of telling fortunes from the lines, marks, and patterns on the hands, particularly the palms.

This method of counselling was originated in India over 3,000 years ago. It is a part of a vast field of study, referred to as *Samudrik Shastra*, which literally means *the ocean of knowledge*. Palmistry is a sub-section of *Samudrik Shastra* and deals specifically with the study of the hand.

Throughout our lifetime, our bodies register change. For example, the lines on our face that we acquire with age reflect experience and, we hope, wisdom. Lines and signs on our hands, present at birth, grow as we evolve, signifying the accumulated experience of our lives.

Centuries ago, the sages of India established a system of knowledge stemming from the Vedas, the earliest sacred Hindu writings. They studied the hands as a means to unveil and understand the self and relationships with others. They saw that the unique patterns of lines and signs in the hand come into being as a direct result of the way we think. Just as a pebble thrown into the water creates ripples, so our thoughts create similar effects.

Our hands offer us an objective view of who we really are. Through the study of palmistry, we have the opportunity to see to what extent our thoughts and feelings influence our happiness and the harmony of those around us. As we exercise our will in choosing positive patterns of thinking to replace any negative ones, we see our lines begin to change, reflecting a shift in our consciousness. As Shakespeare observed, we are masters of our own fate that "the fault...is not in our stars, but in ourselves."

Palmistry was practiced in many ancient cultures, such as India, China and Egypt. The first book on the subject appeared in the 15th century. The term 'chiromancy' comes from the Greek word for hand (*cheir*). The most famous nineteenth century palmist went by the name of Cheiro.

Palmistry was used during the middle ages to detect witches. It was believed that certain spots on the hand indicated one had made a pact with the Devil. Palmistry was condemned by the Catholic Church but in the 17th century it was taught at several German universities (Pick over, 64). Britain outlawed palmistry in the 18th century.

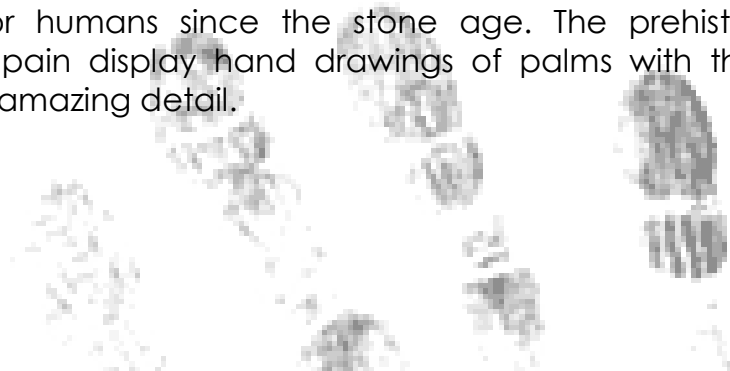
Some palmistry mimics metoposcopy or physiognomy. It claims that you can tell what a person is like by the shape of their hands. Creative people have fan-shaped hands and sensitive souls have narrow, pointy fingers and fleshy palms, etc. There is about as much scientific support for such notions as there is for personology or phrenology. All such forms of divination seem to be based on sympathetic magic and intuition.

Although you can often tell a lot about a person by examining his or her hands, there is no scientific support for the claim that you tell such things as whether you will inherit money or find your true love from the lines or marks on your hands. I suspect that many of those who think they have found support for palmistry are guilty of confirmation bias and have found it in the form of anecdotes.

The desire for knowledge of the future seems to be at the root of palmistry and other forms of divining secret knowledge through paranormal revelations. Also, fortune tellers relieve us of the obligation to gather evidence and think about that evidence. Our palmists and graphologists, etc., also relieve us of the difficult task of evaluating the consequences of taking various actions. They absolve us of the responsibility of decision-making. They are great comforts, therefore, to the insecure, the lazy, and the incompetent. Of course, they can also be data points, i.e., they provide one more piece of data that a person can use to make a decision. Some writers even use divination such as the Tarot or the I Ching to give them ideas for characters or plots (Pickover, 40-41). They probably could do just as well by thumbing through the Bible, a newspaper, a poetry anthology, an encyclopedia, or a skeptical dictionary.

## History of Palmistry

Palmistry is an ancient practice. Hands have been of recorded interest to humanity as far back as 12,000-15,000 years ago. Judging by the number of hands painted in prehistoric caves it would seem the human hand held a interest for humans since the stone age. The prehistoric caves in Santander, Spain display hand drawings of palms with the major lines portrayed in amazing detail.



Archaeological discoveries have discovered hands made of stone, wood and ivory by ancient civilizations. The emperor of China used his thumbprint when sealing documents in 3000 b.c. Information on the laws and practice of hand reading have been found in Vedic scripts, the bible and early Semitic writings.

Centuries ago, the sages of India established a system of knowledge stemming from the Vedas, the earliest sacred Hindu writings. They studied the hands as a means to unveil and understand the self and relationships with others. They saw that the unique patterns of lines and signs in the hand come into being as a direct result of the way we

The earliest writings with the word Palmistry (spelled 'Pawmestry') included was done in 1420 by John Lyndgate in his *Assembly of Gods documents*. Aristotle (384-322 b.c) discovered a treatise on Palmistry on an altar to the god Hermes. The Greek physicians Hippocrates and Galen (ad 130-200) were both knowledgeable about the use of palmistry as a clinical aid.

Julius Caesar (102-44bc) judged his men by palmistry. The first book on Palmistry was Michael Scotts *De Philsionomia* done in 1477 on the physiognomy of the human body with a chapter on all the aspects of the human hand. *Just as a pebble thrown into the water creates ripples, so our thoughts create similar effects on our palms.*

In the seventeenth century many books were written that included the early gypsy ideas about the hand that had been handed down through tradition since the early 1400s. In the eighteenth century books were written blending some scientific information about the hand with mysticism. Since then Palmistry was aligned with the idea that a person read the hand with a scientific eye and spoke from intuition. Palmistry then was a form of prediction that was as individual as the hand.

The practice of palmistry was unfortunately forced underground by the catholic church who branded it devil worshipping. Anyone found to have an interest was quickly murdered. As the church started to lose its influence in society common sense prevailed. Notable people such as Paracelsus (1493-1541) and Fludd (1574-1637) brought respectability to palmistry through their writings.

Marie Anne le Norman was a famous French fortune teller in Napoleon's court who created great interest in Palmistry because of her predictive successes with Napoleon and Josephine. Two other Frenchmen



D'Arpentigny born in 1798 and Desbarrolles born in 1801 did a great deal of study and writing on the subject. Their findings are still seriously respected today.

Dr Carl Carus, physician to the king of Saxony in the 19th century matched palms to personality. Advances in genetics, psychology and forensics have propelled Palmistry into the modern age.

In 1901 Scotland Yard adopted the technique of fingerprinting in criminal investigation and identification. Medical researchers studying skin patterns - Dermatoglyphics - have discovered a correspondence between genetic abnormalities and unusual markings in the hand. Research has confirmed a link between specific fingerprint patterns and heart disease.

Today Palmistry is accepted throughout the world. Professional palmists can be found reading palms in every country in the world. Major magazine and books have articles on Palmistry.

## Hands

Everything matters in Palmistry...the size of the hand, it's shape, color, texture, the nails, depth of lines, even the manner in which you hold your hands when I read your palm. The hand you use to write with is your dominant hand.



The lines on this hand change through the years due to the electromagnetic images from your brain which know your life path. Lines can add on. Once added they do not go away.

The other hand is your destiny hand. It generally remains the same throughout your lifetime. I do not consider it your last lifetime as both hands are generally similar.

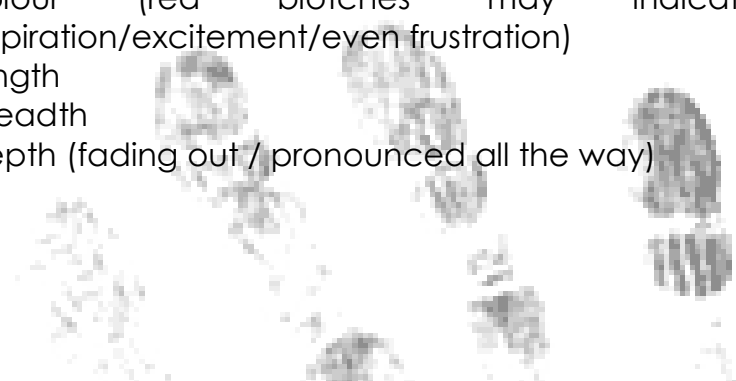
The hand is divided up into areas or mounts, like a geographical map, so that areas of the hand can easily be identified. The markings on the hand consist of the major lines, the minor lines, sister lines, little markings (like triangles or squares) and some thin hairlines coming from other lines. There's a great website that offers an easy method to learn the basic geography of the hand by moving the mouse over a virtual hand. Imagine that the hand is a country with high and low hills and the lines flowing in and out of the country like rivers. When examining this 'country', consider the following:

1. what is its shape
2. where are the hills and how high or low are they
3. how hard or soft is the flesh when you press into it
4. how flexible is it - bending back the fingers
5. what is the shape of the fingers

You learn reading hands by examining and comparing them, and after reading many hands you get a feel for what is normal or unusual. You might notice that the fingers are very long, or the hand is incredibly soft, or that one of the lines is unusually pronounced, or wobbly, or broken, or connecting to other lines, etc. etc. Although there is no such a thing as a 'perfectly normal hand', you will start getting a feel for what is peculiar to a person after reading many hands.

For palm lines or 'rivers' consider point of origin & termination and the following:

1. colour (red blotches may indicate momentary inspiration/excitement/even frustration)
2. length
3. breadth
4. depth (fading out / pronounced all the way)

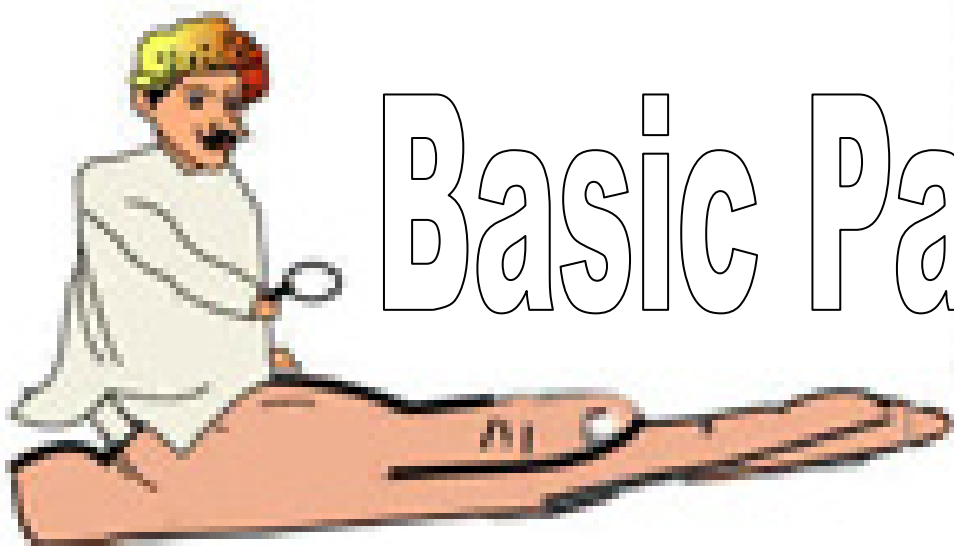


## 5. direction / shape

Palmists, or better said, hand analysts, may also look at the nails, the knuckles, the back of the hand and more recently perhaps, the dermal patterns such as the fingerprints. Even for a non-handreader it is quite interesting to make an inkprint of your hand and look at the pattern it makes - they are quite likely more interesting than you think (see also dermatoglyphics). Reading hands is an incredibly complex task, but human intuition is well capable to handle such a task.

# Chapter 2

# Basic Palm Study



## Basic Hand Concept

### The Left Hand



Our left hand reveals how we deal with our emotional needs in our inner world. We will be using this term *inner world* often, so remember what we mean by it. Our inner world is where and how we live our private and personal life at home, with family, and with our closest friends. The left hand holds the indicators that show how we live in our private life and inner world with all our dreams, fantasies and unconscious desires. Our most tender expressions of intimacy are revealed best in our left hand. Most people usually do not use their left hand as forcefully as their right hand. Wearing the wedding band on the left hand resonates with these personal, intimate, caring, and gentle ideals associated with our inner world and the left hand.

The indicators used for doing Hand Analysis are the colors, textures, tight or relaxed areas, full or depleted mounds, line structure, and finger condition. Later you will learn detailed rules for using the left hand to determine how a person functions in her or his private and personal inner world. These rules used for analyzing the left hand and inner world are true for both left or right handed people. It is common for a person's left and right hands to be different. Fingers may be different lengths, major lines may be longer or shorter, mounds can be bigger or smaller, and coloring is often different. These indicators reveal how a person functions differently in their inner world compared to their right hand which reveals how they function in their outer world. We will be using the term *outer world* often, also. The outer world refers to our world of less close people and less personal relations. In our outer world we deal with casual acquaintances, coworkers, neighbors, and the public.

## The Right Hand



The right hand reveals how we deal daily with our outer world of co-workers, acquaintances, and the public. It also indicates how we want to be seen by others. This is true even if left-handed.

The right hand colors, textures, tight or relaxed areas, full or depleted mounds, line structure, and finger condition exhibit our strongest and weakest personal qualities used in daily interactions with people not close to us. The right hand also reveals our outer world history. Out of balance indicators indicate that past experiences are still affecting everyday activity in the outer world. The effects may be positive or negative. In later chapters you will be learning specifically what these indicators are and what they reveal.

Strong straight fingers, healthy looking full mounds, and deep clear major lines indicate that the person is in very good condition to face whatever lies ahead. She or he will be stronger and better prepared to handle outer world problems than a person who shows signs of stress in the right hand. How a person handles outer world events in the future may be *implied* by the condition of the right hand but be careful not to get into doing "fortune telling". Fortune telling is not part of what we do with Hand Analysis unless you have that special intuitive gift.

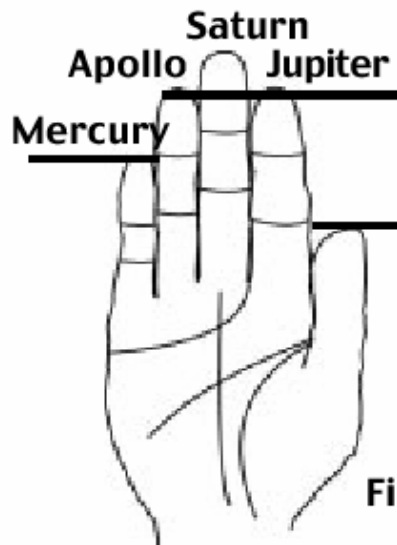
## Finger Lengths

The fingers are like antennas. They both send and receive information by touch and feel. They also point and gesture to signal information to others.

Here are the standard lengths of the individual fingers in relation to each other:

**Mercury comes up to the top knuckle line of Apollo.**

**NOTE: Mercury often is normal length but is low set, and therefore appears shorter.**



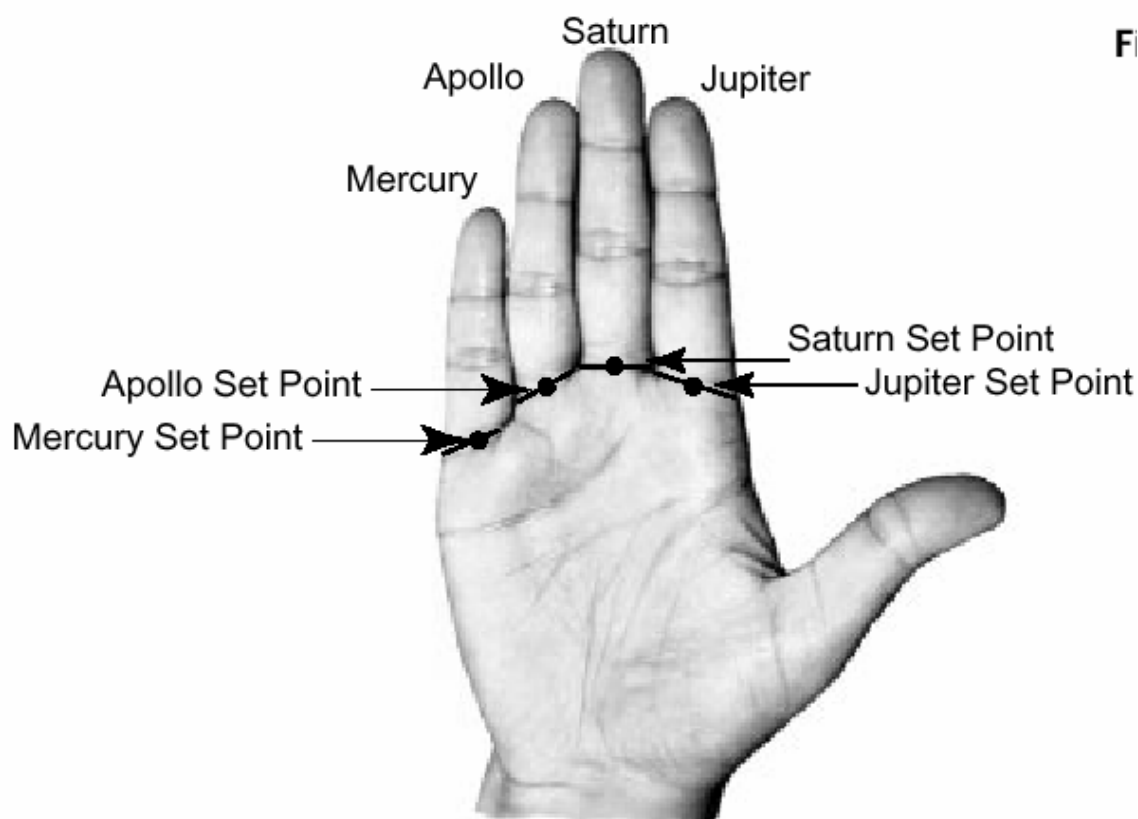
**Jupiter and Apollo are the same length, and come halfway up the End Zone of Saturn.**

**The thumb reaches the lower joint of Jupiter**

**Fig. 2-8**

## Finger Set

The point where the finger meets the palm is called the **set point**. Locating the set point is somewhat arbitrary because the set point may or may not fall exactly on an actual crease line on the skin. To locate the set point most accurately, bend the finger slightly to see where the natural bending line is between the Lower Zone and the palm. Then draw an imaginary line along there. Jupiter and Apollo set points usually are at the same level, and are set slightly lower than Saturn's set point. Mercury's set point is slightly below the Apollo and Jupiter set points.



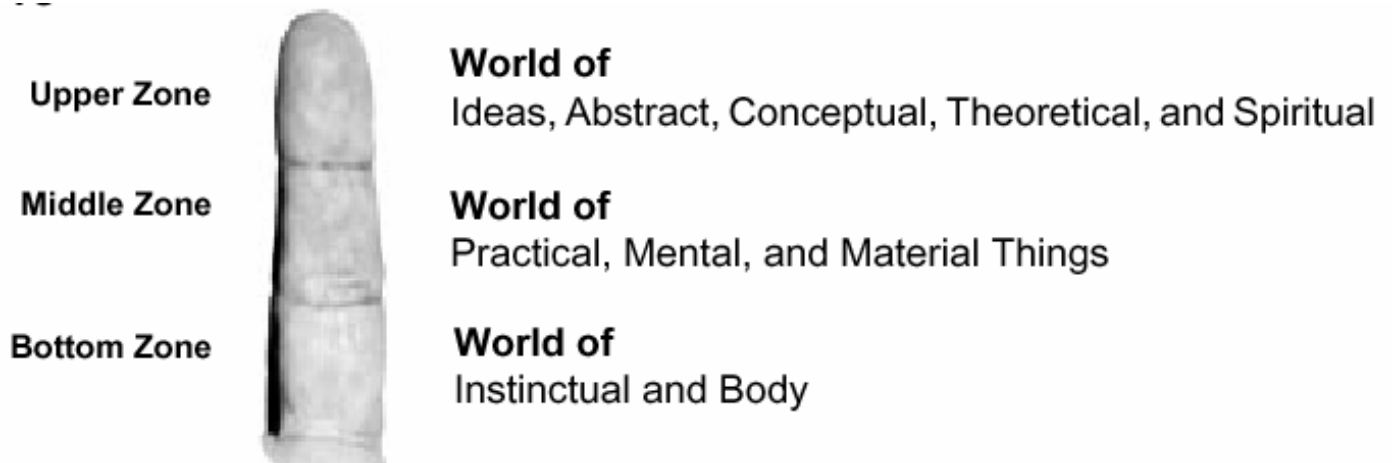
### What the Set Point Indicates

The set point of the fingers reveals how strongly a person feels about **specific needs**. Any finger that is set higher than normal indicates that the qualities associated with that finger are highly **needed** and are very important to that person. We will be covering the individual qualities associated with each of the fingers in the following chapters. For now, just be aware of the rule that states, "A finger set higher than normal shows a higher than average need for the qualities associated with that particular finger".



## The Finger Three Zones

Each finger has three zones: an **Upper**, **Middle**, and **Lower** zone (Fig. 2-15). The indicators in each zone reveal how a person functions in specific areas of life. These areas in life we call “**Worlds**”. Shown below in Figure 2-15 are the Worlds associated with each zone.



The finger of Jupiter	
Long	In Excess
Love of power	Tyrannical
Command over people	
Extreme egotism	
Short	Crooked
Non - aggressive	Lack of principle in rule and ambition.
Dislike of responsibility	Lack of principle in rule and ambition.
The finger of Saturn	
Long	In Excess
Prudence	Morbid desires
Love of solitude	
Short	Crooked
Frivolity (especially if pointed)	Morbid sensitiveness

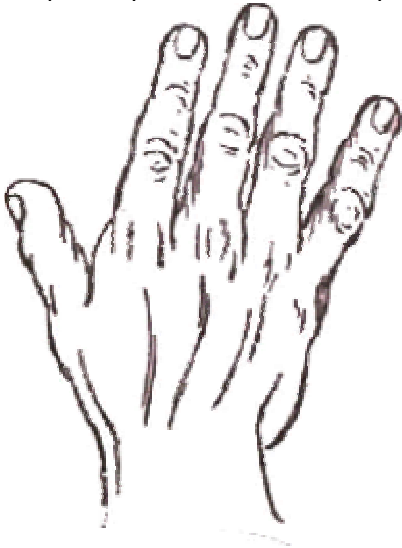
<b>The finger of the Sun</b>	
<b>Long</b>	<b>In Excess</b>
Love & Worship of art	Desire for speculation
Desire for celebrity	Craving for notoreity
<b>Short</b>	<b>Crooked</b>
Dislike to publicity	Lack of principle in their desire for notoreity
Less love of art	
<b>The finger of Mercury</b>	
<b>Long</b>	<b>In Excess</b>
Mental power	Extreme diplomacy
Power of expression especially in speech	A desire to cover actions by deceptive language etc.
<b>Short</b>	<b>Crooked</b>
Slow in grasp of ideas	Lack of expression
Less love of art	
Easily failed in plans	Easily influenced by people

# Hand Types

## **The Elementary or the Lowest type**

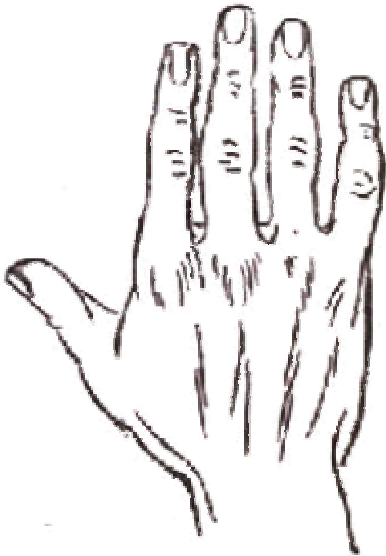
We must consider the seven types of hand starting at the lowest, the elementary or as it is often called the necessary hand. This hand naturally belongs to the lowest type of mentality it is on the border line between the brute and the man. In appearance it is coarse and clumsy, with large, thick, heavy palm, short fingers and short nails. It is always important to notice the length of palm and fingers. The important point in elementary hand: the palm is always thick and coarse and the fingers are short and clumsy. The hand itself is extremely short and barely reaches the base of the first finger. There is very little to be seen on the palm.

There are very few lines on such hands, seldom more than the three lines heart, head and life. People possessing such hands have little mental capacity, and what they do possess leans more to the order of



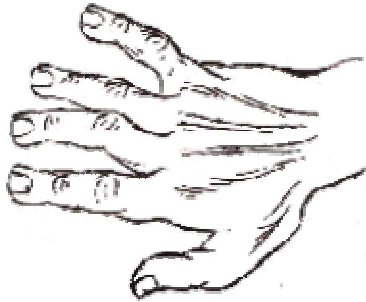
**ii. The Square or the Useful hand**

This is so called because the palm is square at the wrist, square at the base of the fingers and the fingers and nails are also square. Such a type is called the useful hand because it is found in so many walks of life. The square hand is most practical and logical of all the types. People with such a hand are orderly, punctual, and precious manner. They form conformity with custom and habit. They respect authority, they love discipline, they have a place for everything and every- thing is kept in its place, not only in there household, but in their brains. They respect law and order and are slaves to custom, they are not quarrelsome, but are determined in opposition, they prefer reason to instinct, peace to war, and are methodical in work and habit. They neutrally love the exact sciences and practical studies. They encourage agriculture and commerce; they love home and the duties of home, but are not demonstrative in affection. They are sincere and true in promises, staunch in friendship, strong in principle and honest in business. Their greatest fault is that they are inclined to reason by twelve-inch rule and disbelieve all that they cannot understand. They are good lawyers, doctors, scientists and the business men.



### **The Spatula or the Nervous active type :-**

This hand type is called spatula not only because the tips of each finger resembles the spatula which chemists use in mortars, but also because the palm, instead of having the square ness of the preceding type, is either unusually broad at the wrist or at the base of the fingers. It is usually found crooked and irregular. The palm itself spatulated in two positions, either extremely broad at the base of the fingers and tapering back towards the wrist or very broad at the wrists and stopping towards the base of the fingers. The spatulate hand may be



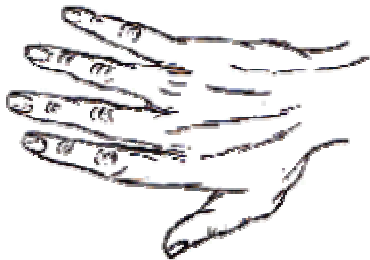
### **The Philosophic or the idealistic hand :-**

The name of this type explains itself. The word 'philosophic' being derived from the Greek word 'philos' meaning love and 'Sophia' meaning wisdom. It is the most easily recognized hand. It is usually long and angular with bony fingers, developed joints and long nails. They are philosophers. It is seldom that they gain great success in the form of wealth. They study mankind, they know every chord and tone in the harp of life, they play upon it and are gratified with its responsive melody more than with the click of coin. Such people love mystery in all things. If they preach, they preach over the heads of the people, if they paint, they are mystic, if they are poets, they discard dramatic clash and color of life for the visionary



### **The Conic or the Artistic type:-**

The conic hand if properly speaking, is medium-sized with the palm slightly tapering, and the fingers full at the base, and conic, or slightly pointed, at the tip or nail phalange. It is often confused with the next type, the psychic, which is the long and narrow hand, with extremely long, tapering fingers. The main characteristics of the conic hand are impulse and instinct. People with conic hand are often, in fact, designated as 'the children of impulse'. On the contrary this type simply indicates the love for art and beauty in every shape and form. They show an artistic, impulsive nature. They may be clever and



### **The Psychic or the Idealistic hand :-**

It is the most beautiful but the most unfortunate type of hand to possess if we consider worldly advancement. In formation it is long, narrow, and fragile-looking, with slender, tapering fingers and long, almond-shaped nails. Its very fineness and beauty, however, indicate its want for energy and strength. This type of hand has the purely visionary and idealistic nature. They appreciate the beauty in every shape and form, they are gentle in the manner, quiet in temper, confiding, and they instinctively trust every one who are kind to them.

the brute. They have little or no control over their passion, love of form, color, and beauty does not appeal to them. The thumb of such hands is short and thick, with the upper part of the nail phalange heavy, full, and generally square. Such people are violent in temper, passionate but not courageous. If they commit murder, it is in the fury and in the spirit of destruction. They possess a certain low cunning instinct. These are people without aspiration. Simply they eat, drink, sleep, and die.

Either hard and firm or soft and flabby. In the first mentioned case it indicates a nature, restless and excitable but full of energy of purpose and enthusiasm. If the speculative hand is soft and flabby it denotes a more restless and irritable spirit, such persons could stick to nothing long. They change with the mood of the moment, and are usually dissatisfied, discontented and erratic. The most striking characteristic of all is the singular independence of spirit. It is this spirit that makes them explorers and discoverers and causes them also to depart from the known rules of engineering and machines to seek the unknown and thus become

famous for their inventions. No matter in which grade or position of life these spatula hands find themselves, they always strike out for themselves and assert their right to possess a mark individuality of their own. A singer, actress, doctor, or preacher with such an instinct will break all rules of precedent - not by any means for the sake of eccentricity, but simply because they have an original way of looking at things and their sense of independence inclines them to resent other people's idea.

Similes and vaporize drippings of the spirit. These people are mostly religious. Such hands are found very largely among the Oriental nations, particularly in India. The Brahmans, Yogis, and other mystics possess them in great numbers. In England, striking examples are found in the hands of Cardinal Newman, Cardinal Manning, and Tension. They are also largely seen among the Jesuits of Catholic Church, rarely in the English Church, and more rarely in Baptists, Presbyterians. In character they are silent and secretive, they are deep thinkers, careful over little matters even in use of little words, and they rarely forget an injury and are blessed with the power of patience.

Quick in thought and ideas, yet they are so utterly devoid of patience and tire so easily, that they rarely carry out their intentions. Such people appear to be the greatest advantage for the company. They are good conversationalists, they grasp the drift of a subject quickly, but they are more or less superficial in knowledge and other things. They judge everything by impulse and instinct. They are also very much influenced by the people with whom they come in contact, and by their surroundings. They are impressionable in affairs de Coeur; they carry their likes and dislikes to extremes, they are usually short-tempered but it is a thing of the moment. Such people tire so easily that they rarely carry out their designs or intentions. They are generous and sympathetic, selfish where their own personal comfort is concerned, it is true, but not in money matters, they are easily influenced to give money for charity, but alas! Here they have not the power of discrimination; consequently the money is given to anybody or anything which may rouse their sympathies at the moment.

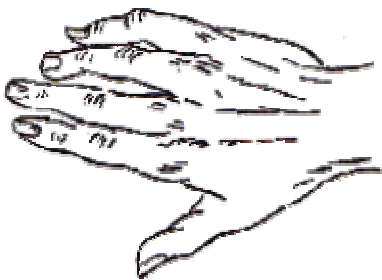


They have no idea of how to be practical, business-like, or logical. They have no conception of order, punctuality or discipline. They are easily influenced by others, against their will; they are carried away by the

strong rush of humanity. Color appeals to their nature in the highest possible way, to some, every tone of music, every joy, every sorrow, every emotion is reflected in a color. This is unconsciously a religious one, it feels what is true, but has not the power to seek truth. In religion such people will be more impressed with the service, the music, and the ceremony than with the logic or truth of the sermon. They are devotional by nature; they seem to dwell on the confines of the spiritual. They feel the awe and the mystery of life, without knowing why. All forms of magic and mystery attract them. They are easily imposed upon and bitterly feel resented on being deceived. These individuals have the quality of taking initiatives.

### **The Mixed hand :-**

The mixed hand is the most difficult of all to describe. It is so called because not only the fingers, but the hand itself, cannot possibly be classed under any type of hand such as square, speculated etc. The mixed hand is the hand of ideas, of versatility, and generally of changeability of purpose. A man with such a hand is adaptable to both people and circumstances, clever, but erratic in the application of his talents. He will be brilliant in conversation, be the subject science, art, or gossip. He may play some instrument fairly well, may paint a little, and so on, but rarely will be great. When, however, a strong line of head rules the hand, he will, among all of his talents choose the best. Such hands find their greatest



Scope in work requiring diplomacy and tact. They are so versatile that they have no different dispositions with which they come into contact. Their most striking peculiarity is their adaptability to circumstances, they never feel the ups and downs of fortune like others and almost all classes of the work are easy to them. They are generally inventive. They are fond of new ideas: one moment they determine to write a drama, the next, perhaps, they invent a gas-stove or go into politics but as they are always changing, and unstable as water, they rarely succeed



# Finger Types



## LONG

Contemplative, cautious, enjoys detail and making plans, self-reliant, intellectual



## SHORT

Curious, impatient, quick thinking, adventurous, doesn't enjoy detail



## SMOOTH

Impulsive, temperamental, artistic sense, helpful, instinctual



## PSYCHIC

The fingers are tapered from the root to the tip, ending in a decided point, impractical, religious, mystical, interest, intuitive



## KNOTTY

Analytical, philosophical, reflective, orderly, systematic, depth of understanding

**RIGID**

Hard to bend - inflexibility of character, stubborn, skeptical, dogmatic.

**CONIC**

Artistic - the finger tapers from the lower joint to the tip where it ends in a rounded thimble-like cone. Conic-rare, delicate and beautiful things, sensitive, refined, careful and curious

**SQUARE**

The fingers are the same width as the length of the finger with the fingertips square shaped. Practical, successful, artistic, talented, and dependable

**SPATULATE**

The finger continues the same width from the root to after the upper joints where it widens and ends in the form of a druggist's spatula. Active, restless, inventors, good with their hands, productive

**THIN**

Intellectual, appreciation of fine art, unusual tastes



**THICK**

Needs public approval, seeks fame, notoriety and glory

# Finger Nails

## The Shape, Size, Texture, Color and Condition

The study of fingernails is one of the most important parts of Palmistry. Their shape, size, texture, condition and color relates to the character, health, personality, temperament, the nervous system and glands. The fingernails are a remarkably accurate guide to many diseases. Doctors now recognize the value of observing and studying the fingernails of their patients. It can inform them of their patients' hereditary diseases., especially the diseases of the heart, nerves, lung and spine.

We are born with our fingernail shapes and they will remain with us for the rest of our lives. Only the condition of the fingernails can change. This information can help us understand ourselves as well as others. When studying the fingernails you will find that the fingers of the hand can have more than one type of fingernails and the condition and shape of the fingernail also relates to the finger the nail belongs to.

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### Nails

<b>Soft nails</b>	Nutritional deficiency, arthritis
<b>Hard nails</b>	Vigor, mental strength, natural power
<b>Thin nails</b>	Sensitive, love of beauty in art and nature
<b>Flexible nails</b>	Flexible, daring, healthy
<b>Thick nails</b>	Lack of sensitivity
<b>Brittle nails</b>	Brittle person, cannot handle stress

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## Nails as an Indicator of Health



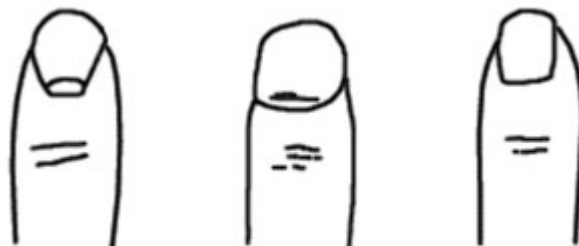
Long wide nails warn of lung weakness



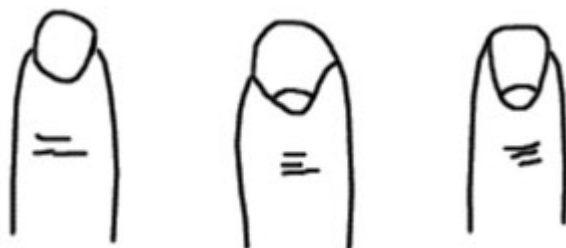
Long narrow nails warn of spinal weakness and general delicacy



Short nails of rounded shape show a tendency for laryngitis, bronchitis, and general throat and nose ailments.



Indicates bad circulation and heart trouble.



**Shell-shaped nails point towards possibilities of paralysis.**

## The Thumb

The thumb is one of the most important and distinctive features on the hand. It is the key to the character and personality. Its length, shape and inclination all give valuable clues to its owners makeup and individuality. Just at a glance you can judge the amount of will power and reasoning ability that can control and guide the life of the individual. The Mount of Venus shows whether they are warm and fiery or cool and collected. The thumb can show whether you deliberately make the best of all your talents and abilities or whether your success will depend on chance.

If we were to learn only the meanings given to the thumb in Palmistry, we would have the ability to understand the character and strength of anyone with whom you come in contact. The thumb as in the fingers are divided into two phalanges and at the base of the thumb or root on the mount of Venus. That is why the thumb can be classified both as being the study of Cheirognomy (the shape of the hands and fingers) and Cheiromancy (the lines and mounts).

The first phalanx, which has the thumb nail, denotes the amount of will power, determination and temper. The second phalanx denotes logic and reason. The Mount of Venus (also called the third phalanx) denotes love, sympathy, passion, enjoyment, love of music, love of dancing, a desire to be liked. In other words, sensuous.



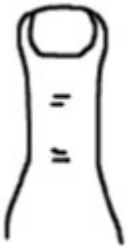
**AVERAGE**

The first and second joints of the average thumb are of equal length. Well-balanced



**POINTED**

Weak will; Lack of practical determination



**SPATULATE**

Opinionated; a dynamo



**SQUARE**

Will power; practical



**STRAIGHT**

Mental strength





**ARCHED**

Emotional strength



**THICK**

Practical, passionate



**THIN**

Lacks confidence



**WAISTED  
THUMB**

Indented joint (like a waist), tact; fine,  
quick mind, a peacemaker

**LOWER  
JOINT**



**THICK JOINT**

Blunt and Tactless

**FLEXIBLE**

Generous, adaptable

**CLUBBED**

Uncontrolled temper

**LOW SET THUMB**

The best way to see the set of the thumb on the hand is to have the client raise their hands to face you in its natural position. It will not only show the set of the thumb but the thumbs' angle. You can easily recognize if the thumb is set close to the root of the forefinger or much lower almost to the wrist. If the thumb is low set, it indicates a strong love of liberty and an independent nature. Its owner has courage of their conviction and cannot be restricted. Ready to fight for freedom and human rights. They are the champions of the underdog and work toward social reform. They have a generous nature and are liberal in their actions. As a rule, the lower the

thumb sets on the hand the greater the intelligence. They are generous and sympathetic people, but can be careless and overgenerous.



### ***MEDIUM SET THUMB***

Indicates a person who is well balanced, neither extravagant nor mean, never obstinate, frank, honest, loyal and not week-willed. They are an adaptable person who avoids extremes.



### ***HIGH SET THUMB***

The high set thumb is set close to the root of the forefinger. These people want their independence and have a tendency to be mean and selfish. They lack courage and have a restricted outlook on life. They are unable to stand by their convictions - a weak mentality - you will find them secretive. They show a cautious nature with a stubborn tendency.

## Color and Character of the Skin

**Very pale** - This an indication of Selfish disposition; anemia.

**Yellow** - This points towards morbid disposition; biliousness.

**Pink and mottled** - This is a sign of Hopeful, cheerful disposition; well balanced constitution.

**Red** - This generally denotes Quick temper; superabundance of blood.

**Very red** - It is generally a symbol of Violent temper; danger of apoplexy.

**Extra smooth Skin** - Also called as "Satin skin" People possessing such a skin type have tendency to rheumatism and gout.

**Dry Skin** - People with such a skin type are prone to fever and as perspiration being insufficient may also cause skin diseases.

**Damp skin** - In such a case, especially if the sweat is cold and clammy it is an indication of Very serious liver trouble; often ill-balanced moral nature.

## Mounts On hand

The mounts refer to the fleshy lumps that appear on your hand, the high spots or "mountains" on the plane of the hand. The most prominent ones are roughly at the base of each finger and thumb. These are named after the finger or other feature which they are nearest. In general, the larger the mount the stronger the characteristic in the person. There is a special meaning if the mount is not exactly under the proper finger, but that's more specific than will be discussed here.



### JUPITER

#### **Positive**

expansion, ambition, religion, philosophy, prosperity, direction, leadership, honor, love of nature

#### **Negative**

atheist, pride, power, authority, corruption



### SATURN

#### **Positive**

work, karma, limitations, paternalism, solitude, tradition, seriousness, soberness, wisdom, superstition, balance wheel

#### **Negative**

cynicism, depression, negative attitudes, complaints, restrictions, sadness, gloom



**APOLLO**

**Positive** creativity, entertainment, love of the arts, majesty, benevolence, nobility, happy, successful, dashing

**Negative** egocentricity, prudish, dependency, lacking self respect, lost potential



**MERCURY**

**Positive** communication, business, finances, medicine, science, quickness, industry

**Negative** dullness, exaggeration, treachery, indebtedness, procrastination, lethargy



**UPPER MARS**

**Positive** energy, assertion, warrior, calmness, courage, adventure, sports

**Negative** anger, quarrelsome disposition, gambling, aggression, combat, resistance, coolness

**PLAIN OF MARS**

**Positive** physical defense

**Negative** temper

**LOWER MARS**

**Positive** strength, skill, courage

**Negative** aggression

**VENUS**

**Positive** sensuality, sympathy, aesthetics, love, sex, family, music, grace

**Negative** uncontrolled passion, lack of feelings, insecurity, lust, dependency



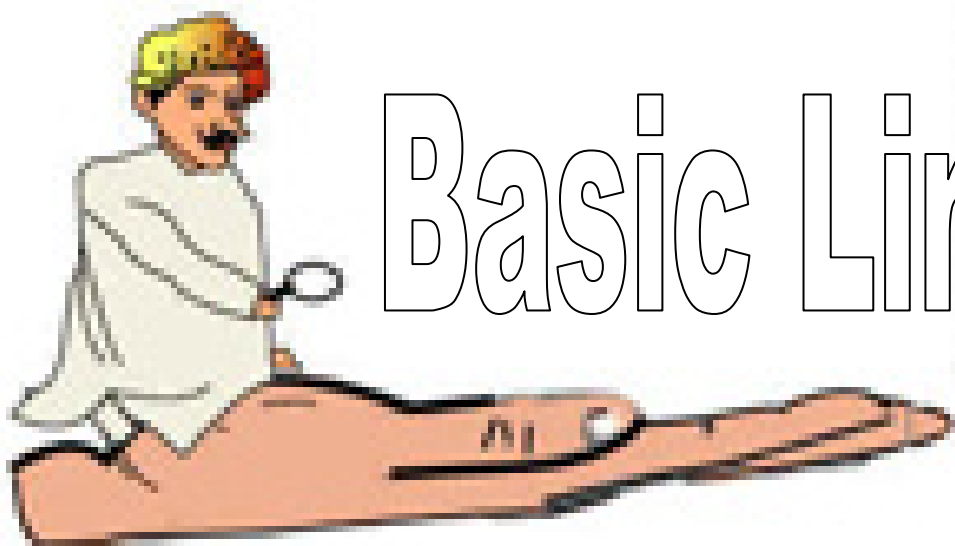
**MOON**

**Positive** imagination, subconscious receptivity, travel, poetry, dreams, fancy, mystical

**Negative** moodiness, restlessness, melancholy, deception, coldness, selfishness



# Chapter 3



# Basic Lines Study

## Theory of Lines

Ovals on the heart denote line-divorce, separation. A long heart line: Overly romantic. A straight heart line: The mind rules the heart. The heart line ends on the Jupiter mount: You want to control relationships

Above the heart line: A "V" denotes empathic qualities. A "U" from the Jupiter to the Apollo finger: Gay person

Horizontal lines under the Mercury finger: Karmic relationships: Long lines that run across the palm of the hand to the Mount of Venus (past lives) (thumb) denote marriages or 'living together'. (They are marked the same way).

Vertical lines: Full ones that cross horizontal lines: Your children should you decided to have any. Short lines: Miscarriages, abortions. (This will come up on the father's hand as well).

Head Line: Education: College--crosses the entire palm. Masters Program--has branches from the primary Head Line. Small branches: Other courses of study.

Life Line: Surround Venus Mount (thumb) Starts from above the thumb and goes to the wrist. If not connected to the Head Line: Caretaker, independent thinker, will give a lot in this lifetime, usually first or last child in the family-- or the only child (if the space is really wide). Double line: Depression, needs therapy at some point. A "V" closer to the wrist: a divorce A split in the line: Moving far, changing destiny

Lines that follow the Life Line of your Venus Mount (thumb area): Spirit Guides, Past Lives

Fate / Career / Destiny Line: Runs from the wrist straight up to the Saturn (middle finger). Career / careers: will often branch in many directions which will determine changes in career and goals in one's lifetime. Doubled line denotes: working at 2 careers at the same time.

Travel lines: Run along the outside palm from the heart line to the wrist. This needs to be viewed with a palm print to see where the person will travel next! Many lines: Traveling for business as well as pleasure. A few long lines: Major trips that change your destiny, often seen in the old years.

Money lines: From outside of the Venus mount to the heart line. Run upward from the wrist. May have stars, bars or various other markings to indicate money and how you will get it. A wide "V" in that area: cash settlement. Darker / deeper lines: Finances increase scattered lines: Make lost of money but at various times in your life. Palm prints denote: white space in that area: you will lend money but never get it back: learning lessons with money. How many lessons depend on how many white areas are between the life line and the thumb on your palm print?

Other lines: Pentagrams, Stars, Circles, Triangles, The letter "M", the letter "V".

All markings depend on the area of the hand where they are found.

Many markings do not mean an old soul. Many men have few lines and are old souls. Blue collar workers have fewer lines--usually just the basic lines.

## Major Lines

**Heart Line**

**Head Line**

**Life Line**

**Fate or Destiny Line**

**Line of Sun or Success**

**The Simian Line**

Love, attraction, health of the heart

Mental capacity, health

The length and condition of life

Luck and success

Creativity

Accomplishment, purpose



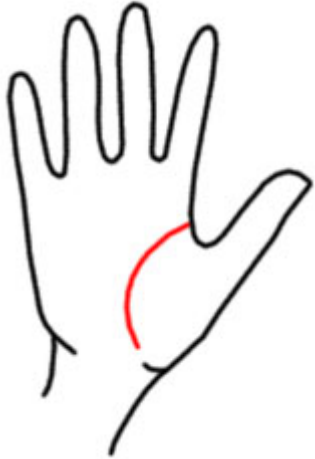
### HEART

Affections, emotions, jealousy, relationships, health, anything that touches the heart.



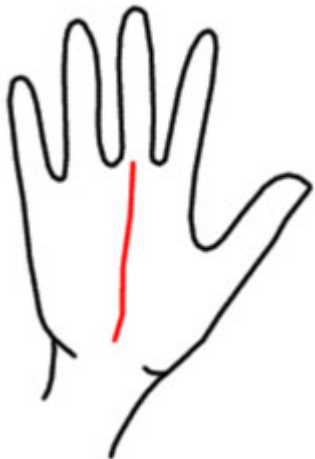
### HEAD

Concentration, common sense, strength of decision, intelligence, imagination, confidence, health.



**LIFE**

Vitality, health, physical strength, time, life plans, important events, home, family, purpose



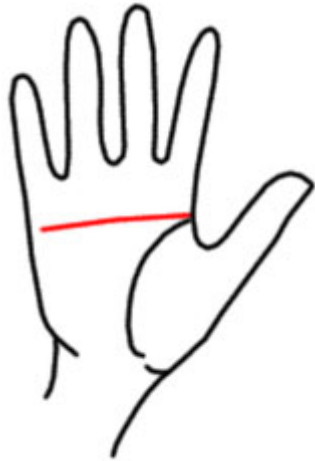
**FATE**

Destiny, career goals and successes, luck, opportunities, opposition to career.



**SUCCESS**

Creative abilities, direction of creative abilities, fame, inheritance, entertainment (Apollo, The Line of Success).



### **SIMIAN**

When the Line of Head and the Line of Heart run together, usually the line goes straight across the palm. The Simian line intensifies the mind and the personality from one extreme to the other - emotionally and intellectually. These people have a great capacity for accomplishment and purpose in life. They have good power of concentration. They are very sensitive and have their feelings easily hurt. It is not a sign of success because of their difficulty to get along with others.

# Minor Lines

<b>Marriage Lines</b>	Commitment or affection
<b>Girdle of Venus</b>	Sign of sensuality
<b>Ring of Solomon</b>	Mystical
<b>Ring of Saturn</b>	Unsuccessful
<b>Line of Intuition</b>	Psychic power
<b>Line of Mars</b>	Sister Line to Life Line
<b>The Via Lascivia</b>	Sister Line to Health Line
<b>The Bracelets</b>	Fertility
<b>Line of Influence</b>	Nerves, influenced by friends and family
<b>Lines of Children</b>	Offspring
<b>Worry Lines</b>	Nervous
<b>Travel Lines</b>	No longer considered useful
<b>Health Line</b>	General State of health

## HEALTH LINE

State of health, also intuition, business ability and temperament.



## MARRIAGE

Commitment in relationship. (Line of Affection)





**GIRDLE OF VENUS**

Sensuality, sexuality, sensitivity.



**RING OF SOLOMON**

Mystical spiritual awareness.



**RING OF SATURN**

Unsuccessful, suicidal, self destructive. Seldom found.





Psychic abilities

**LINE OF INTUITION**



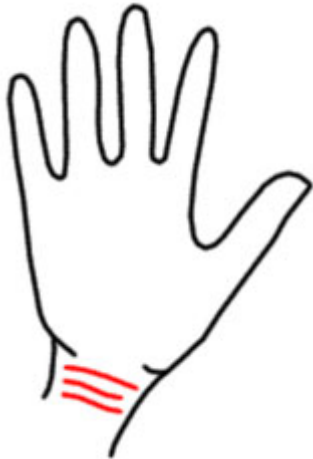
Sister line to the Line of Life. Strengthens the Life Line.

**LINE OF MARS**



Sister Line to the Health Line. Seldom seen, vitality and good health. Energy, cunning, unfaithful.

**THE VIA LASCIVIA**



**BRACELETS**

Happiness, sociability, health, fertility.



**LINES OF INFLUENCE**

Result from effect of family or closest friends through strong influence, strong mental impressions.



**LINES OF CHILDREN**

Difficult to be accurate. They are very fine upright lines on the Marriage Line.



**WORRY LINES**

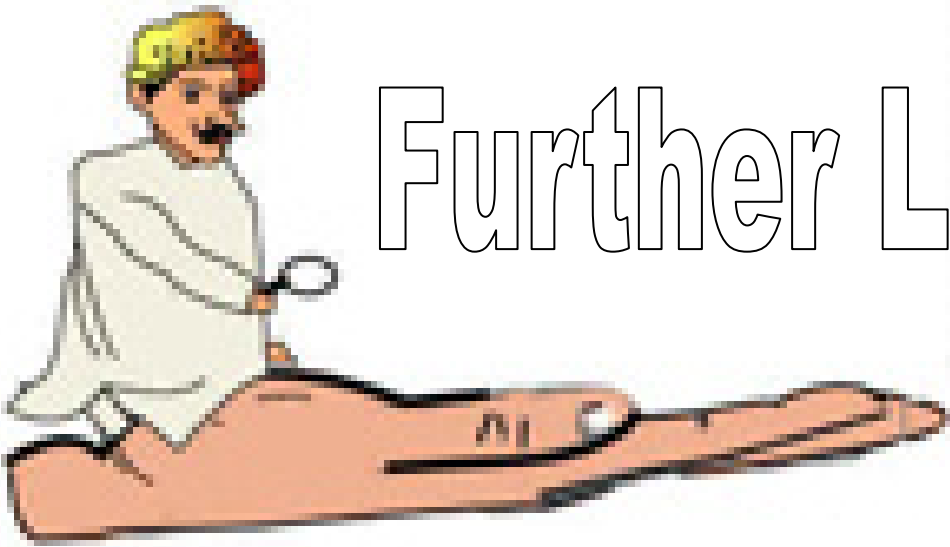
Nervous, highly strung, excitable.

**TRAVEL LINES**

These lines are out of date. The average person travels many miles in this modern world.

# Chapter 4

## Further Lines Study



## Further line study

### Line Formations

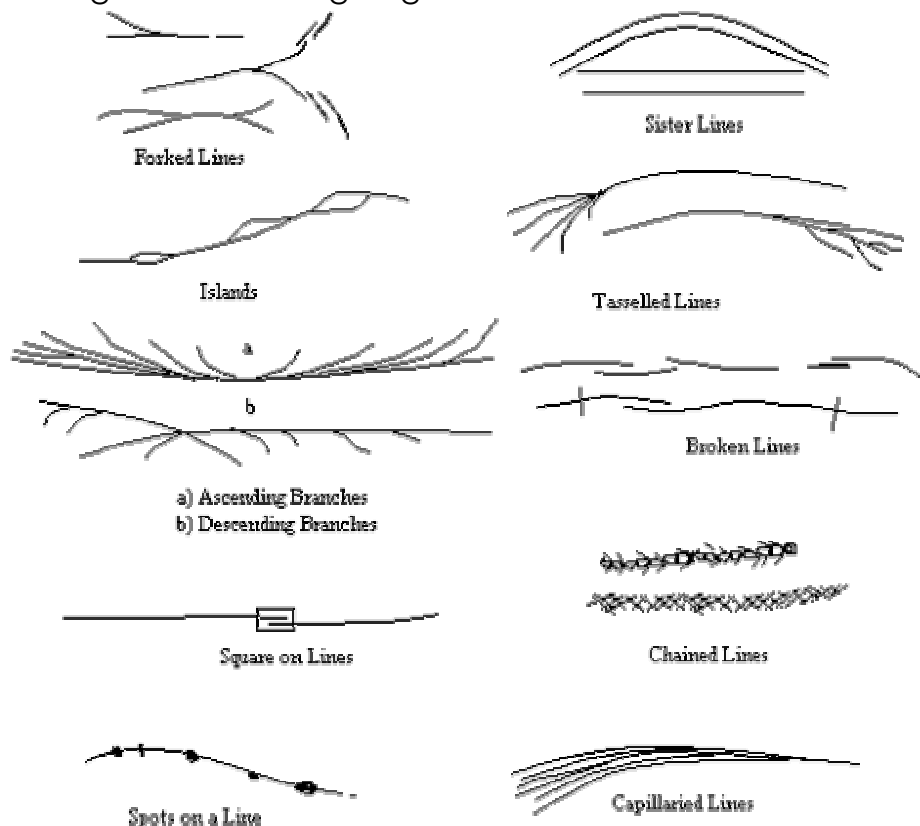
Lines should be clear and well marked, neither broad nor pale in colour they should be free from all breaks, islands, or irregularities of all kind.

Lines very pale in colour indicate, in the first place, want of robust health, and, in the second, lack of energy and decision.

Lines red in color indicate the sanguine, hopeful disposition; they show an active, robust temperament.

Yellow lines, as well as being indicative of biliousness and liver trouble, are indicators of a nature self-contained, reserved, and proud.

Lines very dark in colour, almost black, tell of a melancholy, grave temperament, and indicate a haughty, distant nature, one usually very revengeful and unforgiving.



### **The Line of Life**

The line of life, is the line which, rising under the Mount of Jupiter, goes down the hand and embraces the Mount of Venus. On it is marked time, also illness and death, and events foreshadowed by the other important lines are verified.

The line of life should be long, narrow, and deep, without irregularities and free from breaks of any kind. Such a formation promises long life, good health, and vitality.

If the line is perfect, without breaks, crosses, or irregularities of any kind, it promise that such a life should be healthy and extremely long. When the line is made up of little pieces like a chain or found splitting into little hair lines, it is then sure a bad sign of health. When the line starting stoping downward from the mount of Jupiter it denotes an ambitious life. When the line is connected with that of the head it is a good sign denoting caution, carefulness.

A medium space between head and life line is an excellent sign. It denotes that the subject is more free to carry out the plans of the life and have great energy and self confidence. All lines that rise upward from the line of life towards the mount of Jupiter shows that all ambitions of the subject are fulfilled. A line rising from the life line evolving on the mount of Saturn shows a golden period of life. A line from the life to the mount of the Sun indicates glory and success due to the subject's own life, and not to outside circumstances or to chances. Lines running in the opposite direction cutting the line of life show worries and obstacles.

When the lines of life, head, and heart are all joined together at the commencement, it is a very unfortunate sign, denoting that the subject, through a defect in the temperament, rushes blindly into danger and into those arising from dealings with other people.

### **The Line of Head**

The line of head relates principally to the mentality of the subject to the intellectual strength or weakness, to the temperament in its relation to talent, and to the direction and quality of talent itself.

. It is of extreme importance in connection with this line that the peculiarities of the various types be borne in mind as, for instance, a sloping line of head on a psychic or conic hand is not of half the importance of a sloping line on a square hand.

The line of head relates to intellectual development. The line of head may rise from three distinct points, the Mount of Jupiter, the line of life or from the mount of Mars inside the life line. Rising from the Jupiter, such a subject would have great brain power, ambition, and power. The line of head from the line of life indicates people who are very cautious and extremely sensitive. The line of head rising inside the life line on the mount of Mars is not a favourable sign - it indicates a frightful worrying nature, one is

always involved in quarrels and conflicts. When the entire line has a long gentle slope the general tendencies are imaginative, it denotes love of act, literature, music and such like. When very sloping on the mount of Lunar it denotes intense idealism, imagination.

The generalities indicated by the line of head are as follows:

When straight, clear and even, it denotes practical common sense and a love for material things more than those of the imaginations.

When straight in the first half, then slightly sloping, it shows a balance between the purely imaginative and the purely practical such a subject will have a level-headed, common-sense way of going to work, even when dealing with imagination denoting, in accordance with the type of hand, either music, painting, literature, or mechanical invention. When very sloping, romance, idealism, imaginative work, and Bohemianism.

When sloping, and terminating with a fine fork on the Mount of Luna, it promises literary talent of the imaginative order.

When extremely long and straight, and going directly to the side of the hand (the percussion), it usually denotes that the subject has more than ordinary intellectual power, but is inclined to selfish in the use of that power.

### **The Line of Heart**

The line of heart is naturally an important line in the study of the hand. Love, or the attraction of the sexes from natural causes, plays one of the most prominent parts in the drama of life, and as in the nature so in the hand. The line of heart, otherwise called the mensal, is the line which runs across the upper portion of the hand at the base of the Mounts of Jupiter, Saturn, the Sun, and Mercury.

The line of heart should be deep, clear, and well coloured. The Line of Heart may rise from three important positions, the middle of the Mount of Jupiter, between the first and the second fingers, or from the mount of Saturn.

Rising from Centre of Jupiter, it gives the highest type of love-the pride and worship of the heart's ideal. A man with such a formation is firm, strong, and reliable in his affections, he is as well ambitious that the woman of his choice shall be great, noble, and famous-such a man never marry beneath his station, and will have far less love-affairs than the man with the line from Saturn.

The Heart Line rising from between the first and the second fingers, is the most favourable sign on the hands of Man or Woman, this sign goes with a calmer temperament in matters of the heart. Such individuals seem to rest between the ideality given by Jupiter and the passionate ardour given by Saturn. They are quieter and more subdued in their passions.

. The third main position for the Line of Heart is from the Mount of Saturn, The subject will have more passion in his attachments, and will be more or

less selfish in satisfying affection, in home life he is never so expressive or demonstrative as are those with line from Jupiter. The Excess of this is the same kind of line rising very high on the Mount, often from the vary finger of Saturn. Such a subject is far more passionate and sensual than any of the others. It is generally admitted that very sensual people are very selfish-in this case they are extremely so.

When the line of heart forks, with one branch resting on Jupiter, the other between the first and second fingers, it is a sign of a happy, tranquil nature good fortune, and happiness in affection, but when the fork is so wide that one branch rests on Jupiter, the other on Saturn, it then denotes a very uncertain disposition, and one that is not inclined to make the marital relations happy, through its erratic temperament in affection.

### **The Girdle of Venus**

The Girdle of venus is that broken or unbroken kind of semicircle rising between the first and second fingers and finishing between the third and fourth.

People possessing this mark are capable of rising to the highest pitch of enthusiam over anything that engages their fancy, but they are rarely twice in the same mood - one movement in the height of spirits, the next miserable and despondent.

When the girdle goes over the side of the hand and by so doing comes in contact with the line of marriage, the happiness of the marriage will be marked through the peculiarities of the temperanment. Such subjects are peculiarly exciting, and hard to live with. If on a man's hand, that man would want as many virtiues in a wife as there are stars in the universe.

### **The Line of Health**

The Line of health rises at the base, or on the face of Mount of Mercury, and as it grows down the hand and into the line of life, so does it foreshadow the growth of the illness or germ of disease which at the time of its coming in contact with the line of life will reach its climax.

The less of the Line of Health , the better for the person. When it is completely absent the constitution is stronger. The heavier the line the more the nervous system is impaired. When twisted and irregular - biliousness, liver complaints and kidney trouble. When heavily marked from the heart to the head, and red in colour-danger of apoplexy, brainfever etc.

When crossing the hand and touching the line of life at any point, it tells that there is some delicacy at work, undermining the health and constitution.

When rising from the line of heart at the Mount of Mercury and running into or through the line of life, it foretellssome weakness of the heart. If very pale in colour, and broad, it will be bad circulation.



If red in colour, particularly when it leaves the line of heart, with small, flat nails, it gives an indication of heart trouble.

When very red in small spots, it denotes a tendency in the system toward fever. When formed in little straight pieces, bad digestion. In Little islands, with long, filbert nails, trouble to lungs and chest. The same mark, with the same kind of nails, but broad, throat trouble.

When heavily marked, joining the line of heart and head, and not found else where, it threatens mental disturbance.

### **The Line Of Sun**

The line of Sun may rise from the line of life, the Mount of Luna, the Plain of Mars, the line of head, or the line of heart. All of these types should reach the Mount of Sun.

Rising from the line of life, with the rest of the hand artistic, it denotes that the life will be devoted to the worship of the beautiful things. With the other lines good, it promises in artistic success in artistic pursuits.

Rising from the line of fate, it increases the success promised by the line of fate, and gives more distinction from whatever date it is marked - from that time things will greatly improve.

From the Mount of Luna it promises success and distinction, largely dependent upon the fancies and the help of others. In this case it is never a certain sign of success, being so influenced by fortunes of those with whom we come in contact.

With a sloping line of head, however, it is more inclined to denote success in poetry, literature, and things of the purely imaginative order.

Rising upon the Plain of Mars, it promises sunshine after tears, success after difficulty.

Rising from the line of head, there is no caprice of other people in connection with success, the talents of the subject alone being its factor, but untill the second half of the life is reached.

Rising from the line of heart it merely denotes a great taste for art and artistic things, and looking at it from the purely practical standpoint it denotes more distinction and influence in the world at that late date in life.

A good Fate and Sun line parallel to one another with a straight Line of Head is one of the greatest signs of the acquisition of wealth. The complete absence of this Line of Sun does not promise that such persons never attain to fame or distinction, yet it indicates that such people no matter how hard they work find the recognition of the world hard to gain.

### **The Line of Fate**

The Line of Fate also called the line of Destiny. The line of fate may rise from the line of life, the wrist, the Mount of Luna, the line of head, or even the line of heart.

If the fate line rise from the line of life and from that point on is strong, success and riches will be won by personal merit. but if the line be marked low down near the wrist and tied down, as it were, by the side of the life-line, it tells that the early portion of the subject's life will be sacrificed to the wishes of parents or relatives.

When the Line of Fate commences at the wrist and goes straight and clears to its termination on Saturn, it denotes a strong personality and is generally a good sign to have. It is a sign of extreme good fortune and success.

From the Mount of Luna success is far more changeable and uncertain; fate and success will be more or less dependent on the fancy and caprice of other people. This is very often found in the case of public favorites.

If the line fate rise from the line of head and that line be well marked, then success will be won late in life, after a hard struggle and through the subject's talents.

When it rises from the line of heart extremely late in life, after a difficult struggle success will be won.

When the line rises with one branch from the base of Luna, the other from Venus, The subject's destiny will sway between imagination on the one hand and love and passion on the other.

If the line of Fate sends off shoots or lines towards any other mounts but that of Saturn, it denotes that the qualities of that particular Mount will dominate the life. If the line of Fate terminate by crossing its own Mount and is going to that of Jupiter success will be great and satisfactory. Any break in the line is a sign of misfortune. When broken and irregular, the career will be uncertain. The ups and downs of success and failure full of light and shadow.

When there is a break in the line, it is sure sign of misfortune and loss, but if the second portion of the line being before the other leaves off, it denotes a complete change in life, and if veer decided it will mean a change more in accordance with the subject's own wishes in the way of position and success.

A double or sister fate-line is an excellent sign. It denotes to distinct careers which the subject is follow. This is much more important if they go to different mounts.

### **The Line of Mars**

The Line of Mars is otherwise known as the inner vital or inner life-line. It rises on the Mount of Mars, and sweeps down by the side of the line, but is distinct in every way from those faint lines known as lines, of which I spoke a little earlier.

The general characteristic of the line of Mars is that it denotes excess of health on all square or broad hands to a man of this type gives a martial nature, rather a fighting disposition, and robust strength. It also denotes that while it runs close to the life line the individual will be engaged in many quarrels, and will be subject to a great deal of annoyance, which will bring all his martial for fighting qualities into play. It is always an excellent sign on the hand of a soldier.

When a branch shoots from this line out to the Mount of Moon, it tells that there is a terrible tendency towards intemperance of every kind, through the very robustness of the nature, and the craving for excitement that it gives.

### **The Line of Intuition**

The line of intuition is more often found on the philosophic, the conic, and the psychic, than on any other of the seven types. Its position on the hand is almost that of a semicircle from the face of the Mount of Mercury to that of the Mount of Luna. It sometimes runs through or with the hepatica, but can be found clear and distinct even when the hepatica is marked. It denotes a purely impressionable nature, a person keenly sensitive to all surroundings and influences; an intuitional feeling of presentiment for others, strange vivid dreams and warnings which science has never been able to account for that much-used word, 'coincidence'. It is found more on psychic hands than on any others.

### **The Line of Marriage**

The line or lines of marriage may rise on the side of the hand or be only marked across the front of the Mount of Mercury.

Only the long lines relate to marriages, the short ones to deep affection or marriage, we will find it corroborated and information given as to the change in life, position, and so on. From the position of the marriage - line on the Mount of Mercury a very fair idea of the age at the time of marriage may also be obtained.

When the impartment line is found lying close to the line of heart, the union will be early, about fourteen to twenty - one, near the center of the mount, about twenty - one or twenty - eight,; three-quarters up the mount, twenty - eight to thirty - five, and so on. But the line of fate on the line of life will be more accurate, by giving almost the exact date of the change of influence.

### **The Three Bracelets**

The bracelets have not much importance in reading the lines. There is one strange and peculiar point with regard to them, when it is high on the wrist, almost rising into the palm, particularly when it rising into the palm, particularly when it rose in the shape of arch, it indicates weakness in the relation to the internal organs of the body - as, for instance, in the bearing of the children.

Another significance attached to the bracelets is that, if well and clearly defined, they mean strong health and a robust constitution, and this again, it is interesting to notice, bears out in a manner the point I have called attention to.

The general characteristic of the line of Mars is that it denotes excess of health on all square or broad hands to a man of this type gives a martial nature, rather a fighting disposition, and robust strength. It also denotes that while it runs close to the life line the individual will be engaged in many quarrels, and will be subject to a great deal of annoyance, which will bring all his martial for fighting qualities into play. It is always an excellent sign on the hand of a soldier.

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### **The Via Lasciva**

The Via Lasciva, otherwise called the sister health-line, is not often, and is generally confounded with the hepatica. It should run off the palm into the wrist. In such a position it gives action and force to the passion, but if running across the hand into the Mount of Venus it shortens the natural length of life by its excesses.

## Signs on Lines



### Islands - Always a sign of Ill Health or Loss

<b>Heart</b>	serious illness, cardiac weakness - lost love
<b>Head</b>	period of mental strain, weakness, stress, indecision
<b>Life</b>	illness or delicacy at the age of the line
<b>Fate</b>	set back in career, financial trouble
<b>Sun</b>	loss or scandal
<b>Health</b>	illness, delicacy, trouble in childbirth



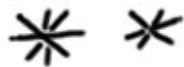
### Square - The Protection Sign

<b>Heart</b>	protection from physical dangers or from unhappy love
<b>Head</b>	strength and protection from mental stress
<b>Life</b>	recovery from serious illness and protection
<b>Fate</b>	protection from serious losses and any other signs on the line
<b>Sun</b>	protection from losses or problems
<b>Health</b>	protection of health



### Cross - Serious Illness or Loss

<b>Heart</b>	health defect of the heart
<b>Head</b>	nervous breakdown, danger to the head
<b>Life</b>	health defect at the age of the line
<b>Fate</b>	change in the cause of life, obstacle
<b>Sun</b>	warning of danger of position or good name

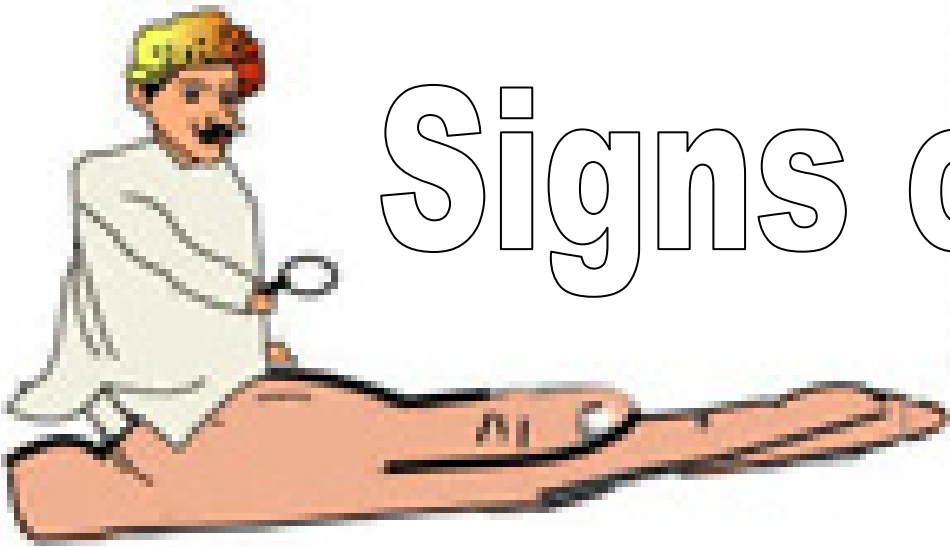


**Star - Illness, Operation, Misfortune**

<i>Heart</i>	risk of heart failure
<i>Head</i>	nervous breakdown
<i>Life</i>	sudden death, shock or accident
<i>Fate</i>	warns against danger and misfortune
<i>Sun</i>	at the end of the Sun Line, Success

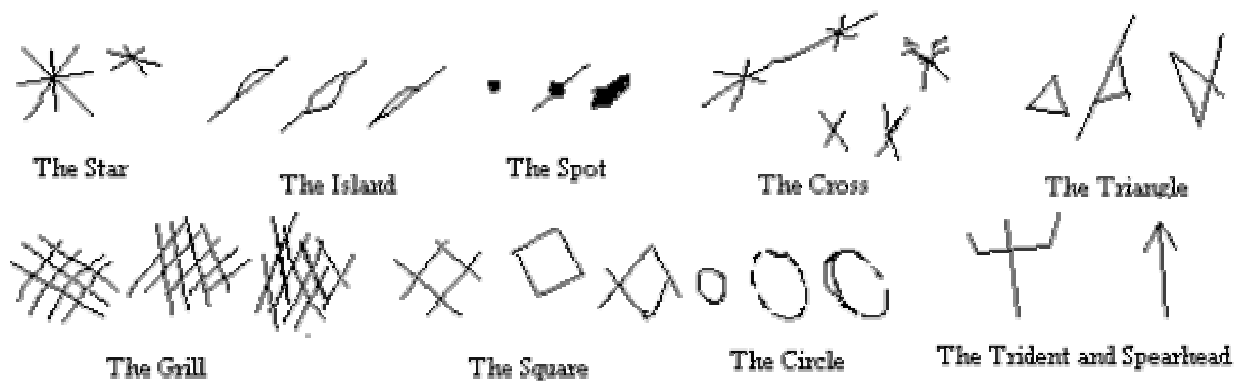
# Chapter 5

## Signs on Hand



## SIGNS ON THE HAND

An important point to be observed is to examine both hands and to depend more upon the information given by the right than that given by the left. There is a well known old saying on this point : "The left is the hand we are born with, the right is the hand we make."



### Transverse Markings

A transverse marking is an evil sign that serves to drain the positive qualities of any mount it is found upon. Though a person may have the markings of a heroic mount, these qualities can be reduced to depravity if bespoiled with a score of transverse lines. An example of such a misfortune are transverse lines across the Mount of Mercury, which indicate that the bearer will use their talents of diplomacy and tact for deceit and guile for ill gains.

### Vertical Markings

Vertical markings are not to be confused with sister lines, which accompany a major line on the palm. They are, however, still a beneficent sign. If found on the mount, they heighten its positive qualities and assist in annulling any poor signs also located on the mount. They are the antithesis of the aforementioned transverse markings. To use the case of the Mount of Mercury as expressed above, vertical markings upon this mount will bring a great deal of tact and loquaciousness to serve for pleasant communication and camaraderie. It will emphasize science and business skills. In fact, two vertical lines on the Mount of Mercury are often the symbol of a doctor or biologist.



## The Grille

The grille is a point at which the energies of the hand dissipate. If grilles enmesh the entirety of the hand, the power of its bearer is constantly drained by vexations and imagined slights. If a grille appears on the mount, it saps or thwarts the qualities of the mount, e.g. such a mar on the Mount of Apollo will forever dash the attainment of any true success in life.

## The Cross

Crosses denote troubles, disappointment, danger, and when found on lines, the harm to the bearer may be aggravated. Occasionally it can refer to a dramatic change in one's life due to a crisis or hardship. They should always be considered an ill omen save for two cases: when found on the Mount of Jupiter and when located between the head and heart lines, known as the "Croix Mystique". The bearer of such a symbol is purported to possess a greater degree of mysticism, occultism, and superstition. The length of the head line in conjunction with the Croix Mystique is quite important; should the bearer demonstrate a short (hence, unimaginative and uncreative) Line of Head, they will tend to be quite superstitious, bordering on paranoia. One with a longer Line will have a greater affinity and comfort with the occult.

The position of the "Croix Mystique" is also quite important. If located high up, near the Mount of Jupiter, the bearer will exhibit belief in mysticism only for their own gain. When their future is divined, they care not for the means and the circumstance of their oracular prediction, but only for how it will relate to *their* life. Those with crosses further from the Mount of Jupiter will care more for the principles and methods by which the mystical experience was expressed rather than its immediate application to them.

If it be at the other extreme, near or on the Mount of Luna, the bearer ascribes great feeling to mystical experiences, and possesses a flair or affinity for sensationalism and miracles.

## The Star

The star is a symbol of great and sudden brilliance in a person's life. This brilliance is often arbitrary and unexpected, and is always an event that the individual can exercise little control over. A line that ends in a star signifies the greatest accomplishments possible; however, the star often carries with it an unpleasant price. For example, put it the case that the

Line of Apollo ends in a star: this denotes great fame, but this often results in the bearer suffering the loss of their private sphere to their successful public sphere. Though the bearer is now extremely famous (or perhaps infamous), they may find their accomplishments to announce a hollow victory.

A star on the mounts will naturally denote great proficiency with the mount's corresponding traits, yet these traits may consume some of the other bearer's qualities. It is no enigma that the star on the Line of Head may at times be the harbinger of blindness or damage to the eyes, for its brilliance is so great as to tumble the most virtuous of individuals. The star is certainly a sign to be viewed with great caution. Seek temperance and balance when marked with such a capricious blessing.

### **The Island**

The Island is always a negative sign, save for some systems in determining an individual's fecundity. It is often a sign of some hereditary evil, such as a heart condition or intemperance with spirits, but it may just as easily represent non-congenital emotional stress or a dire pecuniary situation.

Unlike the star or the cross, the island is a gradual and prolonged, and oft times subtle period of strife in an individual's life. It could represent mounting stress on the line of the head, and manifest itself as headaches. Because of the gradual nature of this malady, the bearer may not have even noticed that they are in a darker period of their life. On the Line of Fate, it could be a period in which the individual finds themselves surrounded with mounting debts that peak at the widest point of the island.

In accordance with the interpretation above, it should come as no surprise that these misfortunes will last to the extent that the island is long.

### **The Square**

The square is **almost** always a beneficent symbol. It denotes an especial significance when covering an area that is experiencing turmoil, such as chained, broken, or dotted lines. In this instance, difficulties will arise (whose nature are to be discerned from the line), but the bearer will persevere and the crisis will be averted. Damage may be reduced or prevented all together. A square after perturbations in a line signifies repair.

The one instance in which the square denotes negative influences is when it is found on the upper portion of the Mount of Venus near the life line,

where it portends detention or incarceration.

### **The Circle**

The circle is a very rare marking in chiromancy, and little is said about it. It is an evil mark unless it is on a mount, in which case it usually augments the powers and promise of a mount. If it touches any line, it brings inescapable misfortune importuning to the line it touches. "...In other words, he will, as it were, go round and round in a circle without being able to break through and get free.

### **The Triangle**

The triangle is nearly always a positive sign, though strong significance should be ascribed to it only when it stands as an independent mark, not composed of intersecting lines. It denotes mental flourish and success corresponding to the location of the mark, i.e., if it were to be found upon the mount of Apollo, it would denote an artistic success, such as music or acting. If found alongside a line, it will naturally take on significance dependent upon the line, marking a point at which satisfaction and accomplishment is achieved through the exercise of mental powers. The triangle will never reach the great heights of success that its cousin, the star, but it possesses balance and will not carry with it the backlash that so often accompanies the star.

### **The Spot**

The spot is a sign of a distinct event or malady, though it often comes in groups that betoken a chronic disorder. If found on a line, it typically signifies a temporary illness corresponding to the demesne of the line, e.g., a spot on the Line of Head portends some violence to the head or brain fever.

If located on one of the mounts, it is the bearer of unique and possibly lasting meaning. *Cf.* the individual mounts for their specific meaning.

### **The Trident**

The trident is a most propitious marking wherever it may lay. If it rise from a line, it will expound the qualities of that line and draw additional power from the mounts or lines that the branches on either side head towards. If found on a mount, the trident carries with it great flourish of the properties of that mount in conjunction with its neighboring mounts. The trident is such a powerful symbol that it eclipses the star in beneficence.

### **The Tassel**

The tassel one may liken to a frayed rope, whose tightly-coiled energy and structure has dissipated in the wake of stress, age, or a sudden calamity. A tasseled line can oft be found at the end of the lifeline; as the individual weakens and deteriorates with age, so too does the line. Such is the case with the Line of Head, where it denotes a weakening of mental clarity and approaching senility; the Line of Heart with a deteriorating heart condition or emotional trauma that has left the individual enfeebled and unstable, *et cetera*.

### **Drooping Offshoots**

Lines that droop from any larger line each indicate a disappointment in life. Along the Line of Heart, it denotes disappointment in love or an unfortunate event in which the individual became too emotionally involved. Along the Line of Head, it may signify the thwarting of one's ideals or disillusionment.

### **Rising Offshoots**

Rising offshoots are the inverse of drooping offshoots. They represent periods of sudden inspiration, fruition, and happiness. When determining the nature of the offshoot's properties, it is essential to observe in which direction the offshoot is headed. It will draw upon the qualities of the mount that it is directed to. For example, an offshoot springing from the Line of Head and nearing the Mount of Mercury is a sign of scientific prowess--perhaps an invention, or a discovery, or a synthesis of concepts that have long been drifting through the individual's mind, but had hitherto been dissociated.

### **Sister Lines**

Sister lines bolster the line along which they follow. Some sister lines are quite common, such as the Line of Mars, which accompanies and strengthens the constitution denoted by the Line of Life; some chiromancers feel that the Line of Apollo is a sister line for the Line of Fate, as it serves a similar function and accentuates the fulfillment one feels in the course of their career. In a more generalized sense, however, sister lines protect and heal lines that are broken, crooked, frayed, or side-by-


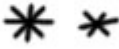
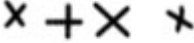
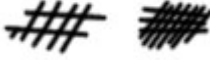
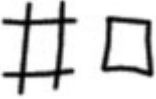
side. Lest a line exist with several negative markings, sister lines will be the guiding hand that shall shield the bearer from the brunt of life's assaults.

### **The Lines.**

This point marks the beginning of the navigation of the lines within the palm itself. Before the reader embarks upon this journey, it should be assured that he keeps the lessons discussed in previous sections in his memory, for though each line and mark carry their own particular import, these inferences should not be announced lest they be collaborated by accompanying marks (or their absence). For

no *single* evil mark must be accepted as decisive. If the evil is important, almost every principal line will show its effect, and both hands must be consulted before the decision can be final. A single sign in itself shows only the tendency; when, however, the sign is repeated by other lines, the danger is then a certainty. Also of importance are the mounts, which may prove to cancel some of the qualities read within the lines. Though an individual may have a strong Girdle of Venus denoting a great force to the passions which may eventuate in carnal gratification, it would be unwise for any chiromancer to declare their subject a sensualist without first consulting the mount of Venus, whose great flatness could annul the overabundant qualities embodied within the Girdle. These things being considered, the reader is presented with a choice. Below are discourses on the five principal lines of the palm, and eight auxiliary lines.

## Summary Of Signs

	TRIANGLE	STAR	CROSS	GRILLE	SQUARE
					
<b>Mercury</b>	business success	charisma	financial obstacles	healing abilities	illness recovery
<b>Apollo</b>	success in arts	wealth	opposition	desire for fame	honors
<b>Saturn</b>	increased strength	uncertain destiny	depression	over-sensitivity	protection
<b>Jupiter</b>	politician	powerful positioning	competition	vanity	spiritual development
<b>Upper Mars</b>	bravery	explosive temperament	struggle for power	confusion	military career
<b>Venus</b>	emotional happiness	love of sex	suspicion	flirtations	security
<b>Moon</b>	psychism balanced with reason	psychic breakthrough	lying	disturbing dreams	safety in travel

## Vertical Lines on Either Hand

Vertical lines (Fig. 2-3) may appear on the palms and on the fingers. They represent energy pathways for giving, receiving, and using the energies in that particular

area of the hand. These lines can be considered as pipelines

or electrical circuits that the energy flows through. The

location of the line reveals the type of personal qualities

and type of energy flowing. In later chapters you will learn

what types of energies are in each area of the hand. At this

point we are just establishing that vertical lines may be

present and they indicate energy flowing.

Vertical lines are beneficial lines. They show that it is exceptionally easy

for the person to both give and receive the energy qualities in that area

of the hand. For example, the little finger (called Mercury) has energy qualities related to communication and intimacy. Vertical lines on Mercury show that these energy qualities are especially easy to use in everyday activities. The deeper, longer, and clearer the vertical lines, the better the flow of energy for communication and intimacy.

Not all hands have vertical lines. In fact, some hands show

only the major lines. People with very few lines on their hands will be very guarded about showing their emotions.

It does not mean that they do not have emotions, it just means they keep them very tightly controlled and hidden.

Some people may show only the three or four major lines, plus a few vertical lines in just one area of the hand. The

area where the vertical lines are located indicates which types of energies do flow easily. For example, the vertical

lines may be only on the Mercury Finger. This would

indicate that the energies of communication and intimacy flow easily in daily life.



## Horizontal Lines on Either Hand

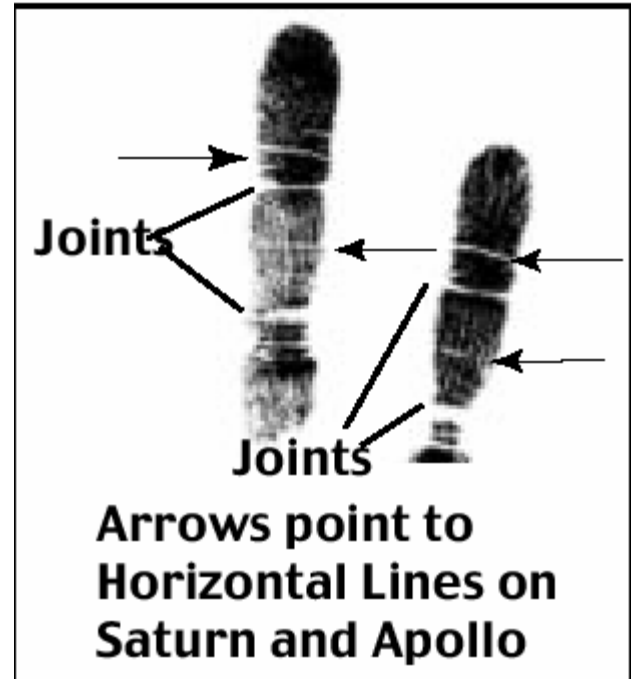
Horizontal lines (Fig. 2-5) represent **resistances or blocks** to the natural flow of energy to and from specific areas of the hands. Of course we are not talking about the horizontal lines on the joints but rather those horizontals between the joints. Horizontals

reveal that the person is resistive to, or blocking, some personal qualities and energy in daily life. The

specific location of the horizontal line indicates which personal qualities and energies are being blocked in the person's life.

For example, the end zone of the thumb (from the upper joint to the end) is associated with the qualities of will power and determination. If there are one or more horizontal lines in the thumb end zone, it

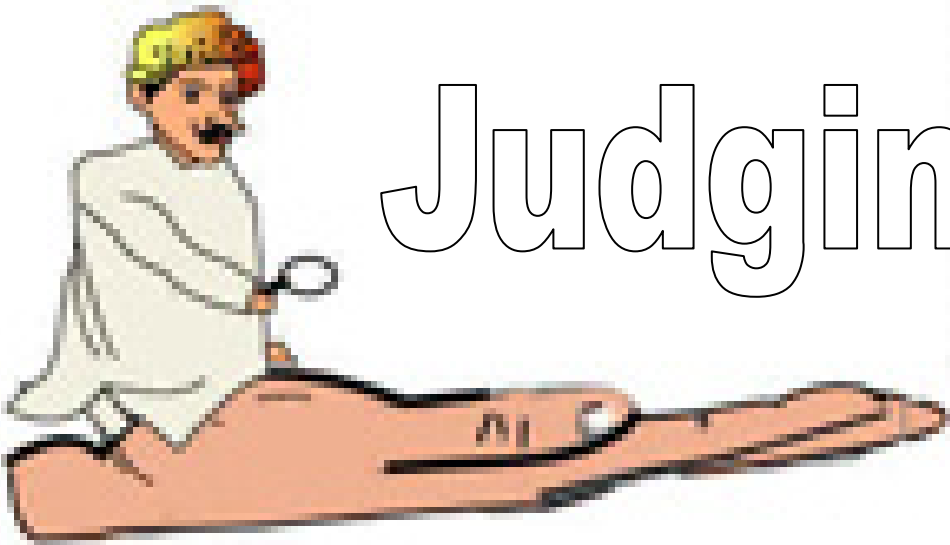
reveals that the person has blockages or resistance to fully utilizing will power and determination.





# Chapter 6

# Judging Time



## Judging Time

When reading palms and trying to judge time on the lines of the palms, I use the system of seven which I first read about in Cheiro's book on palmistry. I have found it to be very accurate. I recommend this system to you. Nature seems to use the system of seven. From the medical and scientific standpoint the number seven is the most important point of calculation. Our entire system undergoes a complete change every seven years. There are seven stages prior to birth, and the brain takes seven forms before it takes on the unique one of a kind character of your human brain. We have also discovered that the number seven has played a very important part in history. There are seven human races, seven wonders of the world, seven days in the week, seven colors, seven minerals, the three parts of our body each contain seven sections. The most important point that is important to us in judging time on the lines of our palms is that our entire system undergoes a complete change every seven years.

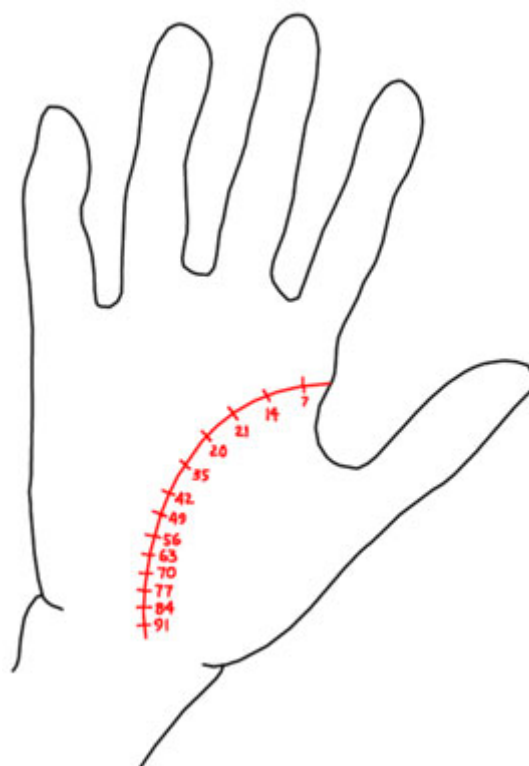
By using the seven year cycle on the lines of the hand, you can divide them into sections giving dates as accurately as possible.

When judging the time on the Life Line, Fate Line and other vertical lines, I use the base of the second phalanx of the thumb and draw an imaginary line across the palm which is about the center of the hand, and use this as 42 years. All measurements of time in terms of years can only be approximate as we do not know the time of death. When judging the time of the lines, in all instances they are spaced wider at the beginning of the lines, narrower toward the end of the lines.

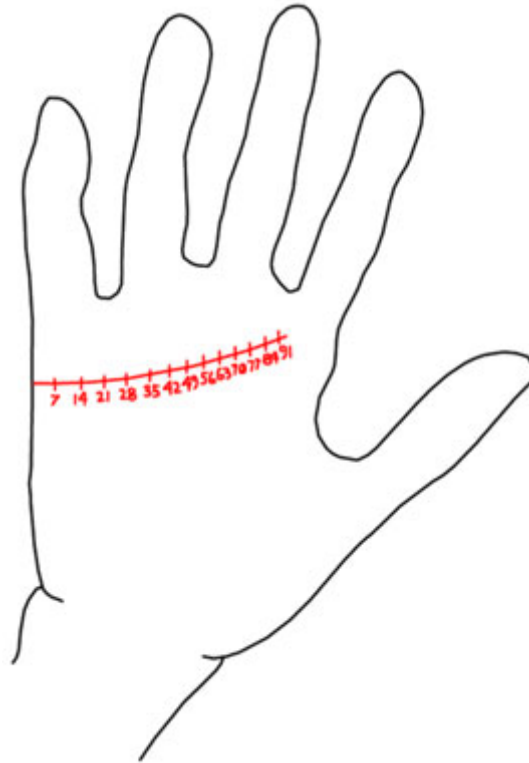
The vertical lines, Fate, Sun, Health are real from the wrist upwards. The Life Line begins under the index finger circling the Mount of the Lower Mars and Mount of Venus. The line ends in most cases under the Mount of Venus.

The Hart Line is read from the outer or percussion edge of the palm running horizontally across the palm toward the index finger.

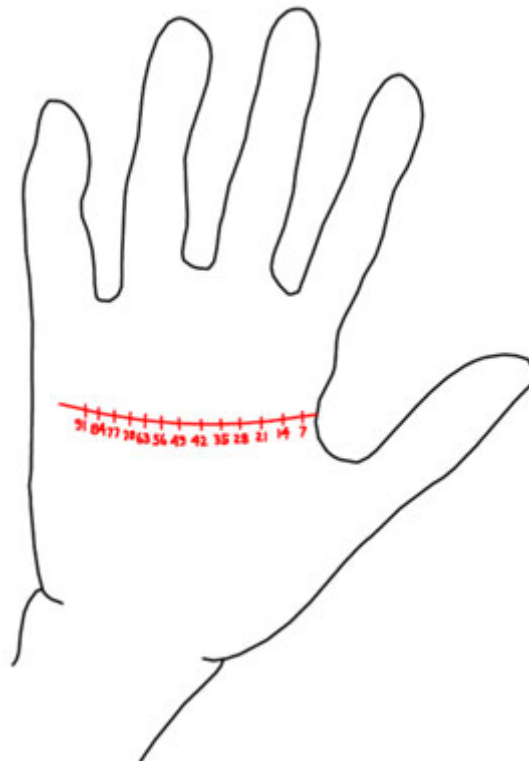
The Head Line will most often start at the beginning of the Life Line and run horizontally across the palm toward the outer edge of the palm or percussion edge.



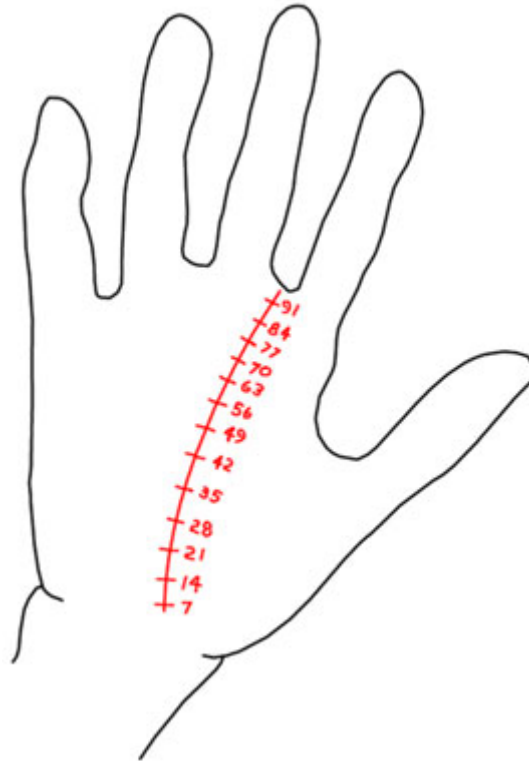
**Judging Time on the Life Line**



**Judging Time on the Heart Line**



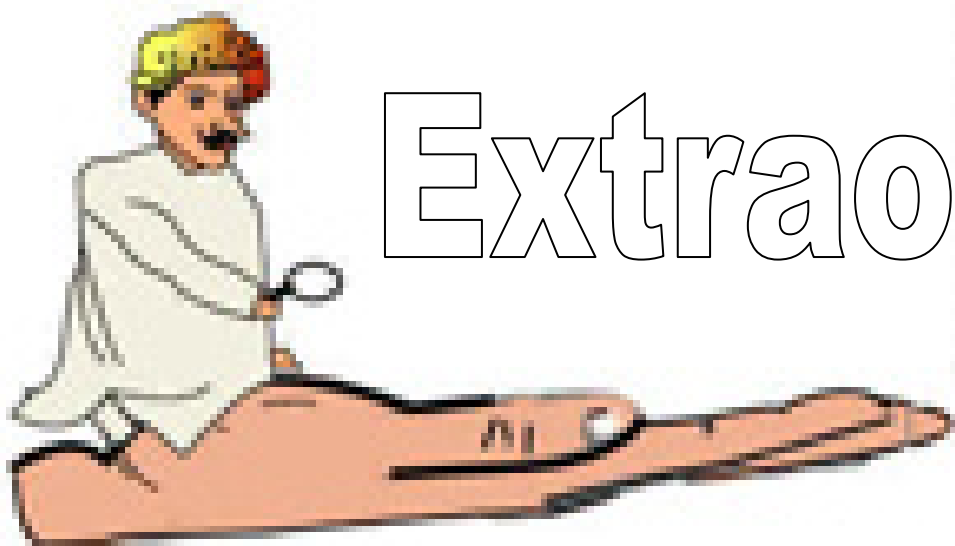
**Judging Time on the Head Line**



**Judging Time on the Fate Line**

# chapter >

# Extraordinary



Generally, when the Head Line is joined to the Life Line ,it is a sign that the person is quite willing to follow rules and regulations and also to have continuity in a family business.

In this case, the Head Line is short, and ends between the boundaries below the middle finger (Saturn finger), and this means that the person uses logic, facts and a scientific approach towards his pursuit of success.

Usually, a short Head Line is straight, and this emphasizes a lack of imagination or the use of it and inclines the person towards being very calculative and material in his desire for success.

But if the short Head Line is curved, then there will be some sort of love for what he does and not nearly the desire to fulfill a vocation or a job.

Since the short Head Line ends under the middle finger, it shows that the plans made are not of a very long-term. If the Life Line (in green) is weak with breaks and islands, or is short, then, there is a danger that this person may suffer a short life.

### **Two Head Lines**

When a short Head Line is joined to a Life Line as shown in the yellow circle, and if there is a second Head Line joined to the Life Line , lower down, then it shows a person who can fulfill two occupations or manage two businesses, one which is tied to the family, and the other independent of the family.

The second Head Line will bring this person more independence in career or business.

Since the first Head Line has ended below the middle finger (Saturn Finger), it shows that either the job or the business, or the romance or marriage that this person is involved in, may be forced to undergo a traumatic change at the age of 35.

Then, since the second Head Line also begins around the age of 35, it shows that there is no lack of continuity in pursuing the second career or business.

People with two Head Lines that are both joined to the Life Line, show a high level of intelligence, and while looking for independence or wanting to project themselves in the businesses or careers of the future, yet they

are able to maintain remaining establishment or belonging to established communities.

It is often believed that people with two such Head Lines can be dual in nature and may be involved in a hobby that could well take over as a full time occupation as they get older.

### **Excessive Sloping Head Line Joined To The Life Line**

You can see a Sloping Line of Head. A Head Line represents not only brain power but how the brain power is used or applied in relationships, in the execution of work, and very often to the inner desires where thought is concerned.

The line in red is the Line of Head. As you can see, the curve of this line is quite dramatic, while its length is quite impressive. Sloping Head Lines are usually quite long.

A long Head Line denotes an adaptability to learn and use a variety of talents. Not necessary different types of occupation, but more a flexibility to further the thinking and usage of a particular occupation. Imagination is indicated.

The circle drawn in blue indicates that the mount of Mars is strongest in its influence within this circle. Therefore, when a Head Line enters this area it takes on the Moon influence prominently.

Sensitivity of nature becomes very noticeable. Moodiness is often uncontrollable, in the sense that the company of people you may be in will dictate your moods. Very often, I advise people who have such a Head Line not to watch too many sad, emotional or horror movies.

When the Head Line is tied to the Life Line in the beginning as shown in the brown circle, then the Sloping Head Line can make one too dependent on a routine, habit or someone. This person will lack some determination and may need to become more independent.

If you have an interest in the Occult or Mysticism, then you need to control the urge to get submerged in beliefs that sound out of this world. You may be drawn into the practice of the Occult. The Full Moon or the New Moon periods will enhance these desires. Your belief in Fate and Destiny will produce some intuition, but it may also pre-occupy you.



A tendency to become unconventional in the sexual arena is often seen, but since the Head Line and Life Line is joined in the beginning, this person is willing to remain the passive partner.

Sexual imagination can run riot, and if influenced, this person can easily and willingly move into bi-sexual areas.

### **Excessive Sloping Head Line Separated From The Life Line**

You can see a Sloping Line of Head drawn in red. The difference in this Line of Head is that the Line of Head is separated from the Life Line as shown in the brown circle.

The owner of such a Head Line is seen as very independent in thought and the career or business field, but will still be dependent in emotional terms. A desire to conquer in love areas can bring forth a dominating personality.

A free spirit who needs freedom of action, and space to create and execute ideas emerges. Also, it makes a person prone to look for variety whether in job, relationships, sex or friendship. The imagination is heightened even further. It makes a person experiment with adult life from quite young.

Such a Sloping Head Line will make a person very adventurous, and willing to try anything once. Sometimes it represents a rebel without a cause, and can add arrogance to a personality.

This Head Line can impulsively lead a person into very unconventional sexual areas, and since the Head Line is separated from the Life Line as shown in the brown circle, this person will be the aggressive partner, showing tendency to be possessive but at the same time craving for variety. Areas of bi-sexuality can appeal to this person, or the love to experiment is heightened.

Leadership roles are often sought by the owner of such a Head Line, and the love for recognition, a quest for prominence and an indication to dominate is shown. It doesn't make the person unkind, but it can show up a lack of consideration.

A dose of impracticality always accompanies a Sloping Head Line but it also can introduce new techniques and give fascinating insights to change what is rigid into what can be exciting.

The company of people with Sloping Head Lines is never boring and can lead to frantic excitement or a boring, moody experience lacking energy.

A visit to the pub, or a candle-light dinner works wonders with these people, and a sexy movie starts their engines beautifully.

### **Normal Sloping Head Line Joined To the Life Line**

We see quite a common Sloping Head Line in red. Here, the tendency to imagination and creativity is seen, but with a practical side to it. Ideas will be within the acceptance of others.

The dotted line in blue shows the limit that the curve of the Head Line should enter. Here, we see a possibility of good interaction with people as a good temperament is shown.

A normal Sloping Line may sometimes feel short of brilliance but at least, it creates a stable platform. Many scientists have such a sloping line, allowing them to be creative, flexible in a rigid environment. Many lawyers have such lines too, and this helps them to interpret the law in creative ways.

### **Sloping Head Line Joined To the Life Line, Under Mercury Influence**

We see the Head Line in red, move lower than the normal limit and also extend to the area beneath the little finger, the little finger is known as the Mercury finger in palmistry, and the influence from Mercury usually has to do with communication, travel, insurance, banking, the stock market etc. but it also reveals a character who is hasty, impatient and easily stressed, probably because of a willingness to take on many tasks at the same time.

It definitely shows brain power and a quick understanding of anything new. It makes one a quick learner.

When the Head Line and the Life Line are joined as shown in the red circle, then the person can be a team player, and can adapt and accept rules and regulations.

### **Sloping Head Line Separated From the Life Line under Mercury Influence**

We see a Sloping Head Line in red that extends lower than the normal limit and also extends to the area beneath the Mercury finger (little finger.)

We see the Head Line and the Life Line separated at the beginning as shown in the red circle. The independence and individuality of the person will be exaggerated, while the gift of communication, whether written or spoken is enhanced; and marketing and salesmanship qualities become quite remarkable.

An experimental nature evolves around everything they do, whether outdoors or in-doors. A tendency to change rules and regulations that others have been following for a long time can make waves.

A love for change can give the impression of being a non-conformist, but the creating of new techniques and ideas whether at the work-table, playing field or in the bed-room can produce more than a breath of fresh air.

A restless nature often extends into so called forbidden sexual areas, and this formation of lives combine extreme imagination with the daring to actually carry out what others may only secretly think of

#### **Low Set Head Line Joined To The Life Line Under Mercury Influence.**

In Figure 6 we see a Head Line, in red, very low set. It starts in the blue circle, almost at the dotted line which marks the limit of where a normal Head Line should end.

This shows opportunities either coming very late, or the ability to use any opportunities until a later age is reached. Almost always the Head Line, in this case, ends below the dotted line, showing that a extreme nature emerges.

It does not mean less intelligence. It can mean that the chances of experiencing educators came late. It can mean being deprived of opportunity until in the mid-twenties or even later. Women trapped in an early marriage that derived them of career or business opportunities often have this low-set Head Line.

If the low-set Head Line enters into the yellow circle area, then it is a good sign, as the length of the Head Line would be elongated and new skills can be picked up quickly.

### **Sloping Head Line Giving Intuition**

Intuition is not something one uses to predict or forecast, but it is also a gift to foresee trends in business or politics.

Very often, the gift of intuition is confused with a religious tendency or mysticism. Intuition can be a very practical tool to be used in everyday living.

The old of palmistry often show this Line of Intuition to mean the ability of seeing into the Future. It is often believed that Astrologers, Palmists and those into indulge in the occult would have the formation of these lines.

In reality it is the line of Intelligence that allows the hand to be one step ahead of the competition. It is also the line of Creativity that allows the hand to introduce innovative ideas into the most staid profession.

It is also the line of Revolutionary thinking and rebellious thoughts, giving the hand the ability to be free thinking.

A person who has a Line of Intuition need not be arty, but they would understand trends of fashion well, or be able to judge the moods of the masses, and would surely absorb or feel the happiness or suffering of another.

One characteristic of an Intuitive Palm is that there will be plenty of fine lines on it. An intuitive person is always active, always doing things, always analyzing. He or she will have no basic routine but will inflame into action, living at a rate of intensity which the practical person may find impossible to bear.

The Line of Intuition also bears out the intensity in sexual areas, and a strong need for variety. This often results in a changeable personality.

The Line of Intuition is called by many names. It is often referred to as the Line of Moon, the Neptune Line, and sometimes confused as Lines of Mercury.

### **Sloping Head Line Showing Suicide Tendencies**

A Palm Print Of A Suicide Victim

Here you are looking at a palm print of a person driven to suicide. Notice the Head Line in red drooping dramatically. Also notice the Life Line in Blue stopping short as shown in the blue circle.

I have circled in yellow many emotional lines, showing a nature that moved on to many relationships. Note that these emotional lines are drooping downwards. This shows one unsatisfactory relationship after another.

Double Head Line, One Joined To the Life Line, the Other Remaining Separated From The Life Line

In Figure 7, we see two Head Lines, one in red and the other in yellow. Very often it is thought of as one Head Line broken in two. But this may not be true.

The first Head Line in red begins tied to the Life Line as shown in the blue circle. The second Head Line in yellow begins free of the Life Line as shown in the brown circle.

This shows that the first Head Line in red was willing to conform to establishment, while the second Head Line in yellow wishes to break free from tradition and venture into more creative fields, and definitely look for more freedom of action, and also financial freedom.

We must note that the second Head Line in yellow has traveled lower than the limit line and also extended into the area under the Mercury finger (little finger). This shows a gaining of confidence and creativity, and communicating skills being attained.

The second Head Line in yellow starts around the age of 35, so a mid-life crisis may have forced a move towards becoming more independent.

Interestingly enough, I have seen a second strong emotional relationship begin for the person with a second Head Line.

### **Drooping Head Line with A Weak Life Line**

We see an extremely drooping Life Line, in red that is also very close to the Head Line, this shows a weak will.

The Life Line as shown in the blue circle is frayed, showing weak physical and mental energy. There are signs of suicide being contemplated in these lines. The imagination of unreal events or the making of pictorial situations can go out of hand.

The weak will or energy as shown in the blue circle can lead to the dependence of alcohol or drugs. An extreme emotional trauma e.g. a broken love affair, or the breakdown of a marriage, or extreme insecurity of any kind can set off a chain reaction leading to severe mental instability.

### **Sloping Head Line Ending In Forks**

In Figure 9, you will see two types of Head Lines ending in forks.

The red Head Line is only slightly drooping and has remained just above the area of extremity. It ends in a fork. This fork is usually seen on the hands of writers, speakers or those who use the means of communication, whether in the field of Marketing or in Politics.

The Yellow Head Line is dramatically drooping and also ends in a fork, but this Head Line has ventured deep into Moon influences. Emotional communication bordering on extreme lines of thought will result. Science fiction writers, poets, writers of romantic novels would have such a Head Line.

A fork formation on a Head Line adds communicative power to think. It also allows one to have the gift of bringing to reality a creative thought.

Many in the fields of Advertising, Public Relations, Television, Radio and Journalism have these forks. The fork allows imagination to be used in media.

# CHARACTERISTICS OF THE MOST POPULAR TOPICS

## **MYSTICISM**

Line of Intuition, Solomon's Ring, high Moon, sloping Head Line, pointed fingers, (mystic) crosses in the quadrangle.

## **LOVE**

Long Heart Line, unbroken Heart Line, high Venus, double Heart Line, long Marriage Line, lines from Venus cross palm.

## **SUCCESSFUL CAREER**

Long Fate Line, large Jupiter, Spatulate fingers, straight Head Line, star on Jupiter, Fate line ends in Jupiter.

## **GOOD HEALTH**

Firm palm, clear, strong nails, moderate Saturn, clear Health line, lines lack dots, Head line does not touch wrist.

## **WEALTH**

Large grand trine, long Jupiter finger, triangle on Mercury, strong, long thumb, double Health line, star on tip of Jupiter finger.

## **HAPPINESS**

Flexible hands, rosy-pink nails, three Bracelets, star on Apollo, deep Life Line, long lines ascending from Life Line.

# Chapter 8

# Hand Analysis





# Introduction to Hand Analysis

## Hand General information

Ever since humans have been walking upright, the hands have had no other purpose than to feel and manipulate the immediate surroundings. Once freed from use in four footed walking, the hands soon started fashioning tools. The tools then increase the hands' effectiveness even more. This trend has evolved to the point now where a simple push of

a button can operate a huge machine doing the work of many hands.

## Difference Between Male and Female Hands

Over the eons some differences have evolved between the hands of both

sexes. Man, the hunter, has developed a stronger grip and larger grasping area than the female. Typically a man can grip approximately 90

pounds, and possibly increasing up to 120 pounds with special training. The



female's grip is approximately half as strong but is more precise in movement. The male's strong grip evolved in primeval times as the men made tools (and weapons) and used them to hammer, twist, tear, cling, and carry. The male's power grip is achieved by opposing the whole thumb against all the fingers at once. The female developed a more delicate and precise touch and control for gathering foods and tending the children. This led to thinner and more flexible fingers, and use of the

digit tips rather than the whole finger surface. Since the Stone Age these differences have been a major factor in determining the physical division of labor between the sexes for best survival.

## Hand Construction

The hand's construction is both complex and marvelous. There are 14 digital bones, 5 bones in the palm, and 8 in the wrist. These 54 bones are controlled not only by the muscles in the hand, but also by the muscles in the forearm. This arrangement provides for a wide range of movement, strength, and precision. The human has the only hand that can touch the tip of the thumb to each of the fingertips. No animal can do this. This simple achievement is the main reason humans have evolved beyond the animals in controlling their way of life using tools and materials.

## Hand Physiology

The hand palms (and feet soles) do not get sun tanned. Nor do the palms sweat when you get too hot. They only sweat when you are stressed. No matter what the temperature, if you are relaxed you will normally have dry palms. Get stressed out on the arctic tundra and you will have sweaty palms. This unusual pattern evolved for better survival in stressful situations when increased grasping action of weapons was needed. When the hand and fingers sweat, the little ridges swell and provide better gripping action. And speaking of the arctic, one may think that the humans living in extreme cold would have frozen hands often. This may seem probable since the hands are so far from the warm blood source and they are so actively involved with the cold environment. Don't worry. During the Ice Ages, most likely, an ingenious emergency plan was developed for survival. In extreme cold, the hands first reduce the blood flow to the surface in order to minimize loss of total body heat. This lasts for approximately 5 minutes, and during this time the hands turn blue. Next the blood flow is greatly increased to the hand surfaces for another 5 minutes, and they turn red. This blue and red cycle is repeated over and over. This minimizes chances of the hands freezing completely and also conserves body heat.

## Hands are Valuable External Sensors

The hands are the most active part of our extremities. They are always busy sensing our world around us. The fingertips are extremely accurate in determining pain, pressure, temperature, and texture due to the thousands of nerve endings per square inch. When the hands are not gathering data, they are most often manipulating things to improve the quality of our lives. They are indeed marvelous servants! In spite of their nearly constant activity and service to the whole body, our hands seldom feel tired or “complain”, as other parts of our body often do.

## How Hand Analysis Works

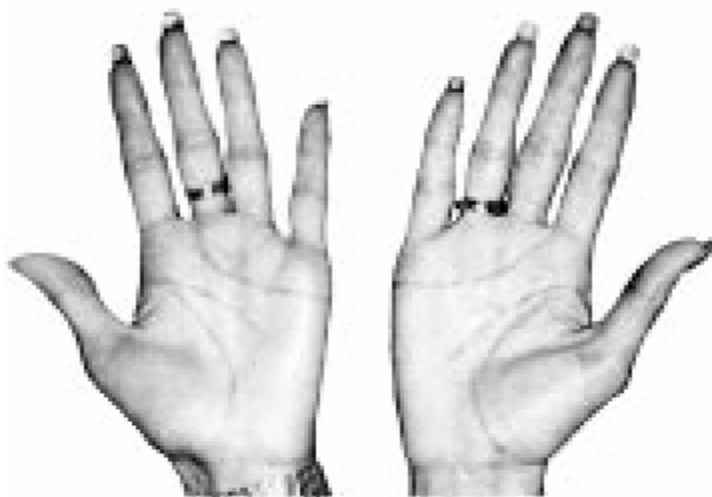
Our body shape and movement are affected greatly by our emotional energy. A person with depression has a body that looks depressed. She or he stands and moves in a way that we have learned to recognize as depressed. Conversely, we can easily recognize a person who feels happy. We hold and move our body to signal others how we feel. This ability to consciously or subconsciously send and read body language is a universal trait developed by humans and many animals.

Body signals are displayed in ever changing patterns as our energy changes. Whether we want to or not, every second our body is signaling to the world our needs, wants, fears, pleasures, and unconscious feelings. These different energy patterns are most easily recognizable in the face and hands.

Our bodies even grow differently under the influence of long term emotional energies. A long standing negative emotional energy state causes the body to grow out of balance. This even can result in medical problems and an early death. Conversely, positive long term energies produce positive physical growth and a more healthy body.

The patterns in the hands are valuable indicators for determining how life is being experienced. In Hand Analysis we use these indicators to better understand ourselves and others. Hand Analysts analyze the lines, color, and shape to determine significant changes occurring in a person's emotional state and personal growth.

For example, when the majority of lines disappear



or became weak over time, this indicates that the person is suppressing feelings and emotions. The body is symbolically hiding the emotions within its skin surface boundaries. Additionally, the color of the hands may be reddish, indicating suppressed energy such as frustration and/or anger. Or the hands may be blue, indicating sorrow. Also one or more fingers may be slightly bent, leaning, or weak. These each indicate certain types of stress in life. Such indicators in the hands are evidence of how life is being experienced at the subconscious level. No amount of acting or denial can hide or change the indicators in the hands. Also revealed in the hands are a person's natural strengths and gifts for dealing with life stresses. Hand Analysis is a valuable tool for identifying if stresses in life are affecting a person. Fortunately, Hand Analysis also can identify the positive resources available within the person to cope best with these stresses. This makes Hand Analysis a very powerful tool for self-understanding and personal growth.

## Why Hand Analysis Works

Hand Analysis is based on the concept that the universe and everything in it are made up of energy. Energy is increasingly consolidated from the subatomic level up to form "solid" material. Everything we see around us, as well as our body chemicals, bones, and tissues, is made up of energy fields. There are also forms of energy that do not consolidate into solid material but are nevertheless part of our body. These are not as easily observed and are therefore ignored by many. For example, Western medicine largely ignores the subtle energies in the body. However, Oriental medicine takes advantage of them with such practices as Acupuncture. Both the "solid" and the subtle energies are interconnected and interacting in the body, and even extend out into the environment around the body. We are a dynamic complex energy field constantly interacting with and responding to our environment.

The physical interface between the body and surrounding environment is primarily the skin. The skin is the largest organ of the body and serves many functions. It is the sensor of our immediate environment and has millions of nerve endings to do the job. Skin is a barrier against foreign toxic and infectious invaders. Also the skin is the body's largest eliminative organ. It works with the colon, kidneys, and lungs to cleanse our body of waste products and toxic substances. The skin is very much alive and constantly working in many ways to protect the body from the immediate environment.

To do its job, the skin is always alert to its surroundings. The skin can change its chemistry, color, texture, and structure very rapidly in response to our

surroundings. Although many of these skin changes are subtle and temporary, some changes are very evident and long lasting. Many of the changes occur localized in areas such as the face, chest, back, feet, and hands.

Because the face and hands are so rich in nerve endings, these two areas reflect many of the changes most noticeably. The hands' skin and muscle changes are used in Hand Analysis as indicators to determine how a person is responding to life's joys, sorrows, and threats.

It is important to note that the life threats may be either real, imagined, or unconscious. In

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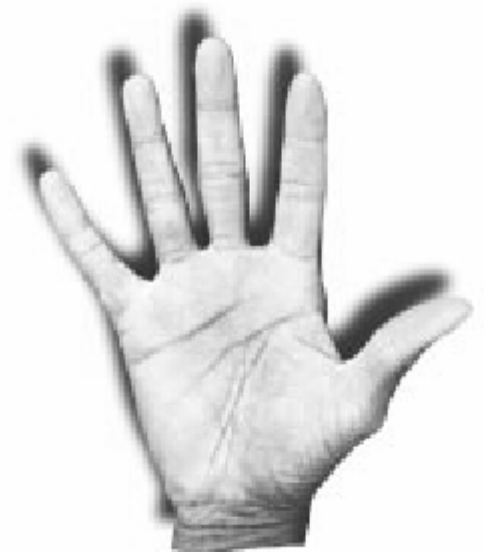
any case, the skin and body respond equally. This is important for a Hand Analyst to remember. In some cases there may be indicators in the hands that do not seem to match the client's description of how life is experienced. For example, life may be described as carefree and joyous but the skin on exposed areas of the body may be extra thick, coarse, and hard. This is the body's way of protecting against a physical endangerment. Yet, there may be no awareness of real threats of bodily harm to the person in daily life. However, in this case the body certainly *perceives* a threat and is preparing a protective layer on the skin.

The threat is most likely at the emotional or subconscious level. For example, it could be a fear of getting fired from the job. In this case the skin may be trying to provide a more protective barrier between the body and the threatening environment with "thicker skin". Although this threat may be only imagined, the body reacts as if it were an ongoing real threat of physical bodily harm.

Our unconscious body responses are something left over from our evolutionary development over the eons. Unfortunately, we are still using those same body responses that were developed for bodies living 30,000 years ago. At that time the threats were mostly about survival or death. Our bodies still react to real and perceived threats as if they are a matter of life and death.

The threats today are much more complex and nebulous. They deal with such things as being fired from a job, being shamed, or being abandoned by a lover. These threats may not be real but only imagined. However, the unconscious mind does not know the difference between real or imagined

and therefore treats everything as if it were real, here, and now. Because the body does not know how to respond appropriately to these modern day types of perceived threats, it responds with what worked 30,000 years ago. That ancient response is to prepare the body for flight or fight.



## Energy Distribution in the Body



All of the energy consolidated in the body is different at each point in

the body. On the most exposed areas of the body there are the

energies appropriate for safety and protection from outside influences.

These are barriers (skin, callous, hair), sensory detectors (nerve

endings), and antibacterial and cleansing chemical sources (glands).

In the more protected areas of the body the more

subtle energies are

at work. All of the bodies physical, chemical, and electrical systems are driven by some form of energy.

These energies all work in different ways and often are very evident.

For example, consider the case when a person experiences anger or rage. The most evident skin surfaces of the face and hands develop a red skin color, higher than normal skin temperature, and tightened muscles. At deeper layers within the body other changes take place, also. Blood flow is increased to major muscles and hormones are released. At the even more subtle levels, the body chemistry changes as the housekeeping chores such as digestion, elimination, and routine rebuilding are shut down so that she or he can fight or flee to survive.

As we grow up we naturally, and unconsciously, learn to see the effects of these energies at work in another person's body. We learn this so that we can make accurate interpretations about another person's physical and emotional state. This ability to see another person's energies at work is probably an evolutionary development so that we might deal with others more effectively and safely. A Hand Analyst learns to see and interpret many of the effects of the body's energies which are evident in the hands.

## Energy Distribution in the Hands

The energy in the hands and fingers also is distributed unequally. For example, the thumb side of the hand is most adapted to doing things in the physical world like grabbing, holding, pushing, etc. The thumb has very outgoing active energies. It wants to shape and control physical things. Compared to the rest of the hand, the thumb has the most active energy and the strongest energies for getting things done. In Hand Analysis we use the thumb as an excellent indicator of how ready a person is to make things happen and get the job done. This concept is so important that we will devote a whole chapter to the thumb, as well as each finger.

On the opposite side of the hand we find much more subtle energies. The little finger is much more passive than the thumb and is more suited for delicate tasks. The little finger energies are the most inner directed of the energies in the hand. In Hand Analysis we use the little finger, named Mercury, as an indicator for such

subtle energies as truth, intimacy and communications. In a later chapter we will study Mercury's energies in greater detail. For now, just recognize how different the energies are between the thumb and the Mercury finger.

For another example of how energy is distributed in the hands, consider when there is anger or rage. The muscles that primarily control thumb grasping movements will have more tension and be more red. The hands will be more inclined to be in a position of striking and smashing with the strongest parts. If the anger and rage persist for very long periods, the changed pattern of blood flow and muscle tension will cause the hands to change shape, color, and tension permanently. The prolonged and extreme change in energy in the hand can even cause physical problems and/or diseases. The medical

world recognizes that many hand line patterns, hand shapes and colors relate to various medical problems. In medicine this field of study is called dermatoglyphics, meaning "skin carvings".

The energy associated with the fingertips is very different than the energy at the lower base of the palm, near the wrist. The fingertip energy relates to sensing the environment through pressure, texture, and temperature. The millions of nerve endings in the fingertips send their signals to the brain where

***In Hand Analysis we use the thumb as an excellent indicator of how ready a person is to make things happen and get the job done.***



the brain tries to figure out what is going on outside of the body boundaries. The fingertips try to make sense of the physical world by touching things.

Therefore the fingertip energies are the most abstractly directed energies in all of the hand.

In

Hand Analysis we use the fingertips to give clues to

how a person deals with her or his abstract, theoretical, conceptual, and spiritual world.

At the base of the hand, nearest the wrist, the energies are the most personally physical of all the

hand's energies. Compared to the opposite end of the

hands at the fingertips, there are very few nerve

endings. This area relates to our most basic instinctual needs and behaviors for survival. In

Hand

Analysis we use the lower area of the palm for indicators about the most physical and instinctual energies.

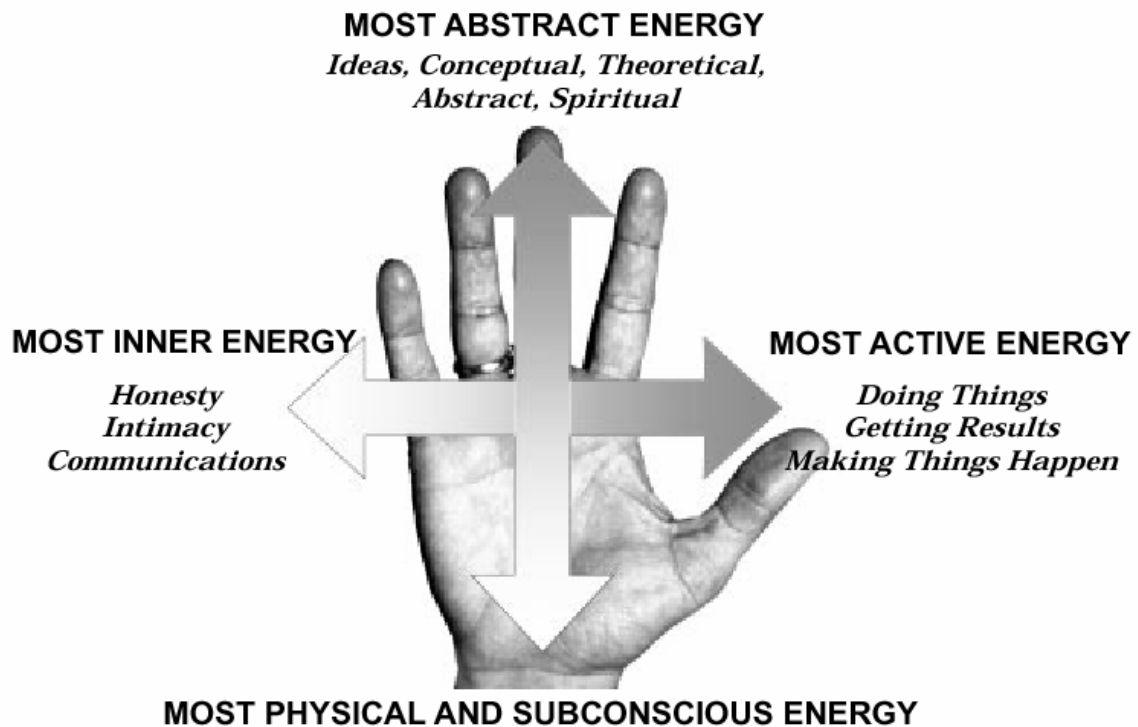
The areas in between the four edges of the hands also hold energies.

Each area in the hand is filled with its own unique energy. We will study the different areas where energy is concentrated in mounds in later chapters. For now, it is important to understand that a specific type of energy is associated with each area of the hands and fingers.



## Why We Use Energy Words

The energy words used for specific areas of the hands are descriptive of the type of energy at that location in the hand. The words are not to be taken literally. The words associated with any one location may not always seem related to each other if read literally. Each word is the best way we have of describing the “flavor” of the energy at that location in the hand. For example, the subtle energies associated with the little finger are described by the words “truth”, “communication” and “intimacy”. Individually these words have a large number of definition possibilities. However, the three words help considerably to narrow down the type energy there . You may even have additional words that help describe the energy associated with a particular location.



## What a Hand Analyst Looks For

One of the first things a Hand Analyst does is observe the overall way the hands are held and used. Are the hands held open and ready for reaching out, touching others, learning and giving? Or are the hands more closed, protected, and holding back? Are the fingers eagerly reaching out to receive and give information, or are they hesitant? There are countless ways a person can perceive her or his world. The way the hands move and are held give continuous clues to how the person feels moment by moment. In the following chapters you will learn specifically what to look for in order to do a good Hand Analysis.

Also the Hand Analyst studies the different areas of the hands for colors, shapes, strengths, and textures. Are the hands pale or a healthy color? Which shape do the hands have compared to the several classic types? Are the hands limp? Flexible? Stiff? Is the skin thin and delicate, or tough and thick? Each of these different indicators will provide more clues to how the person perceives her or his everyday world.

The physical indicators in the hands may be positive or negative. The Hand Analyst's goal is to

objectively take inventory of the individuals strong

and weak traits, without judgements. The client should be shown where the indications are located and what type of energy is related to those

indicators. When appropriate, the Hand Analyst may need to help the client objectively identify what is happening in the client's life to produce any negative indicators. Once the source of the negative indicator is identified, the client may see other more positive options in life. Self-understanding is the first and most important step to true success and personal growth. Therefore, a good Hand Analyst can be a valuable source of information and help for personal growth.

Also a Hand Analyst can point out positive indicators on the hands. The Hand Analyst can encourage and support the use of strengths and gifts to overcome many negative patterns in life. For example, if a person is unusually sensitive and has a fear of criticism, this can suppress creativity and possible successes. Also there may be several indicators in the hands which indicate shutting down and "playing it safe". All of these negative indicators are reflective of a state of

***Self-understanding is the first and most important step to true success and personal growth.***

mind in the client, at least at this time. This is not carved in stone as her or his destiny. It is here that the Hand Analyst can be of great service by searching for positive indicators of strengths and gifts. The Hand Analyst can point out these positive indicators and explain how they can overcome the limiting patterns in life. Perhaps there is exceptional creativity indicated in the hands. Perhaps this knowledge might motivate the client to bring about needed confidence, behavior changes, and more successes. Often all that is needed for a rewarding breakthrough in life is an understanding that there are other options, and that the resources are within oneself to pursue those options. A good Hand Analysis can be priceless for helping make this happen.

***Often all that is needed for a rewarding breakthrough in life is an understanding that there are other options, and the resources are within yourself to pursue those options.***

## How You Can Be a Professional Hand Analyst

The information in this book may seem a little overwhelming for most people to remember on the first, second, or even the fifth time through it. Therefore it is not expected that anyone remember it all. This book is a “guidebook”. It is intended that you review it often, make notes in it, color the drawings, and use it as a reference as you practice doing Hand Analysis. The more complete and accurate the analysis, the more rewarding it will be to both you and the client. You will find that over time, with practice, you will be amazed at your accuracy and valuable insights for helping yourself and others. Your Hand Analysis may give a person (or yourself) the missing key to making major positive changes in life.

Hand Analysis is a powerful process because it *opens communication* between two people. When you do Hand Analysis, you can help people appreciate their uniqueness, true worth, and sense of purpose as you identify their different qualities. This lets them know how special they are, and encourages fuller use of their natural strengths and gifts.

When you find indications in hands of stress or blockages to greater success, point these out as

challenges. *Avoid making people wrong.*

Give

them acceptance and validation for where they

are now on their path, and provide support for

future growth.

Hand Analysis opens doors to understanding self and others. When the doors are open, there are no limits to finding the natural goodness and greatness in each of us. The art of really understanding another person is one of the strongest antidotes for prejudice. Every Hand Analysis contributes to creating a better world.

Hand Analysis is only a tool. But like any tool, with study, practice, skill, and loving care, it can produce marvelous results. As you develop your own style of Hand Analysis you will find that you can make a significantly positive difference in the lives of others — as well as your own.

***When the doors are open,  
there are no limits to  
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each of us.***



## About The Author:

The Author of this book, Mr. Sanjay Bansaali, was born in 1982 in the historical city of Delhi. His father was a Jotish (the Hindi word meaning palmist). From his early days he was interested in palmistry. He used to study palmistry. Until he became a successful palmist in the age of 20. Mr. Sanjay Bansaali started the task of writing this book during the age of 20. He tried his best to extract the basic and further study of palmistry into the most comprehensive way. After a struggle of two years he was successful in writing a book which was a complete guide to palmistry. He named the Book PALMISTRY (A COMPLETE PERSONALITY GUIDE). This book is the extraction of knowledge of Mr. Sanjay's 20 years observations and studies. The Author hopes that the readers will find this book easy and helpful.



